

- 1. Utensils:** TY RoOR bong, Herbalaire vaporizer 2L, Headquarter papers hemp
- 2. Taste descriptors:** Use numbers 1-9 that apply to the taste where 1 indicates a subtle presence and 9 indicates a very pronounced presence  
 Berry 2, Floral 3, Fruit 8, Hash 5, Skunk 6, Spice 3
- 3. Taste:** 10 Impression of the taste from 1-10 unpleasant-delicious.
- 4. State of dryness:** 4 1-10 wet-dry where 5 is ideal.
- 5. Smoke ability:** 10 smoke ability of the sample from 1-10 harsh-smooth.
- 6. Smoke expansion:** 1 smoke expansion in the lungs from 1-10 stable-explodes.

**Smoke Test Comments:** - This is some of the tastiest smoke`s we have had the pleasure to try. We mainly smoked it through the herbalaire vaporizer which even on a low setting produced some very dense vapor with a very stable hit & a super fruity taste with the after taste of a fine cheese. The smoke is very uplifting if smoked in moderation if you smoke to much or vape on a higher setting the high is more body than head, we also liked it for moderate/severe pain relief, help with anxiety & muscle spasms.

**FOLLOW UP QUESTIONS**

- 1. Dosage:** - 2 vapor bags, 3 bowls or 1 fat joint to reach desired effects.
- 2. Effect onset:** 2 Rate of how quickly the effect hit from 1-10 immediate-major creeper.
- 3. Sativa influence:** 6 Sativa influence (best described as a clear and energetic mental effect) detected from 0-10 none-extreme.
- 4. Indica influence:** 4 indica influence (best described as a sedative, lethargic or numbing effect) detected from 0-10 none-extreme.
- 5. Potency:** 9 Rate the potency of the sample from 0-10 none-devastating.
- 6. Duration of effect:** 2+ hrs
- 7. Tolerance build up:** - Rate of how quickly tolerance builds from 0-10 none-rapid.
- 8. Usability:** - from 1-9, a one indicates the worst time of day to consume this strain and a nine represents the ideal time of day.  
 Morning/wake up 4 Day/work 4 Evening/relax 8 Night/sleep 7
- 9. Overall satisfaction:** 9 Rate your overall satisfaction from 1-10 poor-Holy Grail.
- 10. Ability and conditions:** 9 Rate your overall ability to judge from 1-10 low-high.
- 11. Do you personally consider this strain a keeper for long term use? Yes**
- 12. Effect:** What effect did the strain have write P if the you got a POSITIVE effect and N if you had a NEGATIVE effect

- |                                |                     |
|--------------------------------|---------------------|
| - Ability to rest or sit still | - Paranoia relief   |
| P Anxiety relief               | - Sex drive         |
| - Appetite                     | P Sleep             |
| - Audio perception             | - Speech process    |
| P Humor perception             | - Taste perception  |
| P Imagination/creativity       | - Thought process   |
| P Pain relief                  | - Visual perception |

**Extended Medical Survey:**

- |                                  |                                   |                                    |
|----------------------------------|-----------------------------------|------------------------------------|
| P ADD/ADHD                       | P Depression                      | - Muscular movement disorders      |
| - Allergic rhinitis              | - Diarrhea                        | - Nausea                           |
| - Amphetamine Dependence         | - Epilepsy                        | P Panic Attack                     |
| - Anorexia                       | - Glaucoma                        | - Peripheral nerve pain            |
| P Arthritis/Musculoskeletal pain | - Hepatitis                       | - Post traumatic Stress Disorder   |
| - Asthma/Cough                   | - High blood pressure/Racingpulse | - PreMenstrual Syndrome            |
| - Bipolar disorder               | P Insomnia                        | - Sedative/Opiate Dependence       |
| - Cancer/Chemotherapy            | - Itching                         | - Schizophrenia                    |
| P Chronic fatigue                | - Migraine/vascular headache      | P Spasticity in Multiple Sclerosis |
| - Crohn's/IBS                    | - Muscle Spasm                    |                                    |

**FINAL COMMENTS:** -Growing up in the UK cheese has been a strain that I smoke a lot, well variations on cheese as true exodus cheese was very hard to find ( being a clone only strain until now ), but the cheese#1 is the closest I have smoked that smelled, tasted & affected me like true exodus cheese that I originally smoked back in the early 90s when I first got introduced to medicinal values of cannabis. The smell is truly amazing with an overwhelming fruitiness & a great unique skunk overtone. This strain truly excelled when ran through the vaporizer bag system& we found it best when vaporized at a lower temperature than the norm (around 150o). This was a real pleasure for us & a great trip down memory lane. A huge thank you to swissmiss for growing such an outstanding strain, & Rockster of Kaliman seeds for creating this once mythical clone only strain now available to the medicinal community finally in seed form. A great all round strain now ready for a global invasion. Dedicated to my Grandad who sadly passed away 18/08/2011 ( Mark Ball ).