

- 1. Utensils:** TY Roor bong, Herbalaire vaporizer 2,1, Headquarter papers hemp
- 2. Taste descriptors:** Use numbers 1-9 that apply to the taste where 1 indicates a subtle presence and 9 indicates a very pronounced presence  
 Pepper 2, Blueberry 5, Fruit 4, Grapefruit 6, Pineapple 9, Skunk 7, Spice 4
- 3. Taste:** 9 Impression of the taste from 1-10 unpleasant-delicious.
- 4. State of dryness:** 5 1-10 wet-dry where 5 is ideal.
- 5. Smoke ability:** 10 smoke ability of the sample from 1-10 harsh-smooth.
- 6. Smoke expansion:** 1 smoke expansion in the lungs from 1-10 stable-explodes.

**Smoke Test Comments:** - When trying to get the best out of our medication we try it via different methods to find out which method suits us best and the Sweet deep Grapefruit performed best when smoked through a bong. The smoke is very thick but stable so it does not leave you coughing but with a rather unique pineapple taste which on the exhale turns into a lovely tasting sweet skunk with a blueberry aroma. A very unique tasting strain that leaves you feeling up and full of energy this is not the strongest strain we have tried but sometimes strength is not everything this is however one of the best tasting strains we have tried.

**FOLLOW UP QUESTIONS**

- 1. Dosage:** - 2-3 bowls, 2 vapor bags, 2 joints to reach desired effects.
- 2. Effect onset:** 8 Rate of how quickly the effect hit from 1-10 immediate-major creeper.
- 3. Sativa influence:** 4.5 Sativa influence (best described as a clear and energetic mental effect) detected from 0-10 none-extreme.
- 4. Indica influence:** 5.5 indica influence (best described as a sedative, lethargic or numbing effect) detected from 0-10 none-extreme.
- 5. Potency:** 8 Rate the potency of the sample from 0-10 none-devastating.
- 6. Duration of effect:** 1.5 - 2 hrs
- 7. Tolerance build up:** 5 Rate of how quickly tolerance builds from 0-10 none-rapid.
- 8. Usability:** - from 1-9, a one indicates the worst time of day to consume this strain and a nine represents the ideal time of day.  
 Morning/wake up 6 Day/work 9 Evening/relax 7 Night/sleep 5
- 9. Overall satisfaction:** 7 Rate your overall satisfaction from 1-10 poor-Holy Grail.
- 10. Ability and conditions:** 2 Rate your overall ability to judge from 1-10 low-high.
- 11. Do you personally consider this strain a keeper for long term use? Yes**
- 12. Effect:** What effect did the strain have write P if the you got a POSITIVE effect and N if you had a NEGATIVE effect

- |                                |                     |
|--------------------------------|---------------------|
| - Ability to rest or sit still | - Paranoia relief   |
| P Anxiety relief               | - Sex drive         |
| - Appetite                     | - Sleep             |
| P Audio perception             | - Speech process    |
| P Humor perception             | - Taste perception  |
| - Imagination/creativity       | - Thought process   |
| - Pain relief                  | P Visual perception |

**Extended Medical Survey:**

- |                                  |                                   |                                    |
|----------------------------------|-----------------------------------|------------------------------------|
| - ADD/ADHD                       | P Depression                      | - Muscular movement disorders      |
| - Allergic rhinitis              | - Diarrhea                        | - Nausea                           |
| - Amphetamine Dependence         | - Epilepsy                        | P Panic Attack                     |
| - Anorexia                       | - Glaucoma                        | - Peripheral nerve pain            |
| P Arthritis/Musculoskeletal pain | - Hepatitis                       | - Post traumatic Stress Disorder   |
| P Asthma/Cough                   | - High blood pressure/Racingpulse | - PreMenstrual Syndrome            |
| - Bipolar disorder               | - Insomnia                        | - Sedative/Opiate Dependence       |
| - Cancer/Chemotherapy            | - Itching                         | - Schizophrenia                    |
| - Chronic fatigue                | P Migraine/vascular headache      | - Spasticity in Multiple Sclerosis |
| P Crohn's/IBS                    | - Muscle Spasm                    |                                    |

**FINAL COMMENTS:** -We were quite impressed with this strain but felt that it was lacking something maybe this could be down to this not being the strongest strain out their but it still was a very good medicinal strain with some excellent medicinal properties. With this strain not being overly strong it did help with panic attacks, mild pain issues and migraines if caught in time, we also found this strain very helpful in the treatment of Crohns/IBS & mild depression. Quite a good little strain, one thing we did find unusual was that it tasted more like pineapple and not grapefruit but hey thats life.

