

**How Cannabis** Aight Keep Coronary Stents Open Longer!

Oregon's Shakedown vs. Maine's Focus on Compassionate Care

**Auto-Flowering** ants



Contest: Win a custom TY ROOR Vaporizer

Interviews, Strain Reports, Grow Tips, Events, and much more...



Kaliman Seeds & Cheese#1 Spontaneous Sexual Reversal







# Representing over 60 of the world's finest glass artists

Visit our NEW Retail Store and Show Room! 2979 Lakeshore Blvd , W. Etobicoke, Ontario





# STORE HOURS

Monday - Thursday 10am- 6pm

Friday 10am - 9pm

Saturday 12pm - 9pm Sunday 12 noon - 6pm

Tel: 647 349 8600

Fax: 647 349 9300



www.1ofakindglass.com







Shipping Included

**Order Online** 

(Indicate size: S, M, L, XL, XXL) Men's and Women's Sizes available.

www.MichelleRainey.com\*

M proceeds go to Legal Feer

Jef Tek P.O. Box: 321 Maple Ridge, B.C. V2X 7G2

# IT'S HERE! TYEXPO DVD SET!

A 6 DVD set containing over 7 hours of footage from the 2010 TYExpo
&
3 DVD set covering 6 hours of the 2011 TYExpo



# Featuring the following

- Lectures
- Musical Acts
- Exhibitor Interviews
- Comedy Night on 2010 DVD
- Awards Night:

Marijuana Music Awards + Medical Marijuana Cup

# \$34.95 each

or both for \$55

+ Shipping and Taxes

# Order yours today!

Distributed by

**KDK Distributors** 

403/285-1697



# Publisher/ Editor in Chief

Marco Renda weedmaster@treatingyourself.com

# Art/Layout Designer

ivan@treatingyourself.com

# Copy Editor

Daniel Lindley

# Sales Representative

Greg Kosakow

# Q&A Advisor

shantibaba shantibaba@treatingyourself.com

**Text & photography Contributors** Marco Renda, Ivan Art, Shantibaba, Mary Lou Smart, Georgia Peschel, Al Graham, Joshua Boulet, Patients Out of Time, Al Byrne, David B. Allen M.D., ROOR, Skunkmad, Miss Knapper, Rockster, Airedo, Thomas Tucker, Nathan, Lexx, Harry Resin, Mr. Tom, Davide Stallone, Jeremie Norrie, Gregorio "Goyo" Fernandez

## Cover shot:

Glass Art by Steve Gelb



# **Treating Yourself**

2985 Lakeshore Blvd. W Etobicoke, Ontario M8V 118 CANADA T: 647-346-2700 F: 647 349 9300

## Printed in USA

INTERNATIONAL NEWSSTAND DISTRIBUTION



323.344.1200







Available at all major book stores & news stands!

Treating Yourself magazine and treatingyourself.com were created to provide adults with information to assist them in their responsible use of medical cannabis.

# Subscribe online now: www.treatingyourself.com

# **Subscription Prices**

1 year subscription for North America \$45.00 USD/CAD 1 year subscription International \$75.00 USD

# Mail your subscriptions to:

Treate 10 Yourself

Treating Yourself 2985 Lakeshore Blvd. W Etobicoke, Ontario M8V 1J8 CANADA

# Contact us:

T: 647-346-2700 Mon - Fri 8an - 8pm (Eastern) F: 647 349 9300



# The battle goes on... fighting Errorism!

Here we are, recovering from the holiday season and getting ready for Spannabis in Barcelona Spain. This year will be extremely special as Treating Yourself, now published in Spanish, will be available to those in attendance. This year I will be accompanied by my assistant Mark. This will be Mark's first visit to an International event pertaining to cannabis. We will be present at the Spannabis show and then plan a fleeting visit to Amsterdam, where I plan to introduce him to a score of fascinating people.

With regard to local events, there is going to be a Toronto City council meeting centred on vapour lounges operating within the city. There are a total of seven vapour lounges in Toronto, one of which is owned and run by me and my business partner, Kelly. It was our local councillor Mark Grimes who put forth the review of such lounges, stating that our type of business bring drugs and "prostitution" to the neighbourhood. This is a ridiculous statement to make, especially when you can easily find crack addicts on the streets, who could do with support rather than being used as a tool for shutting down a vapour lounge. His statement is borderline unforgivable and spells ignorance, especially when dealing with medical marijuana users.

Prostitution and drugs have been a problem along the lakeshore for decades and it's of no fault or creation of Vape On The Lake. As a matter of fact, since we have opened up, our neighbour has stated that there is less of a problem with drugs or prostitution. He conveyed this information to the police, who have stopped in to ask about us. I believe that patients and social users should have a safe environment where they can partake without having to worry about being robbed. The atmosphere in the lounge is exceedingly non-threatening, highly sociable and relaxed - place that most people would love to hang out in.

The confusing part is that there are numerous strip bars, taverns and massage parlours open on the Lakeshore but vapour lounges are deemed unacceptable? It's a crying shame that one person's ignorance should cause so much trouble due to his position in the local council. When we get through this hearing, I hope that we make one more step towards educating both Councillor Grimes and those who are not in favour. Once again, it's time to advocate for the utilization of medical cannabis in a neighbourhood haunted by crack and the illegal sale of prescription drugs. That's the only crime being committed here – that there is clearly no support system in place.

I will keep everyone posted because if all goes well, we could become regulated and supported politically. It's a shame that Canada, viewed for its left wing ideologies, is now moving into darker times.

I will report back on Spannabis upon my return and hope that everyone stays healthy, happy and medicated. Until next time,

Take care and peace,





# Issue 33 - Advertisers Index

IFCover, 3 1of a Kind Glass

23 Atmosraw

37 Ad Astra Seeds

99 BC Bud Depot

103 CannaMaineia

37 Cannasseurs Inc.

67 Contest: Herbal Aire Give Away

120 Contest: TYROOR package

**30** Crosstown Traffic

113 Dolce Vita Magazine

42 Finest Medicinal Seeds

80 Glass Gripper VIP

**BCover** Green House Seeds

92 Greenlife Seeds

93 GrowHD.TV

29 Harborside

10, 46 IvanArt

33 Kannabia Seed co.

30 Karma Genetics

46 KDK Distributors

30 LA Container

21 MedcannAccess

37 Medical Cannabis Journal

**21 MMA** 

64-66 MM Seeds Wholesaler

4 Michelle Rainey

73 Mr.Nice Seedbank

40 Nirvana

**IRCover** Paradise Seeds

30 Planetary Pride

121 RooR

87 Serious Seeds

116 TGA Genetics Seeds

115 THC Farmer

107 THSeeds

43 Trimpro

105 TYExpo2012

104 TYEXPO VIP Registration Form

5 TYMM&HExpo DVD

6 TY Subscribe

122 Vape on the Lake

17 Vaporizers.ca

27 Vapor Room

119 WeedWorld

115 West Coast Masters

53 Zenit & Badabing

# Cartoons/ Illustrations

Ivan Art

Georgiatoons 41, 47, 102, 109

Joshua Boulet

# **CONTESTS**



# Submission info

## Ads

Note

JPG, TIFF or EPS in (CMYK) Resolution: 300dpi at 1/1 (actual print size) Format: Ad sizes:

• 1/4 page: 95mm x 132mm (wxh) / 3.74in x 5.2in

• 1/2 horizontal: 195mm x 132mm (wxh) / 7.7in x 5.2

• 1/2 vertical: 95mm x 267mm (wxh) / 3.74in x 10.5in

• Full page: 203 x 276 (wxh) + 3mm bleed on all edges. / 8in x 10.9in + 1/8in bleed

Text: submitted in a Word document with photo files attached separately as JPG's, captions to be written in place of name on the photo file

Photo format: JPG, 300dpi at actual print size. The more pixels the better!

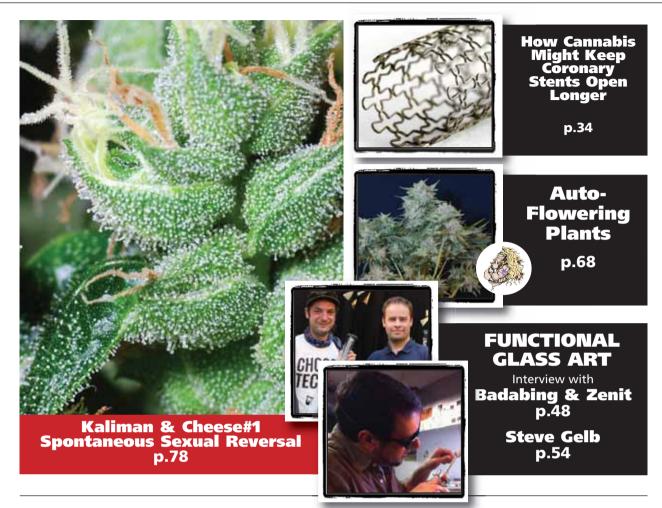
Please take photos of objects or buds with a nuetral background (preferably white). Advertising Policy Statement

Treating Yourself is not responsible for the actions, service or quality of the products and businesses advertised in our publication. We will not knowingly support unethical practices of any advertiser. If you choose to purchase a product from one of our advertisers, please let them know that you saw their ad in Treating Yourself Magazine

# **Disclaimer**

Treating Yourself wishes to remind readers to be aware that the sale, possession and transport of viable cannabis seeds is illegal in many countries, particularly in the USA. We do not wish to induce anyone to act in conflict with the law. We do not promote the germination and growth of these seeds where prohibited by law. Treating Yourself assumes no responsibility for any claims or representations contained in this publication or in any advertisement. All material is for entertainment and educational purposes only! Treating Yourself does not encourage the illegal use of any of the products or advertisements within. All opinions are those of the writer and do not necessarily reflect those of Treating Yourself. Nothing in this publication may be reproduced in any manner, either in whole or in part without the expressed written consent of the publisher. All rights reserved. All advertised products and offers void where prohibited. Occasionally we may use material we believe to be placed in the public domain. Sometimes it is not possible to identify or contact the copyright holder. If you claim ownership of something we have published we will be pleased to make a proper acknowledgement. All letters and pictures sent are assumed to be for publication unless stated otherwise. Treating Yourself can not be held responsible for unsolicited contributions. No portion of this publication can be reproduced for profit without the written consent of the publisher.

# Inside Issue 33 of TreatingYourself





- 7 Marco's Editorial
- **News**
- **12** Get in the Corner Dummy! Canna Dunce!...
- **14** Hard Times in Montana
- **18** Oregon's Shakedown vs. Maine's Focus on Compassionate Care
- **24** Tuscon in Spring...
- **28** Weed Wars

# **M** Hemp Chronicles

- 31 Why So Serious?
- Health
- **34** How Cannabis Might Keep Coronary Stents Open Longer
- **38** Healthy with Honey in Montana
- **Spotlight** TY Interviews:
- **44** Creator of the Omicron
- **48** Catching up with Badabing & Zenit
- **54** Steve Gelb

# Strain Reports

- 58 Columbian Gold, Diesel, Sweet Deep Grapefruit
- **R** Cultivation
- **74** Breeding Unveiled: a Look at Karma Genetics
- 78 Kaliman Seeds & Cheese#1, Spontaneous Sexual Reversal

Auto-Flowering Plants

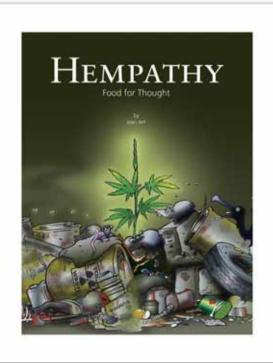
- Reviews
- **88** CVault
- 90 The Maui Wowie "Bootube"
- Retrospect

  94 Undercover Monks
- **100** Memories of Thailand
- **Events**
- **106** Keeping PACE Everywhere
- **110** Vape on the Lake Open House
- **114** MedCannAccess Christmas Party
- 117 TY Educating at the National Women's Show





# Coming Soon!



Ivan Art's new collection of 56 humorously illustrated pages full of eye-opening information and statistics will shed a different light on how we perceive the demonized "M"plant...Marijuuuaaaannna in our society.

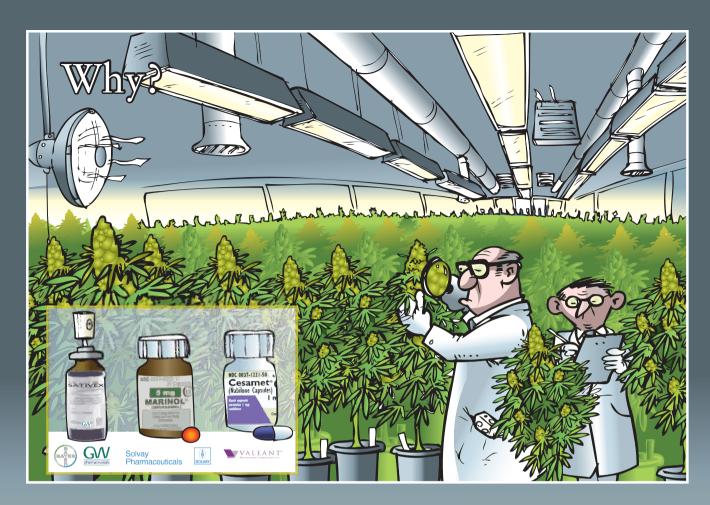
Hempathy, Food for Thought is an attempt to show at a glance the illogical distinction between what is socially and legally accepted —Why?— and what is forbidden —Why Not?

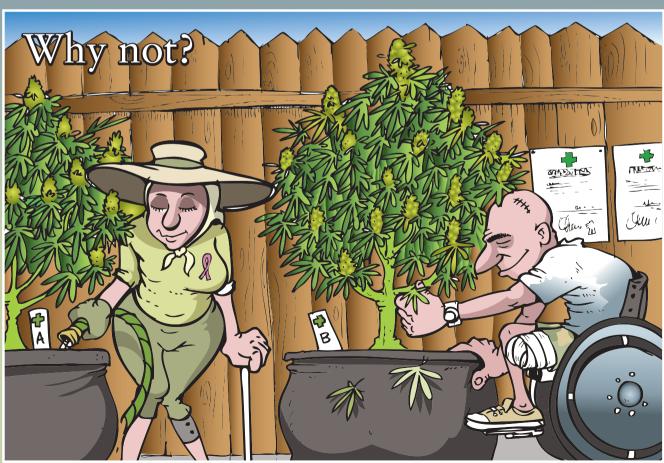
Scientists and doctors are making wonderful discoveries about how cannabis exerts its beneficial effects. We need to publicize their findings in an unbiased way to the widest possible audience. We need to stop the obstruction of research and the criminalization of a useful plant.

Like cannabis, this information is meant to be shared.

Stay tuned for more info on how to get your copy!

ivan@ivanart.net





IVANART.NET



**Get in the Corner Dummy!** 

**Canna-Dunce!** 

Suppressing Scientific Study of Cannabis is an admission of Ulterior Motives.

By David B. Allen M.D. Cardiothoracic and Vascular Surgeon, Member ICRS. And Prisoner of the Drug War Cali215doc@gmail.com

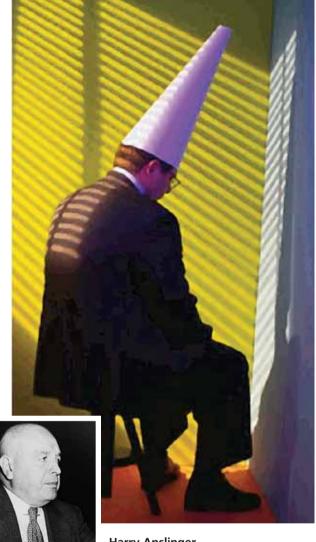
here has been a virtual ban on scientific research on marijuana since the La Guardia Committee report came out in 1944. New York Mayor Fiorello La Guardia, commissioned a scientific study of the effects of Marijuana during 1939-1944. In this study Mayor La Guardia tricked Harry Anslinger the head of the FBN (Federal Bureau of Narcotics) into supplying Marijuana for his team of scientist and physicians to study. During this 5 year study the researchers disproved many of the government's accusations against

Marijuana. The results of this study were condemned by Harry Anslinger as unscientific, but he knew that he could never again let scientist study marijuana. This was the beginning of prohibition on the truth.

The exact same thing happened again in 1972 when President Richard Nixon commissioned the Shafer Report. This commission was personally handpicked conservatives by Nixon himself. This study again confirmed the relative safety of Marijuana and pointed out the harm to society by criminalizing citizens using this

virtually harmless medication. The Shafer commission recommended that simple possession be decriminalized. It also challenged the constitutionality of marijuana prohibition. Again the report was denounced by President Nixon who commissioned the study. It seems the government's position was already chiseled in stone and they didn't want scientific information to confuse the issue.

NIDA or the (National Institute of Drug Abuse) in conjunction with the DEA and FDA control all study on Marijuana because of it being a schedule 1 drug. They are not in the business of proving Marijuana has medical benefits and routinely deny applications of any studies



**Harry Anslinger** 

which would show medical benefit. Only studies trying to prove harm are

approved. Multiple millions of dollars have been spent trying to prove harmfulness of marijuana but to date, no government study has proven any significant problem. Currently, MAPS (Multidisciplinary Association for Psychedelic Studies) has filed a law suit against the government for the restriction of scientific research on Marijuana. Truly the prohibition of scientific study of marijuana is the biggest conspiracy story of the century.

ASA (Americans for Safe Access) has a nice overview of this subject entitled; "The Obstruction of Medical Cannabis Research in the U.S." which outlines the problems we currently face. (www.AmericansForSafeAccess.org)

What is the ulterior motive? Follow the money. What money is generated by marijuana being illegal? Who profits from over 850,000 people being arrested each year for cannabis crimes? Anyone who profits from keeping medication from reaching sick humans is a criminal. Romans 14-3 states "Let him that doesn't eat herbs not judge him that does."

The interesting part of this is that the U.S. government has a patent on Cannabinoids as antioxidants and neruoprotectants. (Patent 6630507 October 7, 2003) In this study and patent, it is proven that Cannabidiol and THC both decrease the size of a stroke by 50%. (Currently no other medicine even decreases stroke by 2%) It is interesting that our government has a patent on a substance that it prevents other scientist from studying! Who does that advantage? In the War on Drugs this may be considered a War Crime. To prevent the citizens from receiving potentially lifesaving medication with a proven safety record is a crime against humanity. The patent office accepting this patent is proof of its validity and medical utility. Since Cannabidiol does not cause euphoria (High) and is safe at extremely high doses in

humans there should be no excuse for not doing clinical trials. The risk of treating a stroke patent with Cannabidiol or THC is minimal compared to the potential benefit of reducing the size of the stroke by 50%. If you or a family member was having a stroke, would you risk being given this safe drug in the hopes it could limit the size of your stroke and subsequent disability? There are no clinical trials on this even though the patent was given in 2003. WHY?

In The British Journal of Pharmacology July, 2010 160 (5): 1234-1242 a study shows that there is a near 50% reduction in the size of a heart attack (myocardial infarction) when Cannabidiol is given during a heart attack. This study shows that this effect is present even if Cannabidiol is given after the heart attack has started. So it seems that the protective effects of Cannabis work in brain strokes and heart attacks. I predict that heart surgeons in the future will give a cannabinoid medication to patients before cardiac bypass as a cardiac protectant for reperfusion injuries.

Suppressing scientific study (knowledge) is never a good idea. There can be no justification for this. Both sides on this issue should want the truth to come out. It seems however, the people against Cannabis don't have a prob-



lem with suppression of research. They don't want to know the truth because it goes against their belief system. If you try to educate them they will deliberately ignore the evidence. Many of them have financial motive not to understand.

The suppression of the scientific study of Cannabis is proof of the ulterior motive of the Government. What is the ulterior motive? Follow the money. What money is generated by marijuana being illegal? Who profits from over 850,000 people being arrested each year for cannabis crimes? Anyone who profits from keeping medication from reaching sick humans is a criminal. Romans 14-3 states "Let him that doesn't eat herbs not judge him that does." You may want to keep this in mind whenever someone questions the legitimacy of a patient using medical cannabis. Would you want others to question your choices of

medication?

It is past time for the citizens to demand unrestricted legitimate scientific research on Cannabis. Governmental ignorance is not Bliss. Can anything based on the ignorance of scientific fact be correct? We can no longer tolerate Canna-Dunces.

# By Legal Democratic Vote; Cannabis Is Medicine.





# Hard Times in Montana

By Mary Lou Smart

© 2012

www.medicalcannabisart.com

n many ways, the sad story of Montana's medical marijuana program mirrors what's happened in several states. Like vultures, opportunists from both sides of the spectrum, either seeking profit or a choice government job, dismantle legislation that was a long time coming. The tragedy in all of it is that the disadvantaged that the programs were supposed to help lose out.

In an environment where health care costs are soaring, you'd think the priority would be on wellness and cost effective solutions. Instead, we have a media dependent on advertising that pushes pharmaceuticals, which are dispensed like jelly beans. The media that refuses to cover anything but the train wrecks of the cannabis world nurtures myths. In the mainstream media, positive articles documenting the real science of cannabis are few and far between.

In 2004, with 61.8 percent in favor, Montana voters clearly stated that they wanted a medical marijuana program. That program, the Montana Medical Marijuana Act (MMA), was written with a loose regulatory framework. Predictably, greed took hold. One enterprising individual was known to light up a bong whenever reporters drew near. Reveling in sensationalism, media covered his traveling pot doc sign-up forums designed to convert hundreds of people in minutes. His recommendations via Skype, law suits by former employees, and seized blank, signed physician-recommendation forms added to his notoriety while damaging the image of medical cannabis throughout the state.

In October 2009, when the federal government announced that it would respect states' rights in reference to medical marijuana laws, the traveling pot doc circus act revved into high gear and contributed to an explosion of patients in Montana. The number of patients tracked by the Department of Health & Human Services, which had climbed from 287 in December 2006 to 1,577 in December 2008, was over 28,000 by January 2011.

During the same period, a crystal clear picture emerged of how low politicians will go to further their own agendas at the expense of the poor and sick. Given to pontificat-



ing ad nauseum about supporting small business, low taxes and economic growth while running for office, these legislators blatantly subverted the will of the people to tank an industry that was providing jobs and paying taxes.

Despite advocates working around the clock to tighten up the law and make it more palatable, legislators refused to make any concessions. When the legislators wouldn't budge, they even wrote a bill.

"We introduced a bill that was presented by Senator Lewis, which essentially solved all of the issues and problems with MMA that had been discussed," said Jim Gingery, executive director of the Montana Medical Growers Association. "It could have worked very well and been a model for the country."

In 2011, the legislators tried unsuccessfully to repeal the law altogether with House Bill 161, which Governor

The new legislation requires that providers agree to random inspections, supply fingerprints to a database that can be accessed by the federal government, and not take any compensation whatsoever, not even to cover expenses. Do you think these legislators would work without compensation? Business owners are also forbidden to advertise.

Brian Schweitzer vetoed. Undeterred, they quickly rammed through a repressive measure, Senate Bill 423 (SB423), which ties the hands of anyone that might actually want to work in the compassionate care business. Filled with unreasonable and odd restrictions, a look at SB423 makes one wonder if the lawmakers that drafted it ever studied law, had a job other than government work, or attended a civics class in grade school. Clearly, they did not try to learn about the nature of cannabis medicine, delivery methods, or the dire straits that many people are in when they turn to cannabis.

The new legislation requires that providers agree to random inspections, supply fingerprints to a database that can be accessed by the federal government, and not take any compensation whatsoever, not even to cover expenses. Do you think these legislators would work without compensation? Business owners are also forbidden to advertise.

Predictably, the vast majority in business went out of business.

"SB423 was designed by legislators who wanted a repeal but knew they couldn't get it," said Chris Lindsey, an attorney who often represents people in marijuana cases. "To use the words of its author, this bill was designed as close to repeal as they could get. Basically, if you need cannabis, a nice hippie is going to grow it for you, and you will get it free of charge."

Many of the owners of store fronts that went out of business, and their employees, suffered greatly. The same legislators who wanted repeal also seem to have wanted punishment. Raids took place around Montana following passage of SB423. Coincidentally, some of the raids, which involved the U.S. Drug Enforcement Association, occurred within the hour. Owners, employees, and even the patients that they cared for, were handcuffed and forced to stand outside while businesses were ransacked. Many were arrested. Records confiscated were used to make even more arrests.

Without income, many lost their homes, and everything else they'd been working for since voters put MMA into law.

"The bill was designed to kill medical marijuana in the state, and it is only due to law suits that the medical mar-

ijuana program has managed to hang on," said Lindsey. The Montana Cannabis Industry Association (MCIA) quickly raised \$50,000 and hired lawyers, including one of Montana's top constitutional lawyers. The attorneys pushed to have a court throw out SB423 on the grounds that it violates constitutional rights to equal protection. privacy, dignity, freedom of speech and due process. District Court Judge James Reynolds ordered a preliminary injunction preventing the adoption of several of SB423's key elements that he saw as being unconstitutional. He did allow the law, minus the provisions he had problems with, to go into effect. The Attorney General, who is now running for governor, is appealing the judge's decision. Republican Senator Jeff Essman, president of the Senate and chair of the sub-committee that dreamed up this prohibitionist medical marijuana bill, is also running for governor. No surprise, but after sending an industry back into black-market territory, and causing the loss of jobs and tax revenue, Essman is running on a pro-business platform.

"Most of the lead people responsible for getting the medical marijuana program scaled back are now running for higher office based on what they did," said Gingery. A former caregiver, Gingery is no longer in the cannabis business. "I've had patients referred to me by the Mayo Clinic asking for help. I tell them that I was forced out of business, and advise that they call Senator Essmann to find out where they might be able to find their medicine." Many advocates want SB423 thrown out, so that they can fix the original program, MMA. They tried to gather enough signatures on a petition to do just that, but without funding, were unsuccessful. "There was not a big door-to-door campaign," said Gingery. "You cannot mount a campaign using only people on crutches and canes that can barely walk."

They were able to gather enough signatures to put an initiative on the ballot that will ask voters what they think about SB423. To resurrect a viable compassionate care program, a substantial turnout of cannabis advocates will be crucial.

The manner in which the anti-medical marijuana program was forced on Montana borders on corruption, according to some. "The issue is how do we get the word out so that the public understands exactly what did happen, the collusion that did occur between the state and the federal government, particularly when the expressed



Filled with unreasonable and odd restrictions, a look at SB423 makes one wonder if the lawmakers that drafted it ever studied law, had a job other than government work, or attended a civics class in grade school.

purpose of the legislators involved in that collusion was to circumvent a Montana state law," said Gingery. "There's been a great deal of discussion about ethics violations against a number of the proponents of Senate Bill 423 because of the way that they went about the entire process."

Government might have been able to thwart the will of the people with SB423, but the harmless nature of the age-old plant is now understood by so many more. While MMA was in existence, acceptance of medical marijuana soared; registered patients climbed from a few hundred to almost 30,000.

When myths die, it is tough to justify a prohibition. Across America, many are learning about medical marijuana. Despite considerable effort to wipe out the industry, the cat is out of the bag. Every day, many more come to understand that cannabis can bring incredible medical benefit.

In Montana, however, many have no idea of how vulnerable they are with SB423. For example, whoever penned this prohibitionist manifesto did not like edibles, tinctures, salves or any of the other products referred to as derivatives.

"In today's environment, this is a tough area to operate in," said Lindsey. "I don't think that there's mention of edibles as something that patients can do, and SB423 requires that providers get a special license to be edible manufacturers. If confiscated, one cookie with a gram of marijuana would be recorded using that cookie's gross weight."

Many making medicines such as infused honey are walking on thin ice, according to Lindsey. "We had a loosey-goosey law with a lot of holes, and a lot of protections, that has gone away," he said.

The affirmative defense provision was wiped out with the new law, which makes it easier for anyone to be prosecuted. An affirmative defense justifies an action, negating a charge. Self-defense is an affirmative defense.

"Where the affirmative defense would keep prosecutors away before, with it out of the picture they are more than willing to assert themselves under these circumstances," said Lindsey. "Many who have been in this business for a long time, and assume that what they are doing to help the sick is okay, well those folks are really at risk right now."

# INTRODUCING A REVOLUTION IN PORTABLE VAPORIZERS

# VAPORIZATION

The vaporization method involves the heating of herbs with hot air to specific temperatures. This allows the active ingredient to be released at a temperature below the combustion point, allowing pure vapour without any first hand or second hand smoke.

# PRODUCT DETAILS

The Vapir NO2 is the next generation of portable vaporizers, utilizing a revolutionary stainless steel encased, pure brass heating element that delivers completely clean heat for a fresh and dense vapor! Hand held, portable, plug in, up to 1 hour on battery, extra batteries available, digital temperature control, everything you need.

## FEATURES:

- \* I year warranty standard \* Easy to use out of the box
- " Heats up fast!
- Internal re-chargeable battery (also has plug-in option)
- Temperature memory to ensure consistent results
   Temperature control within 2-5 degrees
- Simultaneously charges hattery while vaporating
   Displays temperatures in Celvius and Faluresheit
- \* Compact and portable for usage on the go

## KIT INCLUDES:

- \* NO<sub>2</sub> Portable Vaporiser + Battery with power cord \* X-Tip, Cleaning Brash, Tube Attachment
- 2 Bamboo Cleaning Sticks, Loading Spoon
   3 Mesh Screens installed + 4 Additional Mesh Screen

## ALSO AVAILABLE:

- \* 20 pack screens
- \* external battery charges

Most compact portable vaporizers available on the market employ a heating system which is powered either directly by flame (usually using a lighter) or through a butane heating mechanism; vaporization is often inconsistent and flavor can be affected. With the clean flameless heat created by the NO2, customers can now enjoy the true flavor and essence of their favorite herbs.

The NO2's digital temperature control ensures consistent operation every time, all the time - providing the most effective heating environment for vaporizing herbs. This creates the perfect environment to produce the freshest and most flavorful vapor without any harmful smoke! Full temperature control means no guessing or hoping for the best. The NO2 is the real deal.

For more information call us at 1(866) 35-VAPOR or visit www.vaporizers.ca.

We'll help choose the right solution for you.

Vapir NO2





by Arizer



We also carry Volcano, Vapir Oxygen, Vapir One, V-Tower, Vapor Daddy Dlx, iolite, MagicFlight and more. Accessories and parts in stock.

Shipping from Ottawa, Canada \$5 within Canada | \$8 to the USA Faster shipping options available. We accept: VISA / MC / AMEX / PayPal Interac Online / email money transfers

vaporizers.ca

1 (866) 35-VAPOR 1 (866) 358-2767

www.vaporizers.ca sales@vaporizers.ca



# Oregon's Shakedown versus Maine's Focus on Compassionate Care:

When the Going gets Tough, the Tough Tax the Poor, the Sick, and the Elderly

By Mary Lou Smart

© 2012

www.medicalcannabisart.com

hose who push taxation of cannabis as a means of easing America's most popular cash crop into the mainstream might be selling out society's neediest. Oregon's medical marijuana program is an example of how short-sighted strategies derail long-term potential.

The Oregon Medical Marijuana Program (OMMP) mandates that an advisory committee monitor, and have input in shaping, any legislative changes affecting the program. This past June, by working through a ways and means committee, the legislature circumvented the law when they deliberately kept information about a fee hike away from the Advisory Committee on Medical Marijuana (ACMM).

With state revenues falling, the legislature did not want the state's strong cannabis advocacy movement gumming up the works of a blatant money grab. By keeping those about to be gouged out of the discussion, the sick would be easy prey.

Sandee Burbank is executive director and co-founder of Mothers Against Misuse and Abuse (MAMA), an organization in existence since 1982 that is focused on responsible drug decisions. MAMA operates three clinics, and has been involved with Oregon's medical marijuana program since its beginning in 1998. Burbank is in her second four-year term with the ACMM.

ACMM is an 11-member, volunteer committee on the ground floor of the Oregon Department of Human Resources, which oversees the Oregon Public Health Division, which oversees the Oregon Health Authority (OHA), which oversees the OMMP, which is mandated by law to have and work with an advisory committee. At the time of the increase, an administrator with the OHA doing a three-month stint as interim director, Barry Kast, decided to keep the committee in the dark when attending its June 6 meeting, two days before legislature voted.



"It was just a shock," said Burbank. "Barry Kast admitted in the taped meeting that we had afterwards, and it's in the minutes of our meeting, that he is the one that made the call to keep the information from the ACMM, because he was afraid that we were going to hurt the Oregon Health Authority's relationship with the legislature. He said that he didn't think that the legislature knew much about the program. They don't know about the program, because we were not even allowed to come in to testify about the program. How this could even have happened without public hearings is amazing."

So the annual fee for a medical marijuana card in Oregon just went from \$100 to \$200. There are other add-ons, and eliminations of discounts for the disadvantaged, that will make many think twice before paying this regressive tax.

"This is a straight-out tax, and the way it went down is terrible," said Burbank.

For patients, there is considerable frustration in knowing that the only funding for Oregon's medical marijuana program, the registry, is being siphoned out. Greig, a board member of Voter Power Foundation, an advocacy group that operates three patient clinics, has watched the parasitic behavior of the legislature since the program started.

Oregon's medical marijuana program recognizes four categories of cannabis entities; patients, caregivers, growers and grow sites. A patient needing someone else to grow product now has to pay the \$200 card fee plus an extra \$50 grow fee, meaning that the neediest patients, those who for one reason or another cannot grow their own medicine, will now pay \$250. A sliding scale for low-income patients was also ratcheted up.

Increased fees add to the burden being dumped on patients. Growers are only allowed to grow for four patients. If the grower moves, causing these four patients have to find a new grower, each patient must submit a notification-of-new-grower change to the OMMP and pay a fresh \$100 change fee. If the grow site moves and the patient has to find a new grower, the patient pays the \$100 change fee. Every time a patient loses a card in raids taking place around the state, the patients must pay \$100 to have a new card issued. The \$100 change fee applies to lost and stolen cards. These are all new fees for reissuing cards.

For being on Oregon's registry, a patient receives zip; the registry provides no services. To avoid the inconvenience of having to continually authorize the raiding of funds originally designated for the operation of the OMMP, the legislature is now just taking funds outright.

According to Christine Stone, communications officer, Oregon Public Health Division, the latest fee hike for being on a medical marijuana registry will go directly from the OMMP into the coffers of the OHA to fund Public Health Division programs such as clean water, senior food services, emergency medical services, and schoolbased health centers.

Funding from the original portion of the fee, prior to this sin tax on the sick, is used to pay for 36 permanent and temporary employees who maintain the registry and collect the fee. Program enhancements focus on data collection, not anything even vaguely resembling patient services. Most patients are learning of the fee hike as they receive their renewal notices in the mail, as the bare-bones department is apparently unable to keep anyone up to date on current events.

Stone readily admitted that the OMMP had no say in the increase.

"This came to us directly from the legislators," said Stone. "These are tough budget times. People are not working, and they're not getting the tax dollars. They saw this program as a way to fund about six of our programs that otherwise would have lost significant amounts of funding."

Jim Greig, 51, is a patient with rheumatoid arthritis so advanced that most of his joints are swollen to the point of being dislocated. He's been wheelchair bound for 20 years, and is confined to a hospital bed 80 percent of the time. With cannabis, he is not reliant on heavy narcotics for pain relief. Due to inactivity, he suffers from muscle spasms in addition to pain. Tincture of cannabis stops muscle spasms in their tracks. He has another condition similar to glaucoma that results in painful inner ocular pressure, which, until he realized that cannabis would work, could only be relieved with a shot of cortisone directly into his eyeball. A pleasant side effect of his ongoing cannabis therapy, he reports that his eyes have not been swollen in 10 years.

Like most patients who have a vested interest in seeing the program succeed, he viewed the fee hike as underhanded.

"We were watching for bills that might be restrictive of the OMMP," he said. "This was a budget bill, and so it scooted along through the process without any of our normal activists or legislative watchdogs spotting it. We were there for the final hearings, but by that point the mind set was already made up."

For patients, there is considerable frustration in knowing that the only funding for Oregon's medical marijuana program, the registry, is being siphoned out. Greig, a board member of Voter Power Foundation, an advocacy group that operates three patient clinics, has watched the parasitic behavior of the legislature since the program started.

"They're not putting a nickel into research, or into any of the other suggestions that our mandated advisory committee gave them," he said. "We have an advisory committee made up primarily of patients, and they really ignore all of their suggestions. This is not just a temporary budget fix, either. It's in for good."

One of the suggestions ignored, according to Greig, was the idea of boosting fee income with additional health issues, such as post traumatic stress syndrome, added to



the list of conditions approved for a physician recommendation.

"We're not used to getting much love from our state legislators," he said. "The irony is that they are charging poor people to fund government programs for poor people. They didn't raise the fee for the fishing license, driver's license or hunting permit."

The registry that gives zero to patients is targeted as a revenue source by a cash-strapped government, a strategy that patients see as failing over time.

Oregon's medical marijuana program was designed to pay for itself, and that is why the registry fees were initially imposed. The annual fee was first set at \$100, with a sliding scale for the neediest. At first those receiving Social Security Income (SSI) paid only \$20. Eventually, thanks to the efforts of the ACMM, recipients of Oregon Health Plan or food stamp aid also received the low-income, \$20 rate. While the state boasts of the reduced rates for the needy, only about 700 of Oregon's registered patients -53,685 in August — receive the lower rate, according to Burbank. Low income patients in the Oregon Health Plan and those receiving food stamps are learning that they will now pay \$100 for their annual fee, and if they need a grower, thanks to the \$50-a-year grower fee, their annual fee has been jacked up to \$150 from \$20. SSI patients remain at the \$20 level, with an additional \$20 for a grower other than themselves.

In its capacity as an advisory committee, the ACMM meets four times a year to review the OMMP's budget and receipts. Several years back, when the fledgling program was running a surplus, the committee recommended lowering the fee to \$55, which did occur. But then the legislature came in and authorized transferring a few hundred thousand of the surplus to the Department of Human Resources, and the fee had to be moved back up to \$100 to make up the difference. Following that, the legislature came in and took almost \$1 million of the surplus, this time transferring it directly to its general fund.

"The whole program has been overpriced from the beginning," Greig said. "When we first sat down to discuss it, when the program first started, our goal was to keep the fee as low as possible, \$100, and the low-income fee as low as possible, \$20. At the end of those initial meetings, we were assured that if there were surplus funds, we could always meet and adjust them accordingly. Instead, the funds were appropriated by our legislature. They've already taken nearly \$2 million out of the program, and now the goal is \$7 million over the next two years."

So you have a patient-funded registry providing no services, and an advisory committee mandated by law that is kept in the dark and ignored.

According to Cheryl Smith, executive director of the Compassion Center in Eugene, many in the legislature who understood that the increased fee would be a hardship on patients, pushed it anyway to discourage patients from supporting the program.

"To me it seems like such bad faith that they have done this," she said

The Compassion Center helps patients meet with physicians willing to consider cannabis as a medical treatment option. Seeing approximately 1,300 patients a year, the clinic has its own set of fees, including \$60 for the exam of a new patient, \$45 for a renewal, and a doctor visit with a physical for \$160.

"So right there, a patient is paying more than \$200, and the state's charging another \$200, and now they've added on the grower fee," she said. "This is an underhanded way to stop the program, in my opinion."

Burbank, who has nothing but praise for those working at the OMMP, is jaded by the Oregon legislature's tactics.

"In all of my years of dealing with the legislature, I've never seen them be able to make these types of changes without public hearings," she said. "After 30 years, I almost said the hell with it. I can see little, itty bitty things going in the right direction, but then things like this occur that are so sneaky and underhanded. It's horrible."

Cannabis is decriminalized in Oregon to the point where fines are minimal. In addition, the state is one of the few that have moved its classification of cannabis from Schedule I to Schedule II in recognition of its medical benefit.

Oregon's legislature, which has a deeply-entrenched medical marijuana movement that is not going away anytime soon, appears to be recklessly destroying an opportunity for revenue growth by bleeding a program dry. When a medical program designed to care for the sick demands more and more without providing anything in return, who wins?

In a state that does not even have dispensaries offering product, there's not a whole lot of incentive to keep buying a card to be listed on a registry unless you are too sick to grow your own or unable to get out of bed to buy it on the black market. The Oregon medical marijuana registry fee is an incredibly regressive tax falling on the backs of society's neediest.

"There are an awful lot of card holders that do not renew," said Greig. "The reasoning is, "Why should I? The cops never hassle me, and the card got me nothing.""



# Do You Need Access to Therapeutic Cannabis?

# **WE CAN HELP!**

Our Patients Have Access to the Highest Quality Therapeutic Cannabis

MedCannAccess services are for people with Cancer Spinal Cord Injury Spinal Cord Disease AIDS/HIV+ Arthritis Multiple Sclerosis or any other condition helped by cannabis

416-253-1021 ph 416-253-1428 fax

TO ACCESS OUR SERVICES WE REQUIRE A CONFIRMED STATEMENT OF DIAGNOSIS FROM A CANADIAN PHYSICIAN

www.MedCannAccess.ca



Medical Marijuana of America

# ONLINE DIRECTORY

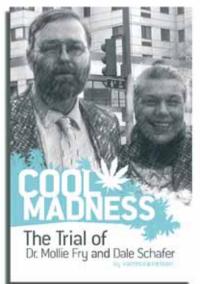
Search by Zip Code

Locate Medical
Cannabis Professionals and
Service Providers

Ratings & Reviews

Add and Manage Your Own Listings

MedicalMarijuanaOfAmerica.com



COOL MADNESS, The Trial of Dr. Mollie Fry and Dale Schafer is the riveting true story of a medical marijuana doctor undergoing a federal trial for the first time in history. The main character of Cool Madness is Dr. Marion "Mollie" Fry, a cancer survivor who learned about the benefits of medical marijuana while enduring chemotherapy and a double mastectomy. After recovering, Dr. Fry set up a practice in the small northern California town of Cool and began recommending medical marijuana to her patients in accordance with state law. However, California's medical marijuana I laws are not recognized by the federal government, and this legal conflict put Dr. Fry's activities under the scrutiny of authorities. Law enforcement surveillance on her home led to a raid that netted a meager 34-plant garden in September 2001.

# **BOOKS BY VANESSA NELSON**

In 2003 former "High Times" columnist Ed Rosenthal was convicted for growing and distributing medical marijuana, an activity legal under California law, but illegal under federal law. The juross, who were prevented from bearing about California law, staged a revolt after learning that they had convicted a medical grower. Their public outrage matched the response of the activist community and pressured the judge into handing down a remarkably light sentence of just one day in jail, time Ed had already served. Coming 4 years after the original guilty verdict, the re-trial packs a heavier punch than ever before. During repeated outbursts in the courtroom, the loquacious defendant alternately ridicules his prosecutor and demands that his judge step down from the bench. The bombast becomes infectious, and soon everyone is speaking his mind in court, from outraged prospective jurors to righteous witnesses who refuse to testify. By the end, even the defense attorneys are threatened with jail time for c o n t e m p t.

# www.MMAPUB.com





# **Maine's Proactive Strategy**

At the other side of the country, legislators in the state of Maine have chosen to support a medical marijuana program that protects patients. In June, while Oregon's legislature was hiking fees without input from the patient community, Maine's Governor Paul LePage signed into law a bill aimed at protecting the privacy of medical marijuana patients. In approving Republican representative Deb Sanderson's bill to eliminate the state registry, the legislature also ensured access and clarified and enhanced law enforcement protections for patients, caregivers, doctors and dispensary employees. The Maine law eliminates mandatory state registration and mandatory disclosure of a patient's specific medical condition to the state Department of Health and Human Services, and creates a more workable means for adding approved conditions. It also prohibits arrest for qualifying patients, caregivers and dispensary employees acting under the law.

Maine's registry is voluntary for patients. Also self-sufficient, the state's medical marijuana program is able to fund itself by collecting fees from dispensaries and some caregivers. Caregivers growing or buying cannabis for family members or household members do not have to pay a fee.

Patients pay no fees when voluntarily registering with the state, something that many choose to do when they are not worried about being stigmatized or harassed, an example given is the case of an older glaucoma patient who might like to carry more credible identification than a doctor recommendation to show if he or she is pulled over.

In eliminating mandatory registration, Maine's legislators were looking out for patients.

"Our biggest concern was patients being forced to register in a state-wide database," said Alysia Melnick, an attorney with the ACLU of Maine who helped to draft the bill. "They were being required to submit personal and confidential medical information to the state. Databases can always be breached, and that is highly concerning."

Maine's program is fairly fluid, allowing patients to shift easily between growing for themselves or accessing medicine through a caregiver or dispensary. Another goal in building Maine's program was looking out for its success, according to Melnick.

"If you make the laws so costly or cumbersome that patients cannot afford, or are too fearful, to participate, then they are just going to continue to use the black market," she said. "What we don't want is seriously ill patients being arrested and prosecuted for trying to treat their pain and suffering. That is why states pass these compassionate medical marijuana laws in the first place."

# **Fewer Renewing in Oregon**

Back in Oregon, fewer are renewing according to Burbank who said that poorer patients simply cannot afford the increased fees. An optimist by nature, she dug deep to find a sliver of a silver lining in the constant siphoning of cash from the state's medical marijuana registry.

"The only good thing that I can see coming out of this is a growing awareness of how much money can be raised, and saved, if we were to legalize cannabis for adults," she said. "They are going to be dependent on us now, for raising all of this money year after year, and they are going to want more."



# IT'S LIKE WE READ YOUR MIND

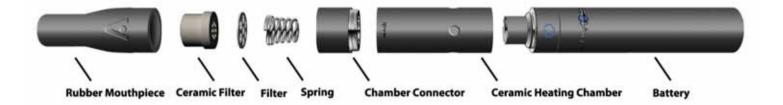
The AtmosRAW vaporizer is like no other in the world. Made from the highest quality medical grade stainless steel and ceramic components. It heats your plant material and the unique filtration system cools the vapor for a smooth, yet full bodied experience. Fits in your pocket and ready for any occasion: a windy day on the boat, a rainy afternoon at the park, on top of a mountain, or just sitting on your couch. You will be amazed.

OPEN
PLACE HERBS
CLOSE
INHALE

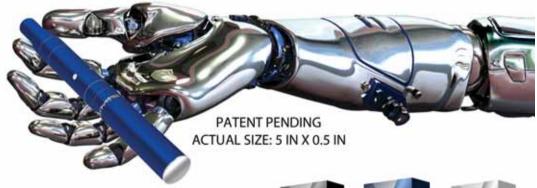
"INHALE UP TO 10 TIMES PER LOAD"



Sleek, Stylish, Discreet, and Portable



NO BUTANE
NO LIGHTER
NO CORDS
NO HEAT UP TIME



WWW.ATMOSRAW.COM
Use code TREAT for a free gift







# Tuscon in the Spring

It will still be very cold in Canada but April in Tuscon, Arizona is when "POT will be Hot."

# by Al Byrne

for Patients Out of Time

s a state Arizona worked long and hard to see a medical cannabis bill reach the stage of a referendum, upon which the public voted up or down for the proposed action. In Arizona a positive medicinal cannabis question was voted on twice successfully.

Initial actions to make law reality saw a reasonable effort by state authority but soon the "feds" showed up in town. In fact a lot of towns. It was a showdown and still is in Arizona and other US states whose citizens have passed laws allowing the medical use of cannabis under health care supervision.

The US federal government has many misgivings and problems with medical cannabis. Some are real most are now quite dated, tired to extreme notions, dis-proven. No matter how many ill informed words on the issue are made into sentences it's the content that matters. Is it really that way? Who says so? Who agrees with the statement? An old adage of mine is to "consider the source" (universally) of information, of communications. After doing so, putting in relatively little time or even less if you want to believe me you will find the US federal agencies responsible for disseminating accurate drug knowledge, relating to therapeutic cannabis, do not.

The White House is the personal and symbolic home of the President of the United States. As a icon of the country it stands as a place where the imperfect humans that work in the building perform labor, with their individual and collective missions fully described to the masses, and then performed as described.

The White House Office of Drug Control is not excepted. A reading of the fine print of this office's mission is not necessary. The work to be performed is clear. These folks are to get up every day and go to work with a mission, defined



by law, to deny medical cannabis to any citizen of the US (four citizens are exempted from federal law – four). To do this they are expected to lie and they do.

One classic method of disingenuous verbiage used in the US by all sorts of government types is to not tell you what they know. I do make an assumption by writing that sentence. I have assumed that the US drug czar in order to perform his duties must be current on what his chief enemy, knowledge, is up too. In order to create a counter to say the discovery of the endocannabinoid system in all living things you have to know it exists. Then what? This is a tough one for a cop to deal with because he does not have medical training so he decides the best thing to do is to never ever say those words. Ever.

This works for the federal government because what is called the MSM (main stream media) in the lower 48 don't do anything but copy what the other guys write or some-body says in a press conference. Understand how it works - if the czar does not tell the MSM what he found out in order to be able to not tell MSM what he learned then the MSM does not know and does not write about the discovery. It's a whole lot like Catch-22.

The most straight forward approach the czar and his folks use is the bald faced lie. Let's take a really egregious example. All of us that can read know that the federal government of the US holds two patents on the therapeutic use of cannabis compounds for neuro-protection and as anti-oxidants. The drug czar can read – another assumption. As I write the feds are offering one company an exclusive manufacturing contract to produce cannabis compounds synthetically for the medical uses identified in the patents. The buzz in cannabis circles is deafening.

While that contract negotiation proceeds the White House and their drug man tells all listeners, media to maid, politiIf the expert quoted answers to "your honor", carries a gun or badge, also answers questions on TV about sex mores of the US, does not use the word endocannabinoid, thinks CBD is a power drink, mentions addiction "marijuana" and smoking in the same sentence, never says vaporizer, has on a military uniform, or has any other claim other than being a Registered Nurse or having earned a Medical Degree - and even then be wary - they are fools displaying their ignorance in public.

cian to pollster, to the 99 and the one percent that cannabis has no medical use.

That is my definition of a lie. It's an untruth and you know it when you say it.

Consider the source.

So what is a person to do? Who do we go to for the therapeutic cannabis information that is current, originated by scientists, peer reviewed and published in professionally managed journals of various health areas of expertise?

As you may guess I have a suggestion. Rely only on a medically trained individual knowledgeable in the therapeutic applications of cannabis. This is a narrow field from which to pick your wisdom.

It's easy to eliminate most of the trades that are sought out by the MSM and politicians, like recovering drug addicts and lawyers, whom they like to use to decide cannabis protocols for the ill, if any; to decide what medical safety measures are needed; which strains and dosages are required; to write the warning of interactions with other substances.

If the expert quoted answers to "your honor", carries a gun or badge, also answers questions on TV about sex mores of the US, does not use the word endocannabinoid, thinks CBD is a power drink, mentions addiction "marijuana" and smoking in the same sentence, never says vaporizer, has on a military uniform, or has any other claim other than being a Registered Nurse or having earned a Medical Degree - and even then be wary - they are fools displaying their ignorance in public.

The trick is to ignore such folk and let the MSM, politicians and interested citizens hear, read and see the real empirical science that exists and is available to all in this electronically communicative world. Google it!

Google what? I have a suggestion or two. Use these key words: "therapeutic cannabis"; "Patients Out of Time"; "medicinal cannabis."

Note the word cannabis vice marijuana. The proper medical term is cannabis and so when looking for medical information cannabis is the key to that educational door. Once open the doorway leads to a web site, www.medicalcannabis.com, it lets the investigator view dozens of high quality lectures and interviews of the world's leading cannabis researchers on YouTube and Google video, and links to other important web sites and cannabis information locations that the federal drug agencies have forgotten to mention out loud.

If you agree with me that a legitimate discussion of the use of cannabis medically requires medical and/or nursing education I would hope that any future action the reader of this essay may take would involve the denigration of unsuitable "talking heads." Respectfully, of course, let the producers of such empty space know that you demand expertise not vacuous rhetoric. Tell the editors to get real, get informed like you. Let Brian Williams and Wolf Blitzer hear your critique of their shallow show of slick video



IVANART.NE



sucking a joint when vaporizers, with clean cannabis and the best taste yet, are what rules.

The MSM is a copycat bunch. The writers and journalists I encounter during my work week (notable exceptions are actually numerous but yet a tiny fraction of the whole you know guys like Marco) even if they are willing to encounter and then pen a piece about a world class discovery (think endocannabinoid system) their editors pucker up, I suppose fearing something bad will happen. Why else would an editor slam a story?

Correct me if I am wrong but there is no traditional medical or nursing education offered, in the US and Canada or anywhere, that teaches the medical/nursing student that there is an endocannabinoid system.

If the MD's and RN's do not know that such an amazing health discovery has been made then maybe I should go easy on the MSM, politicians and the uninformed yet brazenly cannabis negative talking heads? Nah.

They are all in a state of denial. The web page of Patients Out of Time (POT) has a list of dozens of professional health care organizations that answered POTs' call for them to produce a written document, a statement of the organization, that it supported the use of cannabis, now, by the ill under medical or nursing supervision. Dozens.

The American Nurses Association has a written resolution that calls on every US Nurse to become educated about the clinical applications of cannabis. Nurses are required by their oath to protect and educate the patient. Regardless of what nitwits think there are millions of folks in North America using cannabis, medically or recreationally, every day and nursing and medical responsibility, and their oaths, demand they carry such knowledge with them to the patients side.

While the Deans of Nursing colleges and medical schools ignore the reality of their neighbors lives, clinician experts, like the ANA, have not.

Led in each case by doctors and registered nurses with years of clinical experience working with cannabis patients, including the four surviving US federal cannabis patients (also non existent in cannabis claptrap and Fox news type programming) these nursing and medical pioneers have formed two professional organizations dedicated to the education of their peers in all areas of clinical cannabis treatments. They will soon become the primary source of future clinical cannabis education in the US.

POT is now and has been since 1995 when formed, the first and only non-profit or for profit entity to have earned the gravitas needed to provide accredited cannabis education to MD's and RN's under the authority of the

American Nurses Association and the American Medical Association in the US. Since May 2000 POT has conducted six national forums, with international faculties, focusing on the clinical use of cannabis on patients from the age of two through hospice.

This education is and has for three years been available for any health care professional from any country to avail themselves through the continuing education office of the University of California, San Francisco, School of Medicine – on-line at www.medicalcannabis.com.

"The Seventh National Clinical Conference on Cannabis Therapeutics" will be held on April 26-28, 2012 in Tuscon, Arizona.

If you are a patient let your medical team, the whole clinic or office, know that this education is available and you want your RN to go.

Request your MD get up to date on cannabis, "go to the lectures while your husband plays on the championship golf course."

Ask them about the endocannabinoid system.

"What's that?"

You really need this conference doc it's theme is: "The Endocannabinoid System: Clinical Implications for Health Care."

When your local newspaper calls cannabis "pot" or marijuana and quotes some federal hack – bitch. When the TV station you watch for local weather interviews a cop or lawyer about medical cannabis call the station and ask why they are endorsing and promoting the dispensation of medical advice by people without a license to do so. If the talk radio host lets the cannabis motor mouth of myth dominate the airwaves overwhelm him with unfavorable comments on his ability to identify certified cannabis experts as guests. Then recommend doctors or nurses if appropriately educated or refer them to POT.

The Tuscon week end is the epicenter of medical cannabis state of the art science, international and national in scope, that will dominate all future decisions by state and federal agencies in the US and by extension most of the non Asian continents. "Will" is a big time prophecy but I'll stick with cannabis' future as a medicine built on the foundation of science that has already occurred not considering the amazing stuff that researchers and clinicians will codify into medical and nursing educational curriculum's at an astonishing rate, equal soon to the White House drug chiefs nose growth.

The White House, any federal Senator, any front line DEA

agent, any US Republican presidential nominee, any US Coast Guard Admiral, your Bishop, your dog does not know that raw cannabis, optimized by individualized phytogenetics is a dietary essential. You did not know either. I bet your spell check went tilt on phytogenetics. It's OK because William Courtney MD does and he will tell us all about it. "Us" of course is everybody that is there, in the audience, listening.

Let's say you are one of those rare folks these days that has stress in their day, even once in a while. Matthew Hill, PhD will be there talking about the role of the endocannabinoid system in regulating human stress, mood, and anxiety (if any at that applies to you.)

Kathy Jordan will speak about cannabis and ALS, Lou Gehrig's disease. Like Mr. Gehrig ALS patients die rather quickly after diagnoses. Five years would be long. The difference is that the dead ALS patients did not utilize cannabis in a medicinal way, Kathy has for over 20 years. If I had ALS I'd sure want my physician to hear what she has to say.

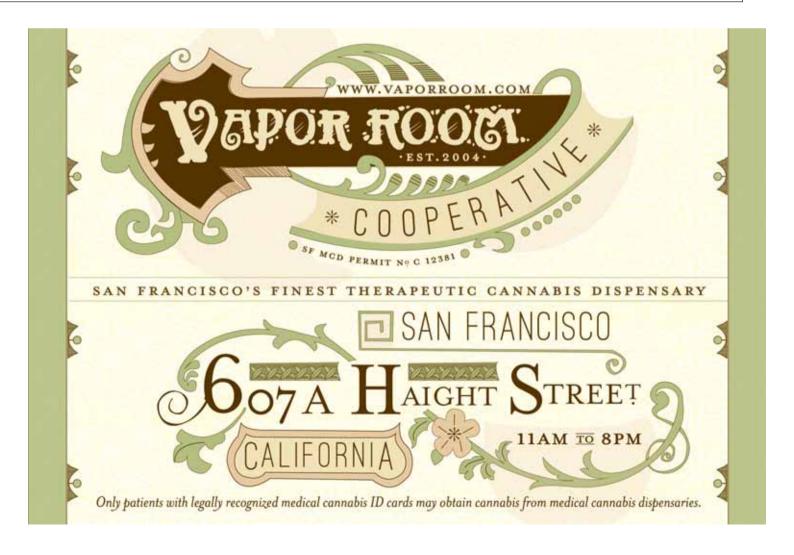
There's lots of other subjects: ECS and addiction; the ocu-

lar endocannabinoid system; CBD; cannabis as an exit drug; cancer care and cannabis; breast cancer and cannabis; a whole bunch on cannabis and Post Traumatic Stress (PTS); cannabis and Alzheimer's and more.

Final day, final panel will be interesting. Patients Out of Time has asked Dr. Julie Holland MD (author, The POT Story); Clint Werner (Moderator and author, ; Melanie Dreher, PhD, RN, Dean of Nursing, Rush University, author, researcher; and Andrew Weil MD author, scholar to present their ideas of our collective medical future with the newly discovered endocannabinoid system and it's looming interface with and implications for health care.

The faculty and attendees have a good time when not being wowed by the new data and success clinically at the silent and live auctions, the benefit dinner, cocktail parties, Greta Gaines the featured entertainer (and attendee with her mom) and the resort itself which is world class, very dog friendly, has all rooms open to the sun and has a room charge not a people charge. Tuscon is truly a destination location. Beautiful place.

Consider the source and if it's not POT they are not hot.





# WEED WRS





lone Jedi Warrior is searching for a way to conquer the Dark Side run by the Empire of the Thugs. A single Jedi Night standing up to the Empire valiantly leading a rag tag band of Cannabis Warriors Bravely through the fog of ignorance, stupidity and greed. Awakening all who make contact with this magnetic personality by merely being caught up in the vapor trail that his passing has left behind in his wake.

I use this analogy because of the symbolism and position some one who has transformed their life to serve as a door opener to those in need has manifested in this lifetime.



This is the Path, the Way that has had to become the manifest destiny of all of us who are front line to this war against our Constitutional rights to Life, Liberty and the Pursuit of Happiness. Which in the face of pain, Happiness is one breath away.

The fundamental drive behind this face of responsible dispensing, is to prove in action that this herbal medicine that was at the heart of nearly every Patent medicine at the turn of the last century, is relieving suffering and creating a safe alternative, to dangerous narcotics and their serious impacts on health and society.



Can we say that a reality show will catch the nature of these peaceful warriors in this War, which is on the backs of the suffering in our society?

There has always been the sensational associated with the whole topic of Cannabis, aka Marijuana, since Hearst and his media empire sought to demonize it, to cut out the competition to his ally Dupont's newest fiber, Nylon and all its subsequent cousins.

Under the guise of attacking a narcotic, in two and a half hours of testimony and deliberations, the Marijuana Tax stamp act was created, which made it illegal to grow, possess, or transport, any Cannabis in the US.

Hemp growers and many users of all the different parts of this plant including the Patent Medicine Industry were not aware of, or consulted about, their use of this plant.

Product at Harborside Front counter at Harborside Lab at Harborside

Seeds and stalk were exempted, as the Swine industry and Birdseed providers used the seed as a prime and necessary ingredient.

The reality of every business, Cannabis, or Coffee for that matter, have a culture and clientele associated with it, that are the supporters of every sector of the worlds economy. In a reality show about a business with such a huge clientele, there is at first a fascination and passion as an employee, [which never fades], however like every job it is work, it is Responsibility and in this case, it is True Compassion that drives all those who work at this dispensary.

Discovery has given a window to the world, demystifying the mystique that has surrounded this world of "Weed".

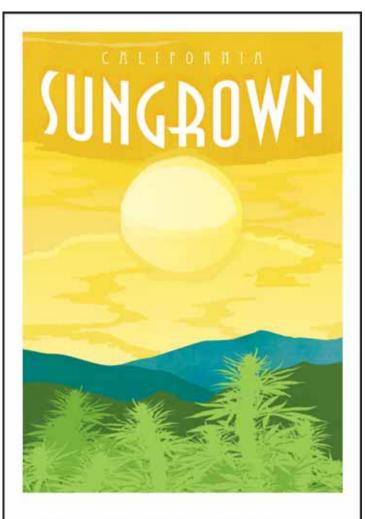
As an Activist my prayers are for a Compassionate world to have their opinions changed by seeing this most miraculous example of bravery in the face of the huge might of possible Federal intervention daily hanging over their heads.

My personal appreciation for the hearts of these devoted troops, keeps me writing and sharing the bravery and humanity associated with all who have created the example for the world to see that is the Harborside Collective!

Let us hope, as my dear colleague has pointed out to me, that their last episode does not have them all being walked out in handcuffs by the federal Storm Troopers. Who every day look more and more like the Storm Troopers in the Classic movie Star Wars.



Steve DeAngelo, founder of Harborside Health Center



# NOTHING COMPARES to well-grown, well-cured, sun-grown cannabis.



Nurtured by soil, sun, atmosphere and season, buds grown in a natural environment express an endless range of distinctly fresh and clean flavors. As legal changes have allowed more planting in the full sun, the quality and potency of sun-grown cannabis has risen dramatically. And it's better for the planet. With

8% of California's electricity being used for indoor cannabis, every purchase of sun-grown medicine will contribute to huge energy savings. Come to Harborside for the very best selection of top-quality, sun-grown cannabis.

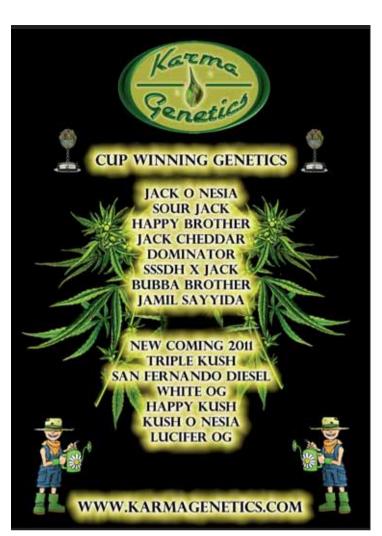
# Better for you, better for the planet.

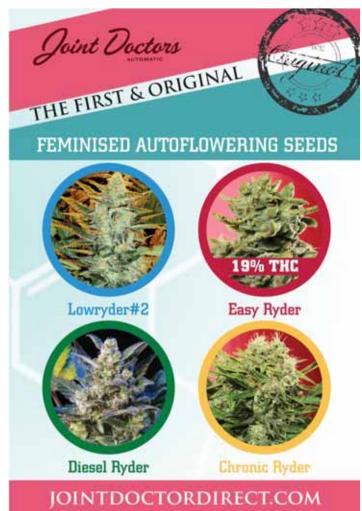
# Harborside's retail boutique NOW OPEN!

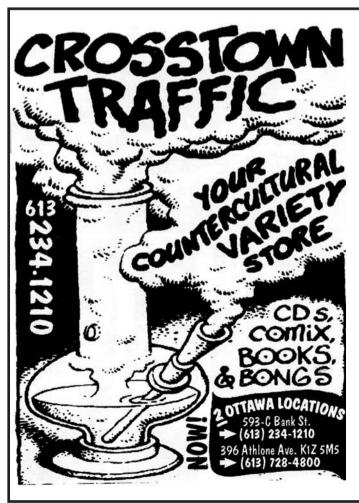
Showcasing the versatility of cannabis with the finest artisanal accessories



1840 Embarcadero, Oakland, CA • (510) 533-0146 2106 Ringwood Ave, San Jose, CA • (408) 321-8424 10AM-8PM, 7 days/wk • harborsidehealthcenter.com











# Why So Serious?

# By Nathan

should say that before all of this I never missed a day of school had lots of friends and prided myself on being a nice person. Ive come from an upper middle class family that could have not loved me more.

It all started 8 years ago when I was 18. As alot of people think when they first get to drink and party, I had that feeling of invincibility.

In my first year of college I made friends with a guy, that happened to work at a pharmacy , and he just showed up one day with a bag of random pills and gave them to me . Everybody but me seemed to know the names and what they did , for some reason I started to experiment with these .

I worked at harveys with alot of people my age, and within a brief time span almost every employee was doing cocaine during the working shift, even management. My group of friends changed and I started doing ecstacy.

As a person I changed completely, lost large amounts of weight became very agressive. My morals changed and I became a threat and a danger to myself and everyone around me . I lied all the time . I was living a secret double life .

Eventually about a year passed and I lost alot of money and was starting to feel more of the serious side effects from the drugs. I had to quit .

After a couple months I went to my family doctor and told him I believed I was depressed, soon enough I was catapulted into another drug riddled world, but its ok cause these are legal right? No its not ok. I felt like a guinea pig for my doctor, "try this, or this, maybe this" Welbutrin, Effexor, Celexa, Lorazepam, Clonazepam, Attivan and 4 or 5 more I cant remember. I was experiencing every side effect in the book.

At one point after several days of no sleep I was prescribed *Zoplicone* also known as *Immovane*. After just the first pill, I was hooked the most amazing thing I thought. These pills became a part of my life and me, These pills are in the benzo category and listed as a hypnotic. They were my courage, my fun, my worry free , I took them before doing literally anything.

On top of all this I realized that my doctor was either not smart or didnt care and I took advantage of this almost every 10 to 15 days , coming up with the most ridiculous reasons for loosing my pills.

At this point I was 21 and had just been jumped and beaten very badly in a bar by 4 people. My head was smashed into a table splitting my forehead wide open, I was punched in the face so many times my teeth went through my lip, and somehow my bottom eyelids were split. I was hospitalized, and never really found out who or why this happened .



Within 2 weeks I found that my girlfriend at the time was pregnant and I was to be a father, when her brother found out I was confronted in my underground parking and choked unconscious. 3 months later she had a miscarriage due to her sheer ignorance and stupidity, she was smoking cigarettes and drinking while I was at work. 4 days later I came home and she had left, without as much as a goodbye. I was crushed. My addiction really took off and, I was taking 8-10 sleeping pills upon waking up in the morning this is how my life went for 4-5 years. Sometimes taking so many I lost count. Many nights I lay in bed wondering if I took one too many or if I would even wake up the next day.

Almost everything within that time is a blur. Due to large amount of *Immovane* causing amnesia.

I went to numerous councelors and therapists none seemed to want to give me the time of day, just more

prescriptions. I gave up. I moved to Barrie 2 years ago with my family and made contact with the CMHA, Center for Mental Health and Addictions, I was appointed an Addictions councelor as I thought it was time to come clean to everyone about my addiction. I was young enough at the time to also get a youth councelor. These 2 people saved my life, they accepted me for who I was, I wasn't forced to attend groups or classes.I felt like I might finally have a say. I was given the many options and given phone numbers for alot of crisis centers.

Why have I not heard of a crisis center till now? I attended a mens self-esteem class, an addictions class (my option). This recovery process was very intense. I was made to realize the lethal amounts of *Immovane* I was ingesting everyday, and learned this medication was to be taken TEMPORARY!

I really had to reinvent myself and do a lot of inner searching, while being brutaly honest with myself. I was learning a lot about harm reduction.

This year I was able to break the barrier to my addiction which I never thought possible, my last pill was February 16th, which happens to be one day before my moms bday. Since then my life has done a complete 180°. This was not at all easy, I had to learn to deal with

panic, anxiety, memory loss, paranoia and depression without a crutch. I had to learn almost everything over



from feeling feelings to socializing. Clinically I have depression, ADHD, with a panic disorder small amount of agorophobia and definite memory loss.

I should say that I've always smoked marijuana, and do not believe it has any link to the harder substances in my past. If anything alcohol was a big part of lowering my morals and ability the think smart. This is why I dont drink.

With this being said I now recently have found marijuana to be hugely beneficial to my quality of life. Last year I met Kyle who is now one of my very dear friends working at Mystical Gardens hydro shop in Orangeville. He's a huge advocate for MMJ and really explained to me that it was possible to get legal and live a happy and safe life.

He was right I made contact with the DO NO HARM CLINIC in British Columbia. They believed in my recovery and my want to reduce my pharmaceutical intake while being able to medicate with a historical medicine, MMI.

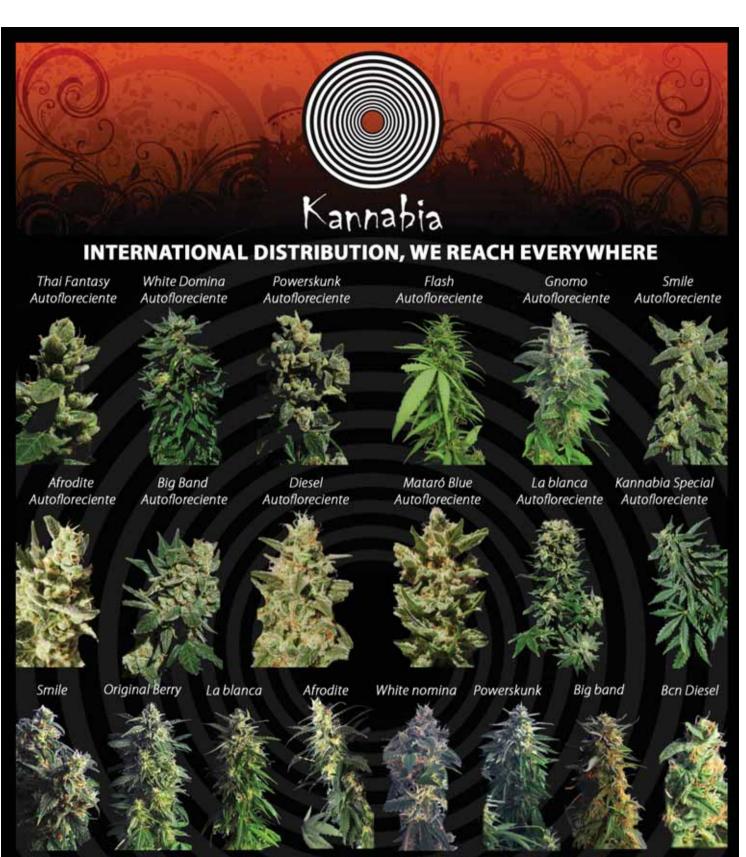
April of this year I was accepted into the health Canada mmj system .Also this year I was asked to be a guest speaker at the annual CMHA meeting. I feel like me again. I have really been captivated by the science of growing this plant, as well as its many healing powers. I feel like a genius with everything I have been able to learn about this plant, and all of it has been self taught from pot magazines!

I am able to produce 100% organic high quality medicine of my choice, and make coconut oil capsules, tinctures, and all kinds of edibles. This would be impossible if I had to buy crappy pot from greedy dealers .

This year I went to the TY Expo which was my first marijuana event, it was so eye opening and it really opened some doors for me.

I met a very nice lady from Dinafem Seeds from Spain and they have been nothing but amazing to me, sending seeds and shirts and now asking to help with a few projects. Which is really a dream come true.

My outlook on life now is very positive. Marijuana has really saved my life and enabled me to live my life comfortably. I would like to thank TY for your very USEFUL and informative articles, and for letting me share my story.





Kannabia special

Citrus

La reina de africa

Thai fantasi

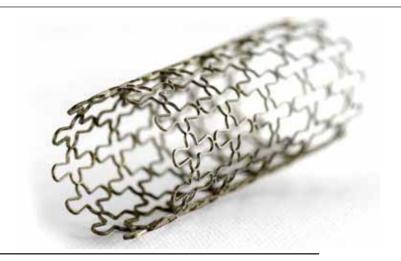
Domina Haze

Mataró blue

www.kannabia.es



# How Cannabis Might Keep Coronary Stents Open Longer!



Vascular stent

By David B. Allen M.D.

Cardiothoracic and Vascular Surgeon, Member ICRS.

And Prisoner of the Drug War

Cali215doc@gmail.com

# First the set up information;

# (Scientific information translated to human-speak)

It has been proven by several independent studies that Cannabinoids inhibit a type of brain tumor called a Glioma. Gliomas comprise up to 77% of all brain tumors. The majority of them are quite malignant causing death in a matter of months after diagnosis. Cannabinoids inhibit these tumors by inhibiting a hormone like substance called VEGF (Vascular Endothelial Growth Factor). VEGF is a signaling protein produced by your body and in some cases these tumors take advantage of this signaling system to redirect blood flow to the tumor itself. Your body normally produces VEGF in response to hypoxia (low oxygen) or from damage to the inner lining of the blood vessel. (The Intima). VEGF does 2 things;

- 1) VEGF causes new blood vessels to grow into an area that secretes this signaling protein. (This is called vasculogenesis or angiogenesis, and is what the tumor takes advantage of.)
- 2) VEGF causes the cells that form the inner lining of the vessel (Intima or endothelium) to multiply and cover or repair damaged areas of the blood vessel.

VEGF can be secreted by Malignant Gliomas and this causes blood vessels to grow into the tumor. This new blood supply then helps the tumor grow by providing blood, oxygen and nutrition to it. Cannabinoids inhibit VEGF and thus stop in growth of blood vessels into the tumor and thus inhibit tumor growth. Cannabinoids can actually kill Gliomas by this mechanism. (This is the

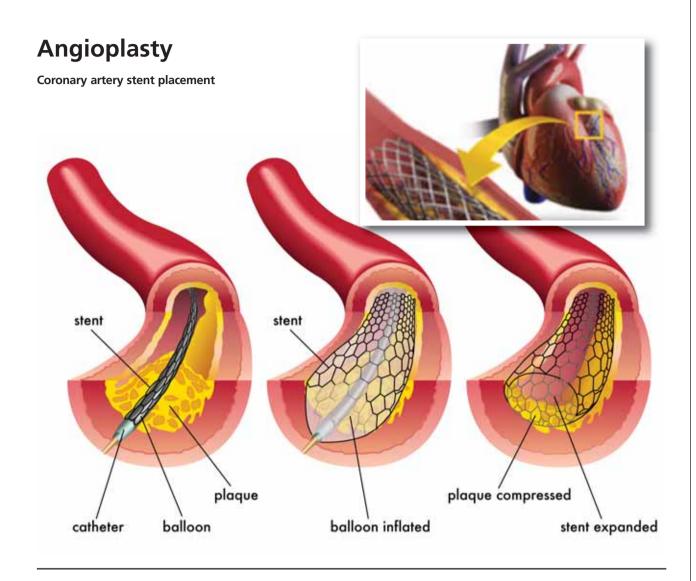


A Glioma tumor secretes VEGF to draw blood supply to it.

tumor that Senator Edward Kennedy died from.)

VEGF also plays a significant role in restenosis of coronary arteries. VEGF is involved in the repair process of arteries. VEGF causes the cells that line the inner wall of the vessels (the endothelial cells) to proliferate and cover any damaged area of the vessel wall.

During a heart attack, the narrowed or blocked coronary arteries restrict blood, oxygen and nutrients from meeting the metabolic demand of the heart muscle. This reduced oxygen supply to the muscle causes some of the muscle to die. Only opening the artery with balloon angioplasty/stent or coronary bypass with correct the situation, and restore blood and oxygen to the heart.



Whenever a cardiologist opens a coronary artery by balloon angioplasty and stent, there is damage to the innerlining of the artery. Although the newly opened artery is now supplying increased blood flow to the muscle, there are multiple cracks in the inner lining of the vessel. After the stent placement, the body immediately begins a repair process to heal the injured vessel. It does this by Vascular Endothelial Proliferation. The vessels inner wall cells (Intima or endothelium) multiply and cover raw areas of the damaged artery. Sometimes the repair mechanism works too well, and when VEGF is over expressed it can contribute to disease. When VEGF is over expressed it causes the intimal cells to proliferate so much the cells overmulitply and cause restenosis or occlusion of the newly opened artery.

Restenosis or occlusion of an opened artery is a constant problem for the cardiologist and patient. Many medications are currently given to prevent stent restenosis.



Magnified view of the platelet repair of stent damage to the artery wall



If THC and Cannabidiol both inhibit VEGF, and this slow or stops Glioma tumor growth; Is it possible, that by this same mechanism it could prevent coronary stent restenosis? This is a very plausible theory to examine. Unfortunately, in the United States there is a virtual ban on scientific research on cannabis. Why would there be a ban on such knowledge?

Additionally the newer stents are coated with "medication" to prevent an over active repair mechanism from causing harm. These "Drug Eluting Stents" slowly leak out this medication to slow the Vascular Endothelial Proliferation. This limits the proliferation of the endothelial repair cells and thus keeps the stent open longer.

If THC and Cannabidiol both inhibit VEGF, and this slow or stops Glioma tumor growth; Is it possible, that by this same mechanism it could prevent coronary stent restenosis? This is a very plausible theory to examine. Unfortunately, in the United States there is a virtual ban on scientific research on cannabis. Why would there be a ban on such knowledge? Is there danger to the public if scientific research were to be done under controlled conditions? Is it just too much risk that a little pot might be diverted from the study and become a supply route for the pot smokers of America? (Please excuse the heavy sarcasm.) Is the benefit of finding a cure for cancer or for coronary restenosis enough to subject patients to this risk? These same risk/benefit questions are asked about cannabis effect on hundreds of human ailments.

I suspect that many Americans would volunteer for a study that examined cannabis as a substance that could potentially keep coronary stents open longer or possibly treat your brother's brain tumor. I believe the public would accept this as a justified risk, as the potential benefits are enormous.

As mentioned in my prior articles the Government has a patent on Cannabinoids as Antioxidants and Neruoprotectants (patent number 6630507). This patent and study shows that lab animals had 50% reduction in the size of a stroke when given Cannabidiol or THC. Another study in the British Journal of pharmacology entitled "Acute administration of Cannabidiol in vivo suppresses ischemia-induced cardiac arrhythmias and reduces infarct size when given at reperfusion." This study also shows that heart attack size (infarct size) is diminished by near 50% and abnormal rhythms of the heart are inhibited. This occurred even if Cannabidiol was given after the heart attack had begun. So there is evidence that strokes and heart attacks can be limited in their destructive effect by a safe medication that happens to be misscheduled as a danger to the public.

Recently, a government spokesperson stated that the government was not intentionally limiting scientific study on

cannabis. This lie contradicts previous position statements made by multiple officials who have repeatedly stated; "We are not in the business of proving Marijuana's medical benefit and only studies proving harm are approved for research." No reversal of this position on prohibition of scientific study of marijuana has been released. (This would be an admission of guilt.) Currently no studies are approved in these or other medical applications of Cannabis. Would the government intentionally prevent its citizens from receiving a life saving medication for political reasons? Would the profits from arresting 850,000 citizens a year have any effect on their decision?

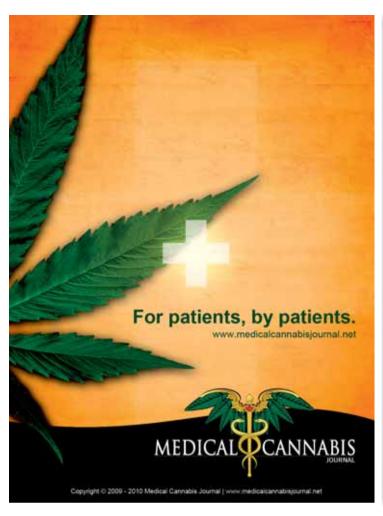
I wish that Ted Kennedy had received this medicine. Ted was having seizures and could have benefited from cannabis ability to reduce seizure activity. Only God knows if Ted Kennedy's Glioma would have responded to cannabis. Eventually the Government will concede that Cannabis Is Medicine. I pray that I will see that day.

# REFERENCES

- 1. Inhibition of Tumor Angiogenesis by Cannabinoids; FASEB Journal 2003; 17; 529-531
- 2. Delta 9 tetrahydorcannabinol increases C6 Glioma cell death produced by oxidative stress Original Research Article, Neuroscience; Vol 134, Issue 2, 2005 pp 567-574 Vogel et al.
- 3. Antitumor Effect of Cannabidiol, a Nonpsychoactive Cannabinoid, on Human Glioma Cell Lines. Paola Massi, Et al; Journal of Pharmacology and Experimental Therapeutics December. 2011 (339)
- Cannabinoids as antioxidants and neruoprotectants; US Patent 6630507 Oct.
   2003 US Dept of Health and Human Services
- 5. Acute Administration of Cannabidiol in vivo suppresses ischemia-induced cardiac arrhythmias and reduces infarct size when given at reperfusion. British Journal of Pharmacology July, 2010, 160 (5): 1234-1242

# By Legal Democratic Vote; Cannabis Is Medicine.







E-mail: contact@adastraseeds.com

Currently Featuring:









\*www.adastraseeds.com

# ; ((0) D) ((c) t)

Cannasseurs Inc.

is proud to present THE OFFICIAL FIELD GUIDE TO MEDICAL MARIJUANA Available to patients around the world

as an easy way to get started, find what they need, keep track, and more...

- WOUNT WORM OF CEETA OOL SELVO \*
- \* MUST HAVE RESOURCES
- \* EASY TO FOLLOW DIAGRAMS

Active Components / Common Side Effects / Legal Concerns Understanding Names and Genetics / Keeping Track Getting What You Need / Ways To Medicate / Quality Control The Indica-Sativa Spectrum / Cannabis Throughout History

FIELD CUIDES DECORATIVE POSTERS BUD-ROOM CHARTS

POCKETFOLDERS

ONLINE RESOURCE NETWORK AND MORE...

**Educate Medicate Legitimize** 



Treating Yourself Leafly





FIELD GUIDE MEDICAL WARIJUANA

CANNASSEURSING.COM



Healthy with Honey in Montana

By Mary Lou Smart

© 2012

www.medicalcannabisart.com

uzanne Sandala (not her real name) has found that honey works. Amazing, news, really, because before she discovered cannabis nothing was working. When she was 18, a drunk driver with no license rear ended the car she was in with two friends. It was estimated that he was driving 110 miles an hour. She was thrown through the windshield at a force and speed great enough that her head's imprint was left in the glass. The drunk, a 23-year-old whose license had already been taken for his first three DUIs, left them for dead.

Suzanne's injuries included a major concussion and a dislocated knee, which has required several surgeries and causes pain to this day. The knee pain varies; it often keeps her up at night, and occasionally is so bad that she drags that leg when she walks. Now 43, Suzanne lives with cluster and severe migraine headaches.

Over the past 20-plus years, she has tried many drugs to control the migraines. One of the many traumatic aspects of migraines is that severe ones often arrive with no warning. The intense, throbbing pain makes sufferers nauseous, dizzy, sensitive to noise and sound, and unable to move.

While teaching — she has a degree in elementary education with a minor in child development — she would leave the classroom and lie on the floor in a coat closet for hours. She eventually ran her own day care, and was fortunate enough to have family close by so that when she did have a bad episode, they helped out. More than once while driving, she would clutch the steering wheel and brace her head against the window. Unable to hold her head up or see with blurred vision, she maneuvered handicapped until she could pull over and stop the car.

One of the pharmaceutical medications that controls the severe headaches is Imitrex, generic name Sumatriptan, which narrows the blood vessels believed to become dilated during especially severe episodes. Literature for the medicine stresses that the drug cannot prevent a migraine from occurring or reduce the number of attacks, but it can be taken after the migraine begins. The lengthy list of side effects and warnings listed for Imitrex include heart



attacks. The drug it is not supposed to be used by people with heart issues such as high blood pressure. Suzanne hates taking Imitrex.

"When I took Imitrex, it was a very scary ordeal," she said. "I would hold off as long as I could until I could not tolerate the migraine anymore because the medicine was so scary. After taking it, it would take at least one half hour to 45 minutes to even do anything, and then it would make my heart race, and then it felt like there was pressure on my chest like someone was standing on my chest so then I had trouble breathing. Imitrex did take the headache and numb it, but then I could not breathe, and so I was still in bed. The rest of the day I'd be nauseated and sick from the Imitrex, because it made me dizzy. It made me feel terrible.

Around the time she turned 40, Suzanne was diagnosed with high blood pressure. At that point she'd been taking Imitrex for 20 years. She started taking high blood pres-

sure medications but nothing was working. Her blood pressure numbers were 158 over 110. She went to a neurologist and cardiologists, but nobody was successful in getting her resting pulse down to a normal level.

Suzanne, who jokingly refers to herself as a boring house-wife, has four children, ages 4, 3, 16 and 19. Her family attends church weekly. She's proud of her sons; one sings in the church choir and the other is studying bio-chemistry in college. She lives in a quiet enclave where she and her husband are good friends with their neighbors. She doesn't drink alcohol, has never smoked a cigarette, and had never used cannabis before she found it as medicine.

### **Finding Cannabis**

Two years ago, Suzanne began using cannabis to help get to sleep at night when her knee pain was keeping her up. She found that infused honey works the best. She tried edibles and tinctures and did not like the taste of either. She does not want to smoke. She found out about honey by talking to people at different storefronts and getting referrals to herbalists. She never wants to make her own medicine.

"I'm not going to grow a plant myself," she said. "I've got little girls. I didn't want plants in my home. I've got two teenage sons, and they are all fine with everything. They look at me and say, "That's good. I'm glad that mom sleeps better." They spent half of their childhoods coming in when I had migraines and feeding me peanut butter crackers and oranges. Seeing their mom laid out for hours and hours was really scary for them."

She bought a small bottle of honey and brought it home. After experimenting with dosage levels, she realized that ¼ teaspoonful in a cup of hot tea before bedtime would make her feel better.

"The thing is, I have never been high," she said. "The honey does not make me high. I take it, and I just go to sleep at my normal time. I do not feel my knee as closely. I have less knee pain during the day. With cannabis, I'm noticing a huge improvement. I have more good days than bad days, and it used to be the other way around."

With just a tiny ¼-teaspoon dosage taken before bed, Suzanne's body is experiencing other, significant, round-the-clock benefits. She can now feel the migraines coming on

"It's just a slower process, and I think it's because the cannabis is in my system," she said. "I seem to catch them quicker because they don't come on as sharp."

She also uses a cannabis-infused salve applied directly to her knee, which she finds alleviates pain. She's considered applying the topical on the left side of her face to see if it helps with cluster migraines that occur there. An unforeseen benefit of the medical cannabis is that her therapy appears to have lowered her blood pressure. Her latest reading was 117 over 73.

"It's amazingly good, and I feel so much better," she said. "My doctor was thrilled to see the numbers go down. And it's all from taking ¼ teaspoon at night. That's all I take. The cannabis brought it all down."

# Finding Honey and Spreading the Word

While researching medical cannabis, she learned about the sad state of compassionate care in Montana. Wanting to see where the cannabis she was using was grown, where edibles were made, and to find the most natural product, she visited storefronts and nurseries. Several days later, when she drove by one of these places, she saw the people that she'd spoken with tied up outside as DEA agents ransacked businesses.

"The feds came in and ripped up the nursery where they had all of these plants," she said. "The people I had spoken to a few days earlier were zip tied and standing out there for hours. It was very, very terrifying for them. That was their income, and they were legit. Patients were also zip tied and had to stand out there for hours too. I have a legitimate card, and that could have been me. I would have been terrified."

She was outraged and wrote to the Governor, Brian Schweitzer, stating that the media coverage was biased and had tainted the image of medical cannabis in Montana.

"I told him that the TV campaigns talking about marijuana only showed a bunch of hippies with long hair missing half their teeth, and smoking joints," she said. "I told him that I'm a mom. I've never seen or smoked a joint, and that these legislators are drinking on their lunch hours and then driving back to work. It was disgusting to me that the media only portrayed the negative side of the story. He wrote me back and said that he agreed totally that medical marijuana had never been fairly represented."

### **Infused Medicine**

With Montana's new law, infused medicine is barely mentioned in relation to patients, which might make them tough to defend in a lawsuit, according to attorneys contacted for this story. Delivery methods outside of smoking were not given much attention by legislators drafting the Senate Bill 423 (SB423). Choosing primarily smoke, they did not seem to understand the idea that patients need to put thought into a delivery method. Smoking, which provides immediate, short-term benefit, is not the best solution for many. Ingested cannabis is metabolized by the liver before traveling through the bloodstream, a journey



# AUTO

# NEW! AUTO-FLOWERING

# FLOWERING

Blue Mystic Bubblelicious Northern Lights Short Rider Jock Horror

www.nirvana.nl

that can take up to 18 hours. Ingested cannabis, therefore, can be a powerful medicine.

"We tried to explain to legislators that different methods of medicating depend on what the illness is, and what the patient is trying to accomplish," said Jim Gingery, cannabis advocate and former caregiver. "We tried to explain dosing to them. Yes, legitimate patients do dose. Why? Because they have jobs. They have families. Mom may be very sick, but she still wants to take care of her kids and make dinner. These are real people."

To protect another innocent, the herbalist who created Suzanne's honey is not revealing his name. Producing infused honey with a highly concentrated cannabinoid extract is an art. With the proper science and lab-tested edibles, tinctures or honey concoctions, many patients' conditions have improved. The 8-ounce jars of infused honey that Suzanne first purchased were tested by Montana Botanical Analysis, a company that stopped testing cannabis following passage of SB423.

"It's all math," the herbalist advised. "Everyone was following hippie recipes from the 60s before. With science we've been able to zero in on strains. You need to properly activate the cannabinoids, and to grasp the knowledge of dosage levels and milligrams, to be able to capture that in a preparation. You don't want to over-heat it or you'll destroy the cannabinoids."

Forced out of business, the herbalist, who is also a patient, has begun teaching people how to make tinctures, salves, edibles, oil extracts and honey.

"We've got sick people here; we've got to keep it rolling," he said. "We're all trying to do it right, but nobody knows exactly what the law is. We don't know if we're safe ever,

because of the federal government. We're under an injunction with the state law, and nobody knows what's going on with that. There are lawsuits, and it's a mess."

### **Spreading the Word**

The prohibition brought on by SB423 will not prevent the science from being passed on from practitioner to patients, and from patients on into the general population. Despite the mainstream media's negative spin, the real story of medical cannabis is finding a wide audience. Suzanne, for one, has been spreading the good news to friends and relatives.

"I just put that honey jar on the table, and tell them," she said. "I was a good Catholic girl growing up, and never smoked or did anything. At first, they are shocked. Then they'll ask if it helps my migraines, and I say absolutely. They've seen me suffer for more than 20 years, and are happy for me."



711 extravaganza. blogspot. com





www.georgiatoons.com



# FINESTMEDICINALSEEDS



### Disclaime

The possession and transport of viable cannabis seeds is illegal in many countries, particularly in the USA. We do not promote the germination and growth of these seeds where prohibited by law. Our strains are intended for medicinal and research purposes only.



### TRIMPRO





Trimbox















Treating Yourself interviews the creator of

# The Omicron

### By Jeremy Norrie

TreatingYourself.com VapeOnTheGo.com FutureofFighting.com RLDDVD.com

have actual medical needs for my cannabis consumption and as such I have been in search of the most healthy delivery method for our wonderful medicine. Seems like vaporizing is one of the potential answers but the technology has been somewhat lacking. There are a few good home units but everything mobile has left me somewhat unsatisfied. Until now, let me tell you about the newest and greatest vaporizer on the market, the OMI-CRON. It's about the size of a pen, uses essential oils (you can even make your own), and works like a charm. Battery power lasts a decent amount of time and the efficiency of the unit is hard to beat. Simply push a button and inhale, wonderful vapor fills your lungs and in seconds you have fallen in love. This tool is going to really

### Thanks for taking the time out of your busy schedule to do this interview

help people, and I am excited to help bring it to you.

Without any further wait, let's talk shop with the creator

Gary: It is our pleasure to be here to talk about our company and what we do. We like to learn and educate as best as we can and would love to answer all the questions that Treating Yourself magazine readers want to ask. Hope we do our best to answer all the questions as best we can.

# Tell me how u got started with vaporizer industry & how you came up with the Omicron.

Gary: Well it was 2008 and I wanted to quit smoking, so a patient at Suite 215 collective in Van Nuys brought in a electronic cigarette and said "man if you want to quit you should try this" and I looked at it and was amazed that you can have a safe way to smoke nicotine, so a week later we ordered a electronic cigarette kit from a online store and it

arrived within a week. As I was using a light bulb went off in my head saying why can't we put cannabis in here. This is all how it started. This little idea gave birth to Thc Scientific and Delta9 Vapes. To this day we are trying to improve our technology to make it more efficient.

Did you have any interesting problems developing the product

Gary: Well the initial problem was that glycerin was not strong enough, so we set out to find the strongest glycerin based tincture, in 2009 we introduced our first cartridges with glycerin tinctures specifically made for this device. After feedback from close friends who are patients that it was not strong enough, we set forth to figure out what we can do to the glycerin formula to make it better. We tried to blend oils with glycerin but they do not mix, almost all current devices out there right now are using glycerin based cartridges that we developed 2 years ago, at that time we only had cotton cartridges to work with.

In 2010 we started working on pure oil cartridges without glycerin and found out that it was the strongest cartridge to date, there were draw backs to this also because people can only get 70-120 doses from each cartridge, we could not accept this, because our goal was to provide the best oil vaporizer and make it so that it would last 5 times more then what was our there, 100x stronger, and cost the same if not less, but we were limited to the technology as no cartridge was ever made for oils. While we were talking to Mike at CRC he said to us "I'll purchase these if it did not have cotton". Well our goal was to have places like Cornerstone Research Collective have these devices so we set out to make cartridges for the Omicron vaporizer that would not contain any cotton, no glycerin, and make it 100x stronger then glycerin cartridges and last 5x longer

of the Omicron.





than any other glycerin cartridge out there. We would have been happy with 3x longer, that was our first goal because we just did not want to over shoot and under achieve. Well long story short, after many failed attempts and designs, countless hours of works, no sleep, busted knuckles (yes this really happened), bowls smoked and cartridges tested we had our first working prototype. We were happy that it was working. So we decided to try it out and assembled 10 cartridges by hand. Out of the 10, 3 failed after the first 100 doses but the other 7 just kept going to 400+ doses on 1 gram of oil. We were amazed and wanted to replicate this. So we assembled 100 cartridges and started to test 2 at a time with a vacuum being the test dummy. 2 people were sitting in front of a vacuum and just pressing buttons for 8 hours a day. We had a 1% failure rate on that but most of all the cartridges went to 600+ doses. Few died at around 400+ and I think 1 died at 150 doses. With this new cartridge we decided to have people go at it. We had a few live testers to see what it was able to do, and in controlled testing the cartridges lasted 900+ doses of heavy use. Our next step was to make sure it will last if used nonstop for 200 doses, one after another, it passed with flying colors. The cartridge was so hot at the end that we couldn't touch it. And we are here with the current cartridge system that is a dual chamber, dual heating elements, 1 in each chamber, and a wick system. This current cartridge can provide 400+ doses for a gram, and will be able to vaporize almost all oils, just not the crappy black kind as that has too many impurities and leaks for some reason.

# Are there any other similar products to the Omicron? and how is your product different?

Gary: Yes there are other products out there. Similar? Only in looks. All of these products out there are glycerin based, they are not even in the same league as the Omicron and have no research and development behind them. Some are even started knocking off on our cartridge system, but we will see what our attorney will say about that. If it does not

have the Omicron Logo, www.thcscientific.com, or www.delta9vapes.com on it then it is a knock off. Let us know guys! People who did not do the research on this should not be rewarded with your business.

# How has the Omicron come along since its first design?

Gary: The battery itself went through only one design change. Our original units were black with chrome, now our units are all chrome to stand out from the rest.

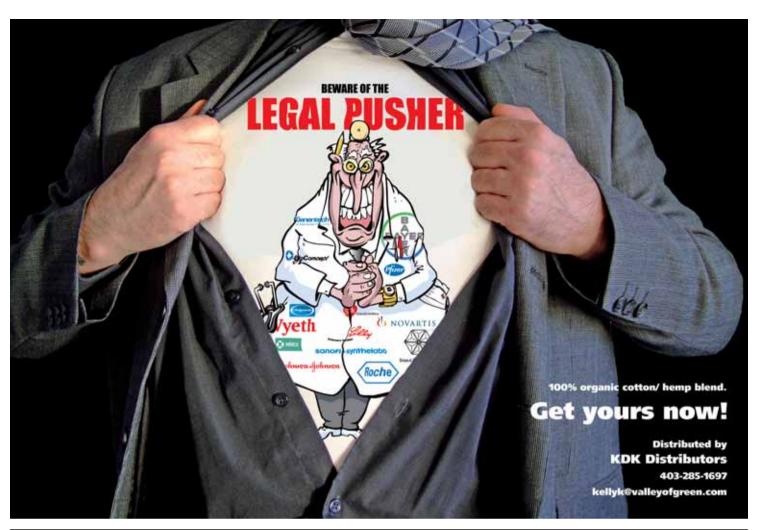
### Is it popular? What are the opinions and reviews like?

Gary: Well look at the forums, people are saying that we just changed the game, re-invented the wheel, or sliced bread. People do not leave home without it. It is the device that started the industry of oil vaporizers, and some people just need the Omicron to live a healthy life.

# In the future, is there anything new for the Omicron or in general is there anything you are working on or have new plans for?

Gary: We are currently working on a cartridge that will replace the Ti or quartz Nail, well maybe just equal the amount of vapor it can produce at one time. I doubt it will replace glass, but it sure is going to be a competitor! We are working on a flower cartridge, the Persei Vaporizer, the 8 vaporizer, the Alpha vaporizer, and the Centauri vaporizer. We also have a few more tricks up our sleeve just wait and you will see that Thc Scientific aka www.delta9vapes.com is the king of vaporizers Just wait. Copy and paste people Copy and Paste.

The Omicron is awesome. I have been using mine nonstop for weeks now and I have got to say I have grown to need it. My time has been saved in so many situations and the more it is with you the more you realize how versatile it is. There are so many situations where it comes in handy, like when you are on the phone or using one







hand to flip the channels on the remote. It is so easy to do, and there are so many situations where oil dabbing just isn't possible, it fills a gap that we never even noticed. So many people have got theirs and loved it, the enjoyment has been a great thing to watch. The pleasure of having someone come back after using theirs and say they loved it and tell me about how many great situations they had where they used it and it worked out great for them. The problems are so minimal and easy to avoid that having one slowly becomes an easy decision. More people will enjoy vaporizing this way also because of the added strength that comes from using a concentrated oil. That is one of the other great tricks this unit provides, the ability to use the strongest concentrated oils a person can obtain. Anyone can buy or make their oils as strong as they like and use the most desirable medicine they can find, no special type of juice pre-made and required for it to function properly. Anyone can make the concentrates this tool uses, there is no secret recipe. It was made for the masses to enjoy to the fullest, get one and start exploring.

# If you want to buy an Omicron at a special Treating Yourself discount or in bulk orders, please go to VapeOnTheGo.com (VAPE ON THE GO).

Thanks again to Gary from THC Scientific for taking the time to talk with us. I am sure these units are going to get even bigger and more popular. With the time and care they have put into the development of this new design and any future products, it's going to be very hard to make anything better or more efficient while remaining healthy and made from high quality materials. As people see and try these vaporizers they quickly realize why they actually don't just want one, they NEED one. Enjoy these things to the fullest, we finally have a great portable vaporizer we can use just about anywhere! Good luck to everyone who gets a chance to buy one, they are so popular the orders are going to be hard to keep up with! Make sure you all catch up with us again next time, if you ever use a vaporizer you will want to give the Omicron a try. I don't doubt you will want one immediately! Maybe you have been thinking about some way to be a little more healthy, or you need a more portable way to vaporize, this will be the answer. Next issue we will talk about more cannabis related news. If you enjoy these articles, follow me @Professor420 on Twitter for more personal stories & behind the scenes details & pictures from my articles, including things that don't make it in the magazine, and get them as they happen live. Also don't forget to check out www.FutureofFighting.com to bet on fights and get the latest news about UFC and other Mixed Martial Arts. Go to www.RLDDVD.com for the very best DVD about Amsterdam's Red Light District. Take it easy, have fun, don't believe the hype! Find success and make it work for you.

Treating Yourself catches up with

# Badabing & Zenit

By James

ermany has a great history of scientific glass-blowing and it will come as no surprise that in more recent times this has been put to great use within the cannabis community. While German made Schott-Duran glass or Lenz ground glass joints are used almost universally by the highest end functional glass artists worldwide, the main stage in Europe has been dominated by one company: Roor. Although this has been largely justified



through years of producing only the highest quality water pipes, they are not the only dog in town. At Cultiva in Vienna we caught up with two highly experienced functional glass artists with almost 40 years experience between them to discuss their upcoming work together. Sascha, and his newly founded "Badabing", and Frank, with his long running "Zenit" production line, have recently begun to work together on a series of collaborations. Their goal to bring the world of pipe making in Germany to the 21st century by combining the traditional German perfectionism with modern developments in water pipe technology. We asked them a few questions about what to expect from them in the near future...

### What brought the two of you to work together?

Frank: After a few phone-calls we met at a glass-blower's convention in the South of Germany. There we found out that, while we both concentrated on very different techniques and styles, we had many common interests. During the first collaboration we realized that this variety created many new possibilities for both of us and we decided to continue to work together closely.

### How long have you been working with glass?

Frank: I am a fourth generation glass-blower, who has lived and worked glass for 25 years now. I started at the age of fifteen working in my fathers shop, earning myself a little extra pocket money by selling small glass trinkets and figurines to my classmates. From 1987-89 I studied as an apprentice scientific glass-blower before becoming a full time scientific glass-blower and neon

bender. During this time I never stopped working on artistic glass in my fathers studio. I began to work for myself in 2003 and began my functional glass line "Zenit" in 2005.

### What are your future goals for your glass company?

Frank: We want to start to work on collaborations more regularly. That gives us a chance to learn from each other and develop new styles and skills. I believe that this way we will continue to evolve and develop as artists.

# What inspires you to create your artistic and functional glass pieces?

Frank: The endless variation and possibilities with glass constantly inspires me to try out new techniques. Glassworking has no limitations, which allows me to constantly challenge myself.



Sashca & Frank

## What is your most memorable moment since you started blowing glass?

Frank: Still after all these years the greatest moment for me was finishing my apprenticeship in scientific glass-blowing with honors.

### What brought the two of you to work together?

Sashca: Actually we knew each other from telephone conversations for quite some time before we met in person. I once called Frank for help with technical problems at the company I worked before I built my own studio. I was very pleased with not only the assistance he gave but the kindness and professionalism that came with it. It was not until much later that he told me he had been honoured to be called by such a well respected company. After I left Roor a friend of mine named Axel, who owned a head shop in Berlin and was also getting into glass blowing, asked me about my future plans. At the time I had no real plans but I was in the process of building a full studio from scratch. When Axel could not blow glass any more due to health problems he suggested I contact Frank and see about doing some collaborations with him. I immediately forgot about this, as the stress of the shop build and the illness of my wife took centre stage, but unbeknownst to me Axel had also said the same thing to Frank. So one day out of the blue the phone went, and it was Frank. We discussed how we could work together on some common projects in the near future. It was not however until a small lamp working convention in South Germany, at which we were the only members of the functional glass community, that we eventually met. He brought some of his percolated pieces and I some of my non-functional art pieces. The way he employed his scientific background in his pipes blew me away and he seemed impressed by my colour working abilities. The enthusiasm of this first meet rolled over the whole convention and together with all the attendees we created a crazy collaborative vessel. Literally

one artist would finish a section before another would add. It still took a little while to turn this positivity into functional collabs, as Frank was busy with his Zenit line and I was still getting my feet back on the ground....but finally here we are.

### How long have you been working with glass?

Sashca: I started my apprenticeship in 1998 as a scientific glassblower. After the apprenticeship I worked for a quartz company until 2003 but found myself ill suited to this kind of work, this was not the reason I began blowing glass. I worked with Roor from 2003-2010 and learned a great deal about the functional glass scene. Since then I have been self employed, so that makes it about 13 years I've been working with glass.

# What is your most memorable moment since you started blowing glass?

Sashca: I have had a few! One definitely has to be looking at a Mike Fro piece that Martin Birzle was kind enough to bring to the glass-school in 2001 while I was still in apprenticeship. I was looking at the piece, a nice double-bubbler if I remember correctly and I just couldn't believe it was made of boro, nor that it was made on the same torch I was working on for years. All the Dichro, the attachments, the line-work, was just unbelievable. I thought it was furnace-work, mould-blown, or something.... Martin was also kind enough to let me watch Jesse Kohl introducing Northstar Colors to Germany in his home shop and let me make my first Dichro-marble on the torch. Thanks again to Martin. My first furnace-class under the de la Torre Brothers was also mind-blowing. So





was the first contact with US-Blowers, who introduced me to a whole new language in glass, one that I had never realised before, thanks for that! Many more intense experiences followed through the years. Collabing with Hops and Nate Dizzle at the RooR studio in 2009 was a great experience, just like attending the GAS-conference 2009! I also recently took a Eusheen and Natey Biskind class in Colorado and was lucky enough to catch a John Kobuki demo in Stuttgart/Germany. Thanks again to all of you, you know who you are!

# What inspires you to create your artistic and functional glass pieces?

Sashca: The glass itself and the possibilities it has within itself. Glass gives you the possibility to create a parallel universe to the world we live in. It clearly shows you where your limitations are and embraces you when you overcome these. It takes you by the hand and might bring you to highest peaks or the deepest valleys you can imagine. It's a representation of life itself. I love it. I hate it. It's a part of me.





### What are your future goals for your glass company?

Sashca: I want to expand my knowledge and abilities as a glass-blower and further provide my customers with glass that comes from the heart. There are so many techniques I haven't dived into yet! The live collaboration idea from over the Atlantic is one that I would really like to embrace more in the future and generate interest in that idea here, not only on the customer side but also on the artist side. There are so many good artists working in the wide field of glass! The collab with Zenit is the beginning, focusing on combining the modern borosilicate art the American blowers have inspired me with and the clean and high-quality scientific work Frank of Zenit is continuing into the fourth generation in his family! You are going to see unique pieces from BadaBing and another very talented German glass artist in the near future. I want to give something back to all the contemporary blowers from the counter-culture that inspired me. With the idea of collaborating with other artists I want to put a statement against all people just trying to get rich by flooding the market with mass-produced glass that has no soul and energy at all. The idea of working together (or at least in a friendly competition) just feels so much closer to me. Call me naive, but I'm going to put in all the effort I can to bring honesty and pride in the form of glass to the people, If I can provide for my family with that all my dreams have become reality!

While all the original collaborations are currently housed at 1 of a Kind Glass, Frank & Sascha are hard at work on both their own production lines and further series of collabs due to land in Canada any day now.

For wholesale or retail enquiries please contact info@1ofakindglass.com ■

# The Fresh Taste of Friendship:

Zenit&BadaBing, strong and unique.







Fine Borosilicate Collaborations 100% made in Germany!

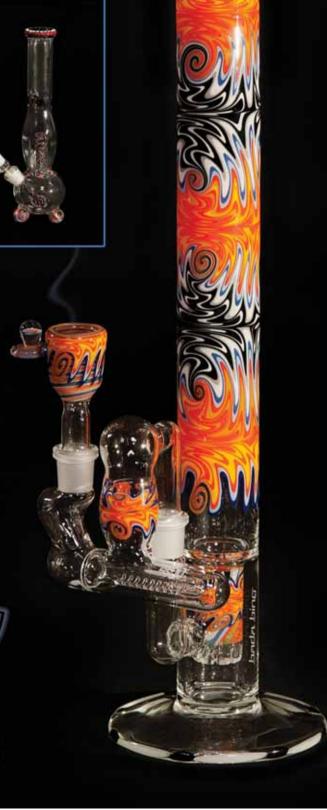
Wholesale and Custom inquiries welcome! Available through 1ofakindglass.com!







badabing.zenit-bong.de





fter several years in the glass game we've seen a lot of names come and go but Steve Gelb has been a constant. Throughout the years his work has constanly evolved, always maintaining a distinctly old school style but with with a new twist in each case. He currently works in the famous "Buttermilk Studios" just outside Ithica NY, a place that has played host to some of the greatest in the functional glass world. With Marcel Braun, Jason Lee, Ease and Marbleslinger (to name but a few) all having stopped in over the years, whether to hold workshops or just throw down, it is no wonder that Steve's never short of inspiration.

As a family man, a biker and glassblower Steve is a very busy man but we managed to get him to take a minute out from his busy schedule to have a talk with TY.

### How Long have you been blowing glass?

Steve: I began working glass in 1996 (16 years ago) geez ... I'm old.

### What got you into blowing glass?

Steve:I've always been into doing creative art related activities so when my brother got a job working at a large production furnace worked soft glass facility in West Virginia, I looked into glass. A furnace set-up is large and expensive so I turned to flameworking. I took a bunch of books out of the library on scientific glass working, bought a cheap torch and supplies and went crazy.

### What were your most memorable moments over the years?

Steve: Setting up my first real studio in my barn- my first big sales and feedback. - Watching Brad and a few of the Chameleon Glass guys work glass a year after I was in to it, I felt like I needed to start all over again because they were so fast and efficient. -Working with Tim (Ease) Carruthers



















and Eli Zygmuntowicz, those guys had me sweating their technique and were cool enough to show me the ropes! The year I moved to Burlington VT and met and worked with Sean Foley, Frito and Lane, That was a big turning point because we spent every day and night in the studio, working and being super focused on glass all of the time, everyone was always really supportive of each other which helped in making a very creative workspace. Doing demos in front of the full tank store in Burlington.- Last but not least, getting the Buttermilk studio space together here in Ithaca with the Burlington guys and hosting workshops with Robert Mickelsen, Emilio Santini and a bunch of other fantastic artists.

## Are you looking forward to coming up to Toronto for the Treating Yourself Expo?

Steve: Yep! Sounds like fun, I'm hoping to make a vacation out of it and see what that area of Canada has to offer for mountain biking if I have time.

### Is this the first time performing live like this?

Steve: No, Ive done tons of demos and shows over the

years, its usually really fun. One of the most memorable was an all night demo in front of a bar in Saratoga Springs NY during the week of the horse races. We ended up getting drunk and goose-necking empty wine bottles in the flame for the crowds all night!

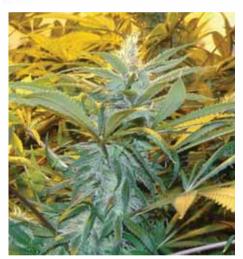
### What do you get up to when you're not blowingglass?

Steve: First and foremost, having fun with my wife and Little Boy hiking and playing in the woods. Otherwise, I have a serious Mountain bike habit, I spend a ton of time riding, building and searching for the hidden downhill runs in my area, we have a strong scene here for it and its pushed me in the direction of trying to get involved with the outdoor industry in one way or another. My glass studio usually has a pile of bikes and a workstand around, we have great downhill runs right behind the studio and a bunch of us get lunch break rides regularly. Our crew is responsible for building and maintaining some of the best trails in the area, cross country and freeride alike...If you ever want a tour, hit me up!





Columbian Gold



Columbian Gold



Columbian Gold



### Physical Test

Strain: Colombian gold

Breeder: World Of Seeds

Grower: Airedog

Judge: Skunk-mad, miss knapper & Airedog

Date: January 10, 2012

**1. Visual Appeal:** 10 *Visual appeal of the buds from* 1-10 *unappealing-excellent.* 

**2. Visible Trichomes:** 9.5 *Visible trichome content from* 1-10 *none-totally covered.* 

3. Colors that are present in the trichome heads under magnification:

Clear – Cloudy 50% Amber 40% Dark 10%

**4. Colors present in the buds** and/or on a scale 1-9 light-dark: Brown 7, Green 8, Rust 6, Black 7

**5. Bud density: 9** *Bud density from* 1-10 *airy-dense.* 

**6. Aroma descriptors:** scale from 1-9 upon freshly broken bud where a one indicates a subtle presence and 9 indicates a pronounced presence.

Earthy 3, Hash 8, Citrus 3, Spice 3

**7. Aroma:** 10 *Aroma from* 1-10 *repulsive-delightful.* 

**8. Seed content: 0** *Seed content from* 0-10 *none-fully seeded.* 

**9. Weeks cured:** 5+ *If know the number of weeks your sample has been cured.* 

 $\label{lem:comment} \begin{tabular}{ll} \textbf{Comment} - \textbf{When I first saw this colombian gold I was overwhelmed by the amazing black color leaves coated in so much sticky the. This is some of the prettiest looking plants I have had the pleasure to smoke. The buds are extremely dense 10/10 for bag appeal.}$ 





### Smoke Test

Muscular movement disorders

Nausea

**Panic Attack** 

- 1. Utensils: TY RooR, Herbalaire vaporizer & Headquarter papers
- **2. Taste descriptors:** Use numbers 1-9 that apply to the taste where 1 indicates a subtle presence and 9 indicates a very pronounced presence Earthy 3, Menthol 3, Hash 8, Musk 2, Spice 4
- **3. Taste:** 9 *Impression of the taste from* 1-10 *unpleasant-delicious.*
- **4. State of dryness: 5** 1-10 wet-dry where 5 is ideal.
- **5. Smoke ability:** 8 *smoke ability of the sample from* 1-10 *harsh-smooth.*
- **6. Smoke expansion:** 8 *smoke expantion in the lungs from* 1-10 *stable-explodes.*

Smoke Test Comments: - This bud was tried in several different methods to hopefully give the best overall test but we found it best when vaporized. The smoke has a slightly earthy taste which is then followed by a lovely hash taste which took me back to the early 90,s when we used to smoke Colombian gold seal hash. This strain explodes like an atom bomb when ran through a water bong & has an amazing long lasting high.

### **FOLLOW UP OUESTIONS**

- 1. Dosage: 2 bags, 1 bowls, 1 joints to reach desired effects.
- **2. Effect onset:** 1 Rate of how quickly the effect hit from 1-10 immediate-major creeper.
- 3. Sativa influence: 9 Sativa influence (best described as a clear and energetic mental effect) detected from 0-10 none-extreme.
- **4. Indica influence:** 1 indica influence (best described as a sedative, lethargic or numbing effect) detected from 0-10 none-extreme.
- **5. Potency: 9** *Rate the potency of the sample from* 0-10 *none-devastating.*
- 6. Duration of effect: 2.5 hrs
- **7. Tolerance build up:** 5 Rate of how quickly tolerance builds from 0-10 none-rapid.
- 8. Usability: from 1-9, a one indicates the worst time of day to consume this strain and a nine represents the ideal time of day.
  - Morning/wake up 2 Day/work 5 Evening/relax 8 Night/sleep 9
- **9. Overall satisfaction:** 8 Rate your overall satisfaction from 1-10 poor-Holy Grail.
- **10.** Ability and conditions: 9 Rate your overall ability to judge from 1-10 low-high.
- 11. Do you personally consider this strain a keeper for long term use? Yes
- **12. Effect:** What effect did the strain have write P if the you got a POSITIVE effect and N if you had a NEGATIVE effect
  - Ability to rest or sit still
  - P Anxiety relief Paranoia relief
    P Appetite P Sex drive
     Audio perception Sleep
    P Humor perception Speech process
  - P Imagination/creativity Taste perception
     Pain relief Thought process
    - Visual perception

### **Extended Medical Survey:**

- ADD/ADHD P Depression
- Allergic rhinitis - Diarrhea
- Amphetamine Dependence - Epilepsy
- Anorexia - Glaucoma

- Anorexia - Glaucoma - Peripheral nerve pain
- Arthritis/Musculoskeletar pain - Hepatitis - Post traumatic Stress Disorder
- Asthma/Cough - High blood pressure/Racingpulse - PreMenstrual Syndrome
- Bipolar disorder - Sedative/Opiate Dependence

Cancer/Chemotherapy
 Chronic fatigue
 Migraine/vascular headache
 Schizophrenia
 Spasticity in Multiple Sclerosis

- Crohn's/IBS - Muscle Spasm

**FINAL COMMIENTS:** - We were very satisfied in every way where this strain is concerned it definitely helped with my insomnia along with moderate pain issues. The high is not a couch lock high but it is a very strong high so you could possibly work on it but in my opinion it is best for a night time smoke as it has a devastating kick which if smoked during the day could do more harm than good. Thank you airedog for growing out this amazing looking stain & I must say that this is one of the only strains that actually smell & smoke like killer hash.





Diesel



Diesel



Diese1



### Physical Test

Strain: Diesel
Breeder: Dinafem
Grower: Skunk-mad
Judge: Skunk-mad
Date: Dec 12, 2011

**1. Visual Appeal: 9** *Visual appeal of the buds from* 1-10 *unappealing-excellent.* 

**2. Visible Trichomes:** 9 *Visible trichome content from* 1-10 *none-totally covered.* 

3. Colors that are present in the trichome heads under magnification: Clear 5% Cloudy 35% Amber 50% Dark 10%

**4. Colors present in the buds** *and/or on a scale 1-9 light-dark:* Brown 8, Green 7, White 7, Orange 6

**5. Bud density: 5** *Bud density from* 1-10 *airy-dense.* 

**6. Aroma descriptors:** – *scale from 1-9 upon freshly broken bud where a one indicates a subtle presence and 9 indicates a pronounced presence.* 

Pepper 3, Fruit 7, Hash 2, Skunk 7, Citrus 8

**7. Aroma:** 9 *Aroma from* 1-10 *repulsive-delightful.* 

**8. Seed content:** 2 *Seed content from 0-10 none-fully seeded.* 

**9. Weeks cured:** 8+ *If know the number of weeks your sample has been cured.* 

Comment -This stain has an amazing bud structure, every bud is huge and filled with glistening trichomes. The bud,s break apart very easily after 8 weeks of curing but still leaves a stickyness to your fingers. When examined under the scope the trichiomes were very small stemmed but had huge bulbous amber trichomes. Excellent bag appeal 10/10.Look,s great but smokes better.





### Smoke Test

- 1. Utensils: TY RooR bong, Herbalaire vaporizer 2.1, Headquarter papers
- 2. Taste descriptors: Use numbers 1-9 that apply to the taste where 1 indicates a subtle presence and 9 indicates a very pronounced presence fruit 4, Petroleum 3, Hash 3, Skunk 6, Citrus 7, Spice 4
- **3. Taste:** 9 *Impression of the taste from* 1-10 *unpleasant-delicious.*
- **4. State of dryness: 5** 1-10 wet-dry where 5 is ideal.
- **5. Smoke ability:** 8 *smoke ability of the sample from* 1-10 *harsh-smooth.*
- **6. Smoke expansion:** 9 *smoke expantion in the lungs from* 1-10 *stable-explodes.*

Smoke Test Comments: - We tried this strain using the TY RooR, the herbalaire and in joint form but found it most effective when vaporized. The smoke/vapor is extremely thick even when vaporized at a low temp and hits those lungs with a bang giving a mouth watering diesel taste followed buy a lovely lime taste on the exhale. The high from this strain is very long lasting with a powerful head high and a total body buzz that still leaves you capable of working but has the power to knock you out if that is what you need,

### **FOLLOW UP QUESTIONS**

- 1. Dosage: 2 bowls, 2 vapor bags or 2 joints to reach desired effects.
- **2. Effect onset:** 1 Rate of how quickly the effect hit from 1-10 immediate-major creeper.
- **3. Sativa influence:** 4 Sativa influence (best described as a clear and energetic mental effect) detected from 0-10 none-extreme.
- **4. Indica influence:** 6 indica influence (best described as a sedative, lethargic or numbing effect) detected from 0-10 none-extreme.
- **5. Potency:** 9+ Rate the potency of the sample from 0-10 none-devastating.
- 6. Duration of effect: 2.5+ hrs
- **7. Tolerance build up:** 2 *Rate of how quickly tolerance builds from* 0-10 *none-rapid.*
- **8. Usability:** from 1-9, a one indicates the worst time of day to consume this strain and a nine represents the ideal time of day.
  - Morning/wake up 4 Day/work 6 Evening/relax 8 Night/sleep 9
- **9. Overall satisfaction:** 8+ Rate your overall satisfaction from 1-10 poor-Holy Grail.
- **10. Ability and conditions: 9** *Rate your overall ability to judge from* 1-10 *low-high.*
- 11. Do you personally consider this strain a keeper for long term use? Yes

Sleep

- **12. Effect:** What effect did the strain have write P if the you got a POSITIVE effect and N if you had a NEGATIVE effect
  - Ability to rest or sit still Paranoia relief Anxiety relief Sex drive
  - Appetite N
  - Audio perception Speech process **Humor perception** Taste perception
  - Imagination/creativity Thought process Pain relief Visual perception
- **Extended Medical Survey:** 
  - P ADD/ADHD Depression Muscular movement disorders Diarrhea Nausea Allergic rhinitis **Amphetamine Dependence Epilepsy** Panic Attack Glaucoma Peripheral nerve pain Anorexia Post traumatic Stress Disorder Henatitis Arthritis/Musculoskeletar pain High blood pressure/Racingpulse **PreMenstrual Syndrome** Asthma/Cough Insomnia Sedative/Opiate Dependence Bipolar disorder
  - Cancer/Chemotherapy Itching Migraine/vascular headache **Spasticity in Multiple Sclerosis** Chronic fatique P Crohn's/IBS Muscle Spasm

Schizophrenia

FINAL COMMENTS: -As I suffer from severe panic attacks it can be hard to find a strain that does not set my panic attacks off which some high the strains can do, that is why i love this strain it has a highish the count(12-16%) but has not set my panic attacks of rather i have got more done whilst testing this strain than in many years that is why i also think it could have a high cbd count? This strain can pack a punck to put you asleep but you can also smoke this strain all day in moderation and still work (also very hard to find in a high end the strain). I personally loved this strain and i will keep this strain going for some years to come. A great all round strain who could ask for more, thank you dinafem.





Sweet Deep Grapefruit



Sweet Deep Grapefruit



Sweet Deep Grapefruit



### Physical Test

Strain: Sweet Deep Grapefruit

Breeder: Dinafem
Grower: Swissmiss

Judge: Skunk-mad, Miss Knapper & thomas tucker

Date: Dec 12, 2011

**1. Visual Appeal:** 8 *Visual appeal of the buds from* 1-10 *unappealing-excellent.* 

**2. Visible Trichomes:** 8 *Visible trichome content from* 1-10 *none-totally covered.* 

3. Colors that are present in the trichome heads under magnification: Clear 25% Cloudy 50% Amber 20% Dark 5%

**4. Colors present in the buds** *and/or on a scale 1-9 light-dark:* Brown 8, Green 4, White 6, Red 3, Rust 3, Orange 4

**5. Bud density: 9** *Bud density from* 1-10 *airy-dense.* 

**6. Aroma descriptors:** – scale from 1-9 upon freshly broken bud where a one indicates a subtle presence and 9 indicates a pronounced presence.

Earthy 2, berry 2, Pepper 2, Blueberry 4, Grapefruit 5, Pineapple 8, Hash 6, Spice 3

**7. Aroma:** 10 *Aroma from* 1-10 *repulsive-delightful.* 

**8. Seed content:** 2 *Seed content from 0-10 none-fully seeded.* 

**9. Weeks cured:** 8+ *If know the number of weeks your sample has been cured.* 

**Comment** -his strain produced some very nice size compact buds with an average overall crystal content. This is a very pretty looking strain and when you first see it you are overwhelmed with the amount of pistils that have been produced which makes this a very red/rusty looking strain. The trichomes under the scope had very long stems with small 70-90micron clear/amber heads which made the trim excellent for full melt bubble hash.9/10 for bag appeal.





### Smoke Test

- 1. Utensils: TY RooR bong, Herbalaire vaporizer 2.1, Headquarter papers hemp
- **2. Taste descriptors:** Use numbers 1-9 that apply to the taste where 1 indicates a subtle presence and 9 indicates a very pronounced presence Pepper 2, Blueberry5, Fruit 4, Grapefruit 6, Pineapple 9, Skunk 7, Spice 4
- **3. Taste:** 9*Impression of the taste from* 1-10 *unpleasant-delicious.*
- **4. State of dryness: 5** 1-10 wet-dry where 5 is ideal.
- **5. Smoke ability:** 10 *smoke ability of the sample from* 1-10 *harsh-smooth.*
- **6. Smoke expansion:** 1 *smoke expantion in the lungs from* 1-10 *stable-explodes.*

Smoke Test Comments: - When trying to get the best out of our medication we try it via different methods to find out which method suits us best and the Sweet deep Grapefruit performed best when smoked through a bong. The smoke is very thick but stable so it does not leave you coughing but with a rather unique pineapple taste which on the exhale turns into a lovely tasting sweet skunk with a blueberry aroma. A very unique tasting strain that leaves you feeling up and full of energy this is not the strongest strain we have tried but sometimes strength is not everything this is however one of the best tasting strains we have tried.

### **FOLLOW UP QUESTIONS**

- 1. Dosage: 2-3 bowls, 2 vapor bags, 2 joints to reach desired effects.
- **2. Effect onset:** 8 *Rate of how quickly the effect hit from* 1-10 *immediate-major creeper.*
- **3. Sativa influence:** 4.5 Sativa influence (best described as a clear and energetic mental effect) detected from 0-10 none-extreme.
- **4. Indica influence:** 5.5 indica influence (best described as a sedative, lethargic or numbing effect) detected from 0-10 none-extreme.
- **5. Potency:** 8 Rate the potency of the sample from 0-10 none-devastating.
- **6. Duration of effect:** 15 2 hrs
- **7. Tolerance build up:** 5 Rate of how quickly tolerance builds from 0-10 none-rapid.
- 8. Usability: from 1-9, a one indicates the worst time of day to consume this strain and a nine represents the ideal time of day.
  - Morning/wake up 6 Day/work 9 Evening/relax 7 Night/sleep 5
- **9. Overall satisfaction: 7** *Rate your overall satisfaction from* 1-10 *poor-Holy Grail.*
- **10. Ability and conditions: 2** *Rate your overall ability to judge from* 1-10 *low-high.*
- 11. Do you personally consider this strain a keeper for long term use? Yes
- **12. Effect:** What effect did the strain have write P if the you got a POSITIVE effect and  $\mathbb{N}$  if you had a NEGATIVE effect
  - Ability to rest or sit still
     Paranoia relief
     Anxiety relief
     Sex drive
  - Appetite Sleep
  - P Audio perception Speech process
    P Humor perception Taste perception
    - Imagination/creativity Thought process - Pain relief P Visual perception

### **Extended Medical Survey:**

- P ADD/ADHD Depression Muscular movement disorders Allergic rhinitis Diarrhea Nausea **Amphetamine Dependence** Epilepsy Panic Attack Glaucoma Peripheral nerve pain Anorexia P Arthritis/Musculoskeletar pain Hepatitis Post traumatic Stress Disorder High blood pressure/Racingpulse **PreMenstrual Syndrome** Asthma/Cough Insomnia Sedative/Opiate Dependence Bipolar disorder Cancer/Chemotherapy Itching Schizophrenia Migraine/vascular headache **Spasticity in Multiple Sclerosis** Chronic fatigue
- P Crohn's/IBS Muscle Spasm

**FINAL COMMMENTS:** -We were quite impressed with this strain but felt that it was lacking something maybe this could be down to this not being the strongest strain out their but it still was a very good medicinal strain with some excellent medicinal properties. With this strain not being overly strong it did help with panic attacks, mild pain issues and migraines if caught in time, we also found this strain very helpful in the treatment of Crohns/IBS & mild depression. Quite a good little strain, one thing we did find unusual was that it tasted more like pineapple and not grapefruit but hey thats life.







### **BARNEYS FARM**

REGULAR PACKS OF 10	
8 Ball Kush	\$44.00
Acapulco Gold	\$51.00
Amnesia Lemon	\$56.00
Blue Cheese	\$51.00
Crimea Blue	\$41.00
Dr Grinspoon	\$59.00
G 13 Haze	\$59.00
Honey B	\$48.00
Laughing Buddha	\$57.00
L.S.D.	\$56.00
Morning Glory	\$57.00
Night Shade	\$56.00
Phatt Fruity	\$42.00
Pineapple Chunk	\$51.00
Red Cherry Berry	\$42.00
Red Diesel	\$59.00
Red Dragon	\$56.00
Sweet Tooth	\$57.00
Tangerine Dream	\$59.00
Top Dawg	\$54.00
Utopia	\$44.00
Vanilla Kush	\$63.00
Violator Kush	\$57.00

REGULAR SEEDS PACKS OF 10 Laughing Buddha \$78.00 \$62.00 Morning Glory Sweet Tooth \$69.00 \$78.00 Violator Kush

FEMINIZED AUTO FLOWER SEEDS PACKS OF 5 \$39.00 Little Cheese \$41.00 Pineapple Express



### BC BUD DEPOT

DC DOD DLI OI	
REGULAR PACKS OF 12	
BC God Bud	\$105.00
The Purps	\$105.00
BC Mango	\$90.00
BC Blueberry	\$90.00
BC Sweet Tooth	\$90.00
BC Sweet God	\$90.00
The Black	\$90.00
Texada Timewarp	\$90.00
BC Pine Warp	\$90.00
Purple Buddha	\$75.00
Burmese	\$75.00
Jack Herer Feminized	\$150.00



FEMINIZED PACKS OF 5	
White Dwarf	\$60.00
Red Dwarf	\$45.00
Deimos	\$60.00
Syrup	\$55.00
Quasar	\$70.00
Pulsar	\$70.00

CASH CROP KEN REGULAR PACKS OF 10	
Kenny's Mix Mostly Indica	\$30.00
Jas Bud Kish x Burmese	\$45.00
Kish x Juicy Fruit	\$45.00
OG Nukush	\$45.00
Posh Kish x Honey Pot Kush	\$45.00
Purple Nukush	\$45.00
Nuken x Purple Kush	\$45.00
Rene x Nuken	\$45.00
Watermelon x Nuken	\$45.00
White Widow x Nuken	\$45.00
Bubba Kush X Nuken	\$45.00
Mental Floss X Nuken	\$45.00
Kish	\$75.00
Nuken	\$75.00

### **DINAFEM SEEDS** FEMINIZED PACKS OF 5

White Widow	\$75.00
Shark Attack	\$50.00
Moby Dick	\$83.00
Blue Widow	\$60.00
Blue Hash	\$66.00
California Hash Plant	\$72.00
Moby Hash	\$74.00
Power Kush	\$53.00
Critical+	\$68.00
Diesel	\$48.00
Blue Fruit	\$53.00
Industrial Plant	\$74.00
Original Amnesia NEW	\$65.00
Cheese	\$53.00
White Siberian	\$50.00
Moby Dick #2	\$71.00
Critical Jack	\$56.00
Cloud #9	\$45.00
Sweet Deep Grapefruit	\$48.00

AUTOFLOWERING FEMINIZED PACKS of 5 \$45.00 Fruit \$60.00 Haze \$60.00 Critical+ Roadrunner \$60.00 Roadrunner#2 \$54.00 Critical Jack NEW \$56.00



### **DNA/ RESERVA PRIVADA**

FEMINIZED PACKS OF 6 60 Day Wonder Autoflower\$83.00 \$60.00 C13 Haze Cannadential \$75.00 \$90.00 Chocolope Connie Chung Hashplant Haze \$83.00 \$60.00 Kushberry LA Confidential \$75.00 \$90.00 LA Woman \$90.00 Lemon Skunk \$60.00 \$83.00 ReCon Rocklock \$60.00 Sharksbreath '09 \$60.00 Sleestack Sour Cream Sweet Haze Cole Train \$90.00 \$60.00 \$60.00 Cole Train \$75.00 Confidential Cheese \$75.00 Kandy Kush \$90.00 OG Kush \$105.00 R.K.S. \$60.00 Silver Bubble \$60.00 Sour Kush The OG #18 \$105.00 \$105.00 Tora Bora \$90.00



### **EVA SEEDS**

EVA JEEDS	
FEMINIZED INDICA PACKS	OF 5
African Free	\$56.00
High Level	\$56.00
Jamaican Dream	\$88.00
Missing	\$80.00
Monster	\$56.00
Nexus	\$56.00
PAPA'S Candy	\$80.00
Pink Plant	\$96.00
T N T Kush	\$88.00
VENENO	\$98.00



### FINEST MEDICINAL SEEDS

I IIVEST WILDICH	MAL JELD.
FEMINIZED INDICA PACK	S OF 5
Citrus Skunk	\$75.00
Medifemss	\$75.00
Medi Kush	\$75.00
Peace Maker	\$75.00
Skunk NL	\$75.00
White Rhino	\$75.00
White Widow	\$75.00

FEMINIZED SATIVA PACKS OF 5 Amnesia Haze \$95.00 \$95.00 \$95.00 G13 NL 5 Haze

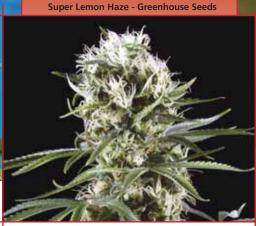


Peacemaker- FMS Seeds

Sensi Star - Paradise Seeds



Avalon - Next Generation





### Distributed by:



2979 Lake Shore Blvd W Etobicoke, Ontario, M8V 1J8 T: 647 346 7800 F: 647 349 9300 WE DON'T SHIP SEEDS TO THE USA

### Catering to the needs of licensed growers across Canada.

### GREEN HOUSE SEED CO.

FEMINIZED PACKS OF 5	
Big Bang	\$30.00
The Church	\$35.00
A.M.S	\$35.00
Kalashnikova	\$35.00
Super Bud	\$35.00
Excodus Cheese	\$35.00
Lady Burn 1974	\$38.00
Arjan's Haze #3	\$38.00
Lemon Skunk	\$38.00
Greenhouse Thai	\$38.00
Diamond Girl	\$38.00
Cheese	\$42.00
Pure Kush	\$42.00
Himalaya Gold	\$48.00
Moby Dick	\$48.00
Trainwreck	\$48.00
NL5	\$48.00
Alaskan Ice	\$48.00
King's Kush	\$48.00
Chemdog	\$48.00
Jack Herer	\$48.00
Super Critical	\$48.00
K-Train	\$52.00
Bubba Kush	\$52.00
Kaia Kush	\$52.00
Damns Sour	\$52.00
White Widow	\$55.00
White Rhino	\$55.00
Great White Shark	\$55.00
El Nino	\$55.00
Super Silver Haze	\$62.00
Nevill's Haze	\$62.00
Hawaiian Snow	\$62.00
Arjan's Haze #1	\$62.00
Arjan's Haze #2	\$62.00
Arjan's Ultra Haze #1	
Arjan's Ultra Haze #2	
Arjan's Strawberry Haze	
Super Lemon Haze	\$68.00
autoflowering strains	£40.00
Big Bang Autoflowering	J\$48.UU

Green-o-Matic \$48.00 Super Critical Auto \$60.00 mix packs Sat/Ind mix A \$48.00 Sat/Ind mix B \$48.00 Sat/Ind mix C \$48.00 Sat/Ind mix D \$48.00 Indica mix E \$48.00 Indica mix F \$48.00 Indica mix G \$48.00 Indica mix H \$48.00 Indica mix I \$48.00

\$48.00

\$48.00

\$52.00

Black & White

Rasta K

Sativa Mix

### KANNABIA

FEMINIZED PACKS OF 5	
Afrodite	\$44.00
Big band	\$44.00
Citrus	\$44.00
Kannabia special	\$44.00
La blanca	\$44.00
La reina de africa	\$44.00
Mataro blue	\$44.00
Original berry	\$44.00
Power skunk	\$44.00
Smile	\$44.00
Thai fantasy	\$44.00
White domina	\$44.00
Queso	\$44.00
Afrodite auto	\$44.00
Big band auto	\$44.00
Bcn diesel auto	\$44.00
Kannabia special auto	\$44.00
La blanca auto	\$44.00
Mataro blue auto	\$44.00
Power skunk auto	\$44.00
Smile auto	\$44.00
Thai fantasy auto	\$44.00
White domina auto	\$44.00
Flash auto	\$44.00
Gnomo auto	\$44.00



REGULAR PACKS OF 15				
Afghan Haze	\$1	02.	00	
ASH Afghan Skunk x Afghan Haze		6.0		
Black Widow		02.		
Critical Haze		20.		
Critical Mass		02.		
Critical Skunk		6.0		
Devil		6.0		
Dreamtime		3.0		
		i3.0		
Early Queen				
Early Queen x Afghan Haze Early Skunk Haze		۱. 20 . 20		
Early Skunk		6.0		
G13 x Haze		20.		
G13 x Skunk		6.0		
G13 x Widow		02.		
La Nina		20.		
Angel Heart	\$1	02.	00	
MangoHazex Afghan Skunk	đ 1	72	00	
Mango Haze		73.		
Angel's Breathe Mango Haze x Afghan Haze	ÞΙ	20.	UU	
Mango x Widow	¢ 1	02.	$\cap \cap$	- 1
M.Kush x Afghan Haze				
M.Kush x Skunk		6.0		
Medicine Man		20.		
Neville's Haze		73.		
Neville's Haze x Mango				
Neville's Skunk) Neville's Haze x Afghan Skur		02.	UU	
NL5 x Haze		20.	nn	
NL5 xAfghan	Ψ,		6.00	1
NL5x Skunk			6.00	
N.H.S NLx Haze/ Skunk			02.0	
Ortega			02.0	
Shark Shock			6.00	
Shit			3.00	
Skunk Haze			20.0	
Spice			6.00	
Super silver Haze			73.0	
Walkabout			5.00	
pink Flyod			02.0	
pirik riyou			02.0	



### **NEXT GENERATION**

REGOLAR FACIS OF TO	
Diablo	\$80.00
Grape Fruit Haze	\$80.00
Medicine	\$80.00
Romulan Diesel	\$80.00
Romulan Haze	\$80.00
Avalon	\$80.00
Blue Dynamite	\$80.00
Bonkers	\$80.00
Dynamite	\$80.00
Grape Fruit Kush	\$80.00
Island Sweet Skunk	\$80.00
Romulan	\$80.00
Romulan Max	\$80.00
Romulan x Hash Plant	\$80.00
Romulan x Time Warp	\$80.00
Time Warp	\$80.00
FEMINIZED PACKS OF 10	
Grapefruit Diesel	\$140.00



NIRVANA Regular Packs Contain 10 Seeds Feminized Packs Contain 5 Seeds Aurora Indica R\$30/F\$38 Bubblelicious R\$30/F\$38 Chrystal R\$30/F\$38 ICE R\$30/F\$38 Indoor Mix R\$30/F\$38 Medusa R\$30/F\$38 Papaya R\$30/F\$38 Snow White R\$30/F\$38 White Castle R\$30/F\$38 White Rhino R\$30/F\$38 White Widow R\$30/F\$38



\$102.00

\$102.00

\$102.00

\$102.00

### **PARADISE**

FEMINIZED PACKS OF 5	
Dutch Dragon	\$60.00
Sensi Star	\$90.00
Nebula	\$75.00
Magic Bud	\$45.00
Opium	\$75.00
Sweet Purpleoetnik#1	\$60.00
Wappa	\$45.00
Ice Cream	\$75.00
Jacky White	\$75.00
White Berry	\$75.00
Delahaze	\$75.00
Automaria	\$60.00
Acid	\$75.00
Pandora	\$60.00
Lucid Bolt	\$75.00
Vertigo	\$60.00
Alikush	\$75.00
Atomical Haze	\$90.00
Automaria II	\$60.00
COLLECTION PACKS OF 6	
Sativa Pack	\$87.00
Indica Pack	\$87.00



Photo of seeds: www.stallonedavide.com





MK Ultrawreck - THSeeds







# STRAIN CATALOGUE











### **ROYAL QUEEN SEEDS**

FEMINIZED PACKS OF 5	
Ice	\$52.00
White Widow	\$45.00
Fruit Spirit	\$52.00
Power Flower	\$52.00
Shining SIlver Haze	\$52.00
Amnesia Haze	\$60.00
Blue Mistic	\$45.00
Northern Light	\$52.00
Skunk #1	\$45.00
Critical	\$52.00
Indoor Mix	\$45.00
Outdoor Mix	\$45.00
Special Kush #1	\$20.00
Special Queen #1	\$21.00
Royal Cheese	\$52.00
Royal Moby	\$79.00





### SERIOUS SEEDS

REGULAR PACKS OF 11	
AK47	\$120.00
Bubble Gum	\$105.00
Chronic	\$105.00
Kali Mist	\$120.00
White Russian	\$105.00
FEMINIZED PACKS OF 5	
AK47	\$120.00
Chronic	\$105.00
White Russian	\$105.00



### SOMA

REGULAR PACKS OF 10 REGULAR PACKS OF 10
Amnesia Haze Regular \$195.00
Buddha's Sister \$120.00
Sogouda \$150.00
Lavender \$120.00
Kushadelic \$150.00
NYC Diesel \$195.00 Somantra \$150.00 FEMINIZED PACKS OF 10 Hash Heaven \$195.00 NYC Diesel \$210.00 Lavender \$150.00



REGULAR PACKS OF 10	
Agent Orange	\$105.00
Apollo-13 BX	\$105.00
Cheese Quake	\$105.00
Chernobyl	\$105.00
Dairy Queen	\$105.00
Deep Purple	\$105.00
Jack The Ripper	\$105.00
Jack Cleaner 2	\$105.00
Jilly Bean	\$105.00
Pandora's Box	\$105.00
Qleaner	\$105.00
Qrazy Train	\$105.00
Querkle	\$105.00
Space Bomb	\$105.00
Space Jill	\$105.00
The 3rd Dimension	\$105.00
The Void	\$105.00
Vortex	\$105.00
The Flav	\$105.00



### THE CALI CONNECTION

REGULAR PACKS OF 10	
Tahoe OG	\$110.00
Larry OG	\$110.00
Deadhead OG	\$110.00
Sour OG	\$110.00
Chem3 OG	\$110.00
Chem 4 OG	\$110.00
Chem Valley Kush	\$110.00
Ogiesel	\$110.00
Corleone Kush	\$110.00
Julius Cesar	\$110.00
Blackwater	\$110.00
Jamaican Me Crazy	\$110.00
Jamaican OG	\$110.00
Jamaican D	\$110.00
Chem 4	\$110.00
Hazey OG	\$110.00
Purple Diesel	\$110.00
Regulator Kush	\$110.00



IUSEEDS	
REGULAR PACKS OF 10	
S.A.G.E	\$105.00
Chocolate Chunk	\$82.00
Mendocino Madness	\$60.00
Heavy Duty Fruity	\$105.00
Bubblegum	\$135.00
Skunk XXX	\$30.00
The Hog	\$150.00
MK-Ultra	\$140.00
Sage 'n Sour	\$120.00
Kushage	\$105.00
Burmese Kush	\$110.00
Da Purps	\$90.00
A-Train	\$105.00
Wreckage	\$90.00
Lambo	\$120.00
Darkstar	\$125.00
Skunkage	\$45.00
Cold Creed Kush	\$120.00
**Mkage	\$120.00
FEMINIZED PACKS OF 5	
S.A.G.E	\$60.00
RuKu	\$60.00

BuKu MK Ultra \$60.00 \$75.00 A-Train \$60.00 Kushage \$60.00 Sage'n Sour \$67.00 \*\*Mkage \$65.00



2979 Lake Shore Blvd W Etobicoke, Ontario, M8V 1J8 T: 647 346 7800

F: 647 349 9300 WE DON'T SHIP SEEDS TO THE USA



Cannatonic- Resin Seeds

Lavender - Soma Seeds

# Two More herbalAire Vaporizers given away this issue!

### Our latest winners are Geoffrey and Beau

Each and every issue of TY Magazine, HerbalAire and KDK Distributors have each donated a HerbalAire Vaporizer to deserving med patients.



Beau Jeffreys

### **Geoffrey Lane**

medicinal cannabis user and advocate.

### **Beau Jeffreys**

medicinal cannabis user and advocate.

### Hello TY Members. I have got some great news!

Each and every issue I will be

# Giving away 2 Herbal Aire Vaporizer

to some needy medical patient!

### The rules are very simple:

- 1) You must be a member in good standing with TY or your local compassion club.
- 2) Financially impossible for you to purchase on your own
- 3) You must be 21 years of age or older
- 4) Legitimate Medicinal users only
- 5) Write or email a short 100 word story detailing why you should be a recipient
- 6) Provide a photo and any documentation neccesary to support your request
- 7) If chosen you may have your photo and a short reason why you were selected printed

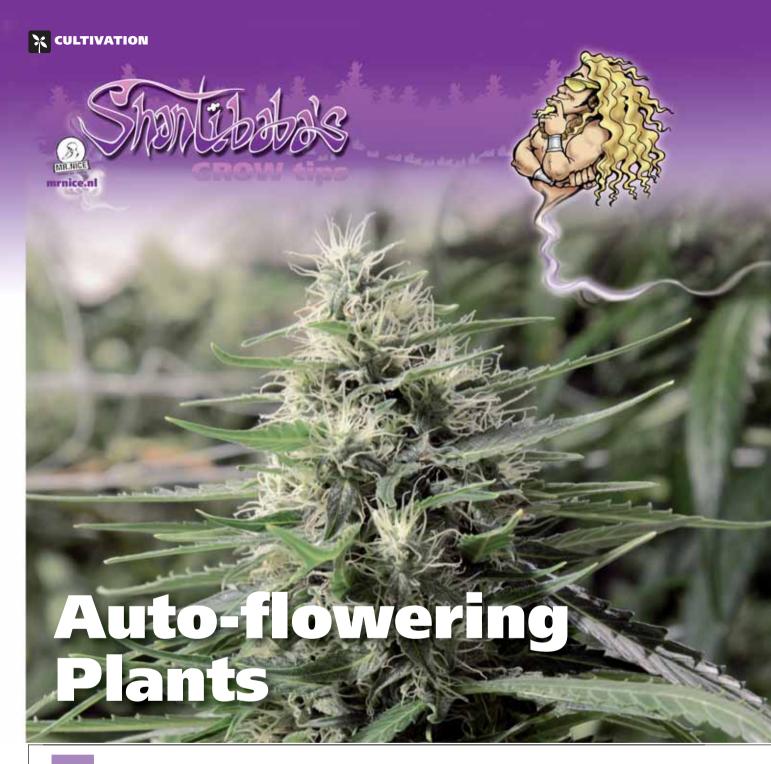
Please note I expect a lot of inquiries so only the most in need please apply.

Through Treating Yourself KDK Distributors and HerbalAire we wish you well!

### **Kelly KDK Distributors**

Free Vaporisor 22 Anaheim Bay N.E. Calgary , Alberta Canada, T1Y 7E2 kellyk@valleyofgreen.com





he discreet evolution of Auto-flowering cannabis plants is a recent occurrence, one that is in mode at present especially with Spanish growers. There is no doubt there are applications for a plant that does not depend on light hours. However like the recent fad of feminized seeds, there are certain restraints and draw backs placed on environment of these seeds where theory does not match the practical aspects.

Auto-flowering in Cannabis is a trait that would be classified as recessive in a normal population, but can be bred into a strain through selective breeding. This aspect makes it similar to regular bred seed and different from feminized seed which is chemical induced!

Not all strains will respond the same even if they have the auto-flowering trait bred into them, so it is always good to review other grower's diaries of their experiences before buying your auto-flowering strain seed. Many forums exist nowadays to review strains before you buy so no need to trust only the company you are looking to buy from...

The major application for auto-flowering is to return a crop from seed to finished flower in a similar time to a clone 6-10 weeks(depending upon them being sativa or indica) in countries where the light levels are not conducive for normal regular strains of cannabis...like Russia, Canada, Norway.



Left maxi GOM-08, day 56 Above maxi GOM-03, day 56

While Auto-flowering plants are totally indifferent to the photoperiod, and do not need forced darkening to ripen, the yields and dimensions of the plant are not always as satisfactory as regular seed, if compared.

In today's market of Auto-flowering seed we can distinguish them into 3 categories based on flowering time and plant dimensions.

- Varieties that ripen in around 60 days and that have an average height of 30-60cm and yield between 25-30 grams per plant.
- Varieties that ripen in 70-80 days and that have an average height between 50-130cm and yield between 50-100 grams per plant.
- Varieties that ripen in 120 days and have an average height of 1-2meters and yield over 100 grams per plant. (Very few exist of this category at present).



# The advantages for using Auto-flower-ing plants in an out-door crop are

- **1.** Possibility to grow in places constantly illuminated or disturbed by street lighting or other strong light sources in the night hours.
- **2.** The possibility of doing multiple crops in a season since beginning in early spring would allow for 3 crops before late Autumn/Winter arrives.
- **3.** Auto-flowering strains like Variety 2(70-80days) can be easily camouflaged due to their reduced dimensions.
- **4.** The possibility to grow in geographical zones with particularly short summer cycles





# The advantages for using Auto-Flowering plants in an indoor crop are

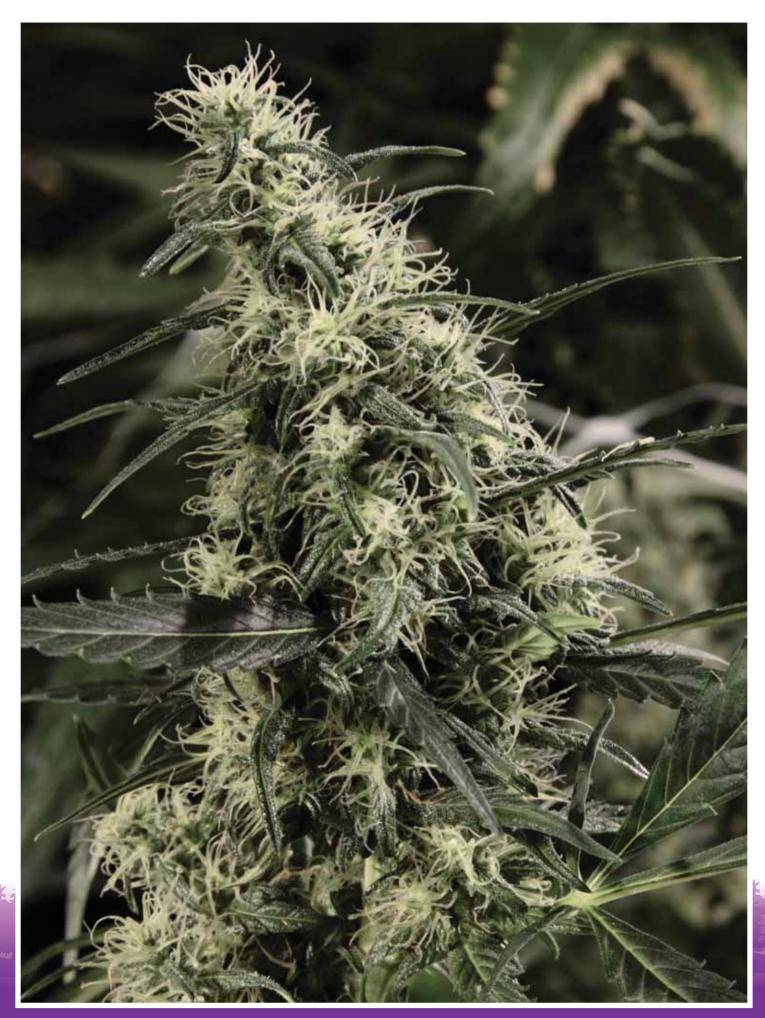
- **1.** Giving more hours light from germination onwards of an Auto-flowering plant will increase the production and increase the yield of up to 25% more than a clone at 12/12, if done well.
- **2.** Auto-flowering plants seem to be quite resilient to disease and pests and show healthy vitality as they grow.
- **3.** From seed to flower is equivalent to a clone from a good indica mother like Skunk.
- **4.** Their contained height makes them better suited for those low lying or limited height rooms.
- **5.** With experienced hydroponic growers the results have been reliable and better than expectations of yield.
- **6.** Without the need to specific grow tents or special equipment to achieve complete darkness, the Auto-flowering plant can attain mature, compact and ripened flowers.
- **7.** No need to keep mother plants for cloning as the seed is equally as fast!







Above
Auto AK02, day 68
Maxi GOM-07, day 56
Auto, day 60
Right
Maxi GOM-05, day 56





### The disadvantages of Auto-flowering plants are

- 1. Uniformity and stability issues are still common due to their short history in the breeding world. (Of course with more experience and time the improvements will be able to deal with many of these issues).
- 2. The sensitivity of these plants to growing parameters and the type of grower can cause many teething problems and loss in yields initially.
- 3. The vegetative growth is extremely short and it cannot be manipulated like in a clone. Therefore it is imperative for the grower to pay a lot of attention to attaining a good root development in the initial 20 days of the plant's life as flowering onsets after day 20-25!
- **4.** Commercial reasons at present seem to make only feminized automatic versions available to the grower. This factor rules out people who do not wish to use feminized treated plants and therefore miss out of the automatic experience.
- **5.** many people's first experience with auto-flowering plants still do not match potency and yields of non autoflowering plants.
- **6.** Very limited success with cloning of auto-flowering plants.
- 7. Very limited selection of varieties available on the market, most of the strains are just simple copies or crosses of the few automatic varieties created several years ago.

I have been watching the development of certain automatic strains and their breeding regimes the past 10 years. The breeding methods are different to regular breeding as it is done in populations rather than selected individuals. However, when it is done correctly it can have fine results. I saw excellent results from outdoor crops in Russia this year courtesy of Grass-o-Matic Seed Company.

The only thing that does bother me at this stage is the sensitivity of these plants to become a commercial viability? Time and care with producing the progeny seed for the market will determine if this fad is to become a permanent resident in cannabis seed. I believe it will! The fact does remain that the breeding work for crop seed is time consuming and since mothers and father plants cannot be considered it is an ongoing refining process and will improve from generation to generation if done well.

Like all seed producing outfits, when it comes to making feminized seed or auto-flowering feminized or autoflowering seed it must be timed well and all applications consistently administered in correct dosages...this will lead to well made seed. If any part of the process is com-

promised it will result in the progeny seed going to the consumer and causing more problems than it will be worth. So the key to having a good experience with these types of seed strains will be to buy a reliable well made seed from a company who stands behind their work. This is probably something to look for first as there are so many versions offered it can be like buying a lottery ticket.

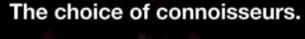
Doing a guick search on the internet it reveals there are even specific websites dedicated to auto-flowering plants only. So there is enough work to review if you wish to join in and try this for yourself.

Considering it is a legitimate trait that occurs naturally in the plant it therefore can be manipulated and adapted

to create some very useful geographic applications. Cannabis as a medicine in countries previously never known as self -cultivating or warm enough to complete a full cycle, may now be considered part of the growing Cannabis family! 🔀









MNS endorses



Medical growers/patients can apply direct to info@mrnice.nl, for the

## 25% medical discount

All enquires for sales, wholesale and retail, questions about MNS products and an online catalogue with loads of photos plus free helpdesk supporting all MNS growers... moderated by Shantibaba, Nevil and Howard Marks.

www.mrnice.nl





## Breeding unveiled,

a look at Karma Genetics and the secrets behind a strain.

By Harry Resin



hat motivates a breeder or someone to go out and start a seed company. As a former breeder and seed company owner I was always interested in getting to talk about or read what motivates a fellow breeder when he is creating a strain. That's why I really wanted to sit down and talk to Karma about what his motivation is. Everyone comes to this world with their unique history and perspective. As everyone has a different story and approach to how they do things. I thought it would be interesting to sit down with Karma from Karma Genetics and discuss his strategy and the philosophy behind his breeding program.

I asked Karma to start at the beginning and to tell me where he got the idea to start Karma Genetics. For him it all began with Overgrow, the original online forum. Karma joined Overgrow in 2002 and since then he's been online ever since. "This was the start of the revolution" says Karma, " previously there was no connection between these smaller grow cells or groups this really connected the growers together on a global scale." This online revolution was an early start to the cannabis insurrection, which has sparked a veritable shift in the way people from all over the world come together to discuss growing.

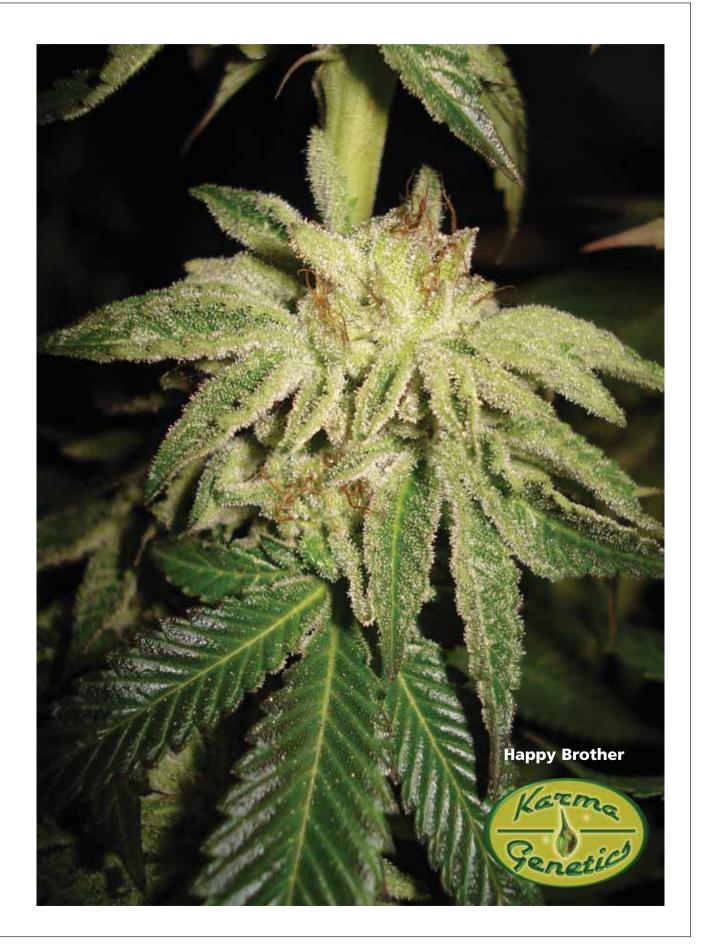
Overgrow allowed growers to share information about strains and growing; according to Karma to this day it was the most global of all the forums. Sure today you have many different forums with people from all over the world on them but generally they are still somewhat populated by down national lines. With Overgrow it was everyone. Karma was able to reach out to growers all over the world, this led to Karma's travel period. As he started to meet people from all over the world he began traveling to visit them, collecting and trading strains with other growers as well as sharing a wealth of information. On one six week trip to Nepal he stayed at Pokra which is at the foot of the Himalayas'. It was here that his spiritual rebirth took place. Being in such a spiritual place really changed the way he looked at things. After this trip Karma found a more spiritual path to continue down and more importantly he decided to start his seed company. From that point on dutch flower (his handle on Overgrow) became Karma. These early days helped form his breeding strategy and his sensibilities as a grower.

He remembers the first cup that he entered in 2008 which was an Icmag cup. After Overgrow Karma joined Icmag and from there he continued his relationship with other growers and breeders all over the world. In fact it was in this period that I too had the pleasure of meeting him. So at his first cup he remembers sitting at the green house or at Mila's when they announced the winners and he had won third prize. He said it was an amazing moment at one point he was sitting around and he hadn't really met anyone yet feeling almost as though he felt he didn't belong and yet here he was with his third place prize. From this moment on he had arrived. He had won with his Ks-16, which later went on to become the basis of his Dominator, which won a cup at this past years Cannabis Cup.

It was after this first ICMag cup that he won in 2008 that Karma Genetics began to take shape. Karma began to see how much people enjoyed what he was working on and knew he needed to share his point of view with the world.

Armed with his new handle and his new motivation, Karma Genetics was born. After his spiritual awakening in Nepal he began to understand how the karmic flow of life works. This really motivates the choices he makes as a breeder. This past year he also introduced super foods into his nutrient mix. As he had positive results himself with some super foods he began eating he felt that the positive influence would also be felt by the plants. It is this consciousness that motivates him behind all that he does.

When discussing what Strain to analyze Karma decided on the Happy Brother, for him this was his crowning glory as a breeder. The Happy Brother was an Indica that Karma had saved since the mid nineties. It was one of the strongest plants he had come across and he felt that there was something special about it. His goal was to create a stabilized version of the Happy Brother. As he was starting from a clone only female he knew he would have a challenge. He had no desire to self it and was also curious





## He says "look at nature this is it how it was intended to be, if you change and manipulate mother nature there will be consequences.

to see if he could get a Happy Brother male to use in other projects. To start off with he used a Jack Herrer male but after only the first cross the Happy Brother was totally bred out. At this point Karma began searching for other males. He then started a pack of seeds and got a Sage male but that also didn't work out. It created a nice hybrid but didn't leave him with the results he wanted so he moved on. Again he said its crucial when working on a project that you keep your focus and goal always in mind. Karma says with breeding it is by important to set your goal and stick to it as you could get really side tracked by the other results that come up.

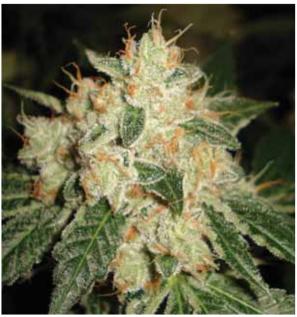
After the lack of success with the Jack Herrer and Sage males he tried a Chemdog male from a pack of Rez dog seeds. The male finally brought out the true properties of the Happy Brother in almost all of the children including an amazing male. This male would be crucial in stabilizing the offspring as it really had taken on the structure of the Happy Brother. This male was crossed back into the original clone only female to begin the second leg of the project. From this point on he used that male to back cross it into his original female. Using this original female Happy Brother in each of the back crosses he diluted the male as he bred out the Chemdog and was eventually left with an almost perfect Happy Brother male. After two repeated dilutions or back crosses the eventual progeny of Happy Brother bx2 looked identical to their original mother. Karma is currently continuing his Happy Brother work with the Sour Brother, this is Karma's Sour Diesel female crossed with the male he used in his Happy Brother bx project. With this strain he really had the feeling it would work when he grew out the mothers on one grow in the same room. He really liked the way they looked together and the smell of the two plants in the room was amazing. He is now working on stabilizing the seeds of the Sour Brother for sale. However there are already a few people in Colorado growing it out and the early tests are incredibly positive. Big yields and a killer smell. Check out Karma Genetics on Facebook to have a peek at the Sour Brother.

Karma said the he often would sit in the room for some time just feeling and observing his plants. He felt that the plants always showed him which were the right choices especially with the males. One thing we talk about frequently with breeding is the power of observation but how many times do we really look at our plants, do we take the time to study them on a macro and on a micro level? "Through this close examination the plants will always tell me what I should do. I'm a nature based guy



whenever I don't understand someone or something I always look at it with my natural self understanding what we are like as natural beings," says Karma. It is this symbiotic relationship to his plants that I feel sets Karma apart, he is a crucial aspect in his breeding process, it is more than just taking strain A and crossing it with strain B. His approach looks at what works on a natural level and he is able to, like a keen chess player, see several moves ahead. Knowing that if he takes plant A and crosses it with plant B eventually taking their offspring and crossing it back to the original plant A the outcome will yield the results he is looking for. His father is a biology professor and he feels that this early exposure to biology aids him in his approach now. All the answers are in the plants you just have to dig deep enough to find them. This is one reason why he is against all of these new female only strains. He has had extensive experience growing them out and even making some but each time he wasn't happy with the results. He says "look at nature this is it how it was intended to be, if you change and manipulate mother nature there will be consequences. Any group of people that were close to the land throughout our history





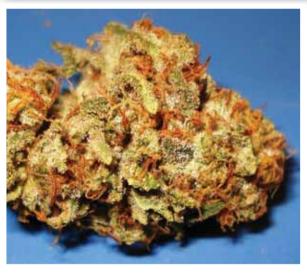
Clockwise from left
Happy Brother Male
Seeded Happy Brother
Sour Brother
Happy Brother Nug
HBChemdIX1 Seed

knew that. Respect mother nature. Now it seems that with a little sts or other chemicals or hormones you take a female and make stable children from selfing. Yet this is not really the case, the reality is that you are contravening the natural process altering how these plants work and I feel no good can come of that."

Karma's hands on approach and use of his intuition has been a large part of how he gets things done. His peers have rewarded him with five cups over the last three years. This year he says he will try and enter some cups abroad as more and more medical patients are growing his strains all over the world. This has also meant that he has received loads of feedback from the medical community. This too helps influence his approach as he takes into account which strains helped with which ailments, allowing him to breed accordingly.

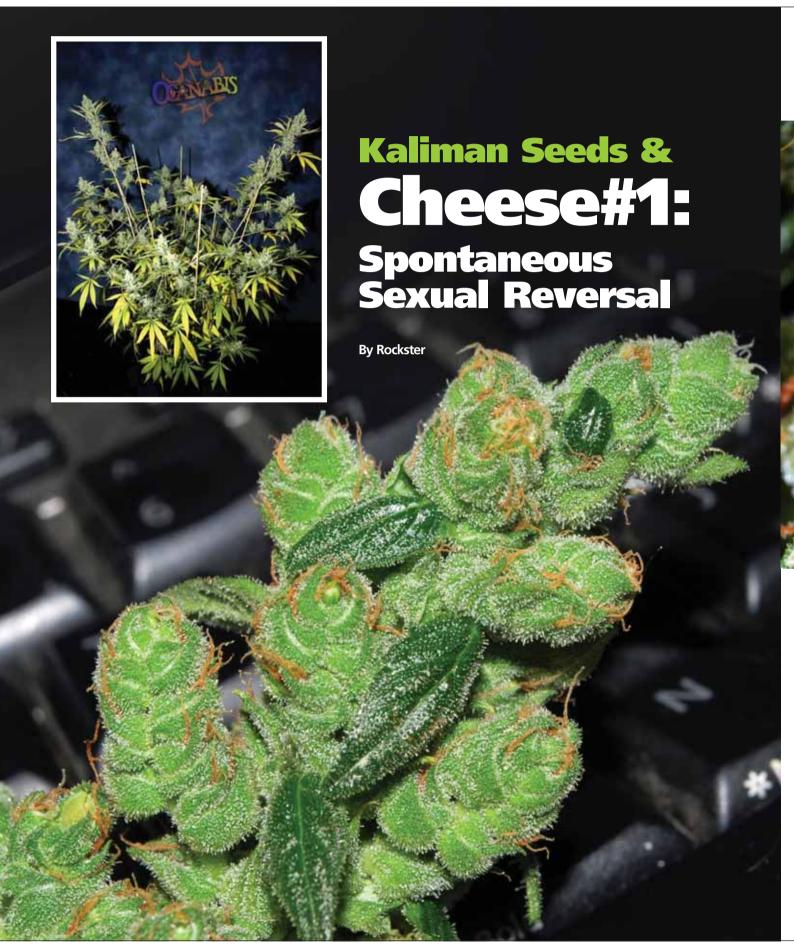
Karma's approach is certainly unique as feeling and intuition guide his process, sure he says looks and flavor and yield play a part but those are not constants as each cross brings on new traits. The key is understanding what will eventually come. Pre conceiving what a strain will look like after it's undergone it's process and emerges renewed after being worked on and improved. Truly when you buy a pack of karma genetics seeds there is a little bit of karma in each pack.

Keep it real
In love and light









Derived solely from the 1989 UK Exodus cheese clone and is not a femmed S1 but is in a normal, healthy, male/ female cannabis population and so is not hybridised but 100% pure unadulterated Exodus genetics in seed form



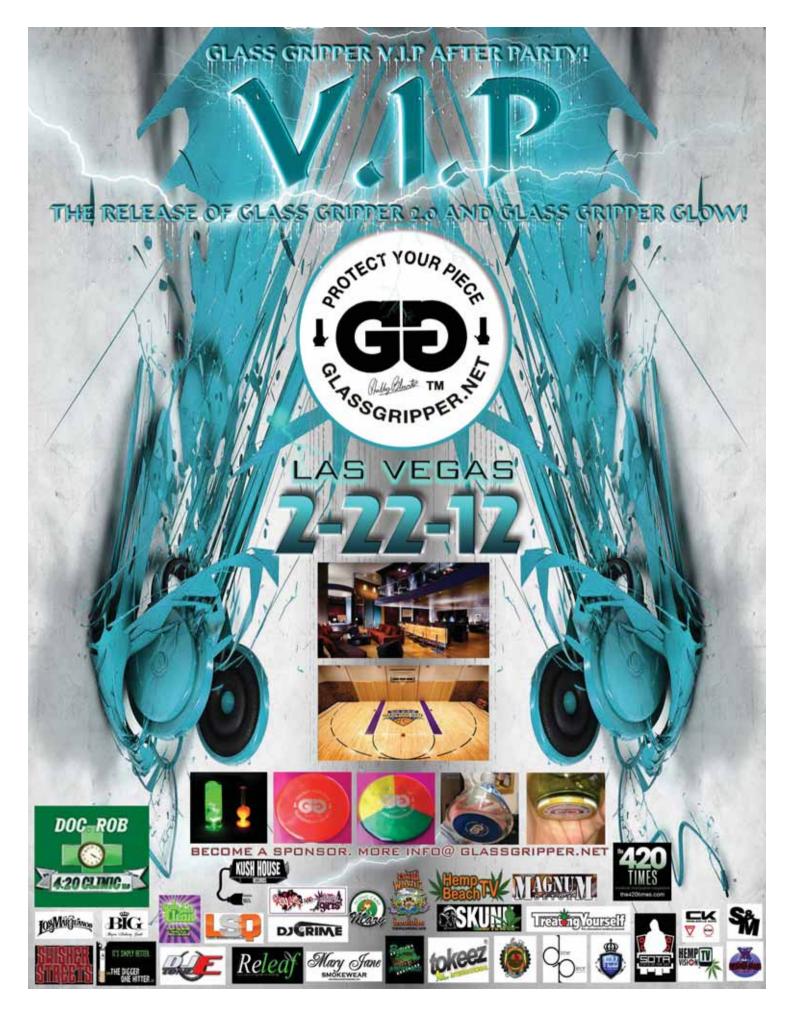
#### Hi everybody at Treating Yourself,

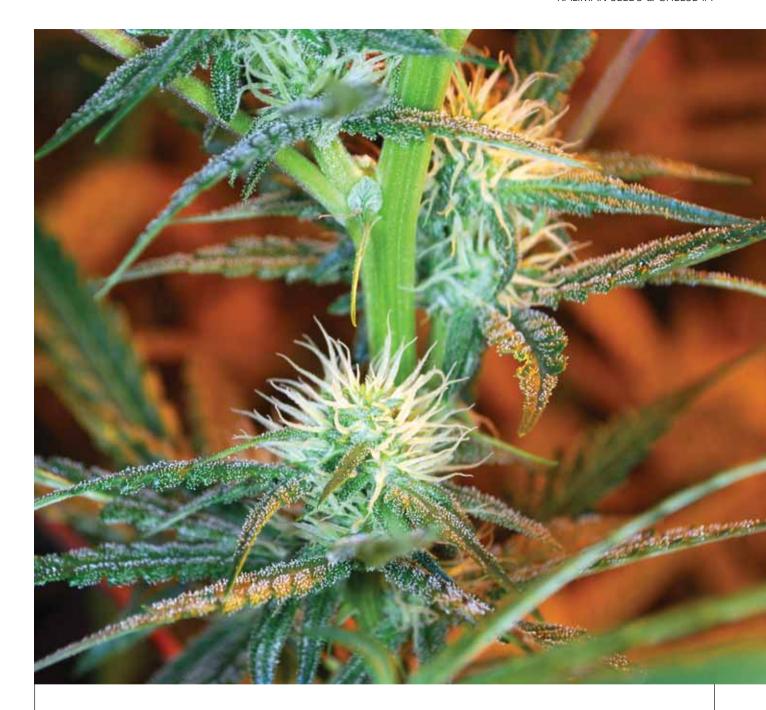
My name is Rockster and this is an article about **Kaliman Seeds and Cheese#1**, a totally unique strain and for rather special reasons as it's derived solely from the 1989 UK Exodus cheese clone and is not a femmed S1 but is in a normal, healthy, male/ female cannabis population and so is not hybridised but 100% pure unadulterated Exodus genetics in seed form which when grown out, the chemotype/resin profile of the original

Exodus mother is present in all phenotypes and cannot be picked out in blind taste tests. a seemingly impossible thing many knowledgeable growers would think, don't you think?

It does sound impossible doesn't it? How on earth can you end up with seeds from a clone mother, in a normal cannabis population and it has the same taste and high as the clone?

I'll tell you, it was all due to a 'spontaneous sexual reversal' of 2 clones out of a tray of 20 Exodus cheese that were put into flower. Yes, that is what I said, 20 normal cheese clones that when flipped to 12/12, 18 were perfect girls and 2 most certainly were boys, no, not hermaphrodites, perfectly normal males I tell's ya! Now, I had been working with this mother plant, getting on for 3 years in a good environment and started by crossing the Exodus with a Sensi Seeds 2008 male Skunk#1 and back



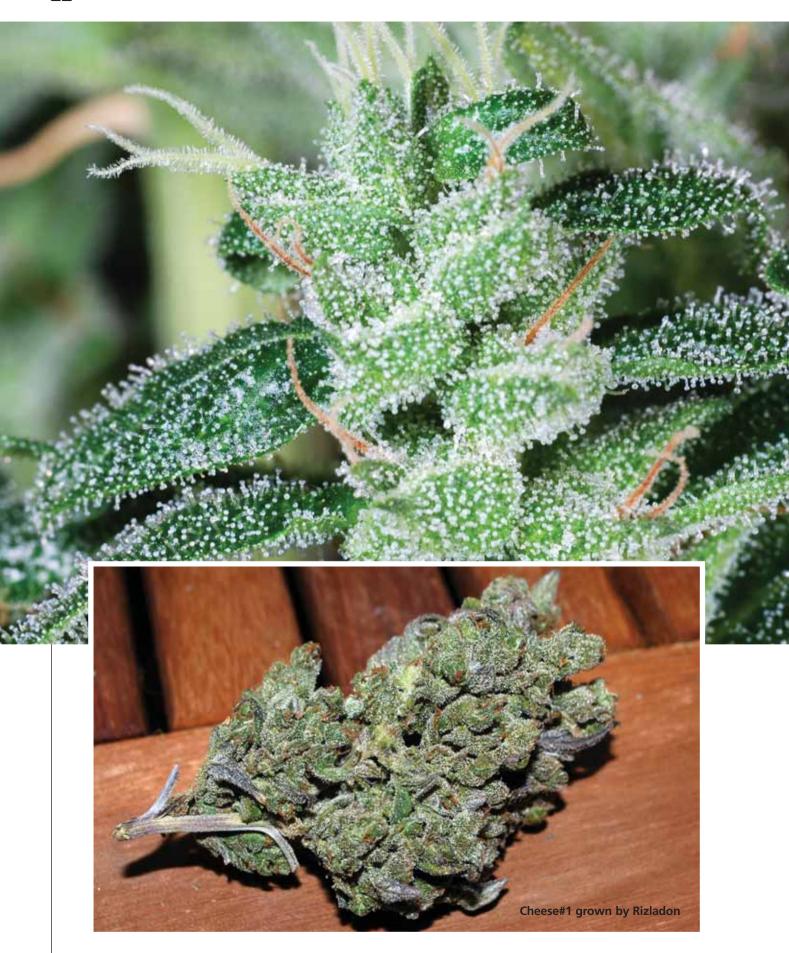


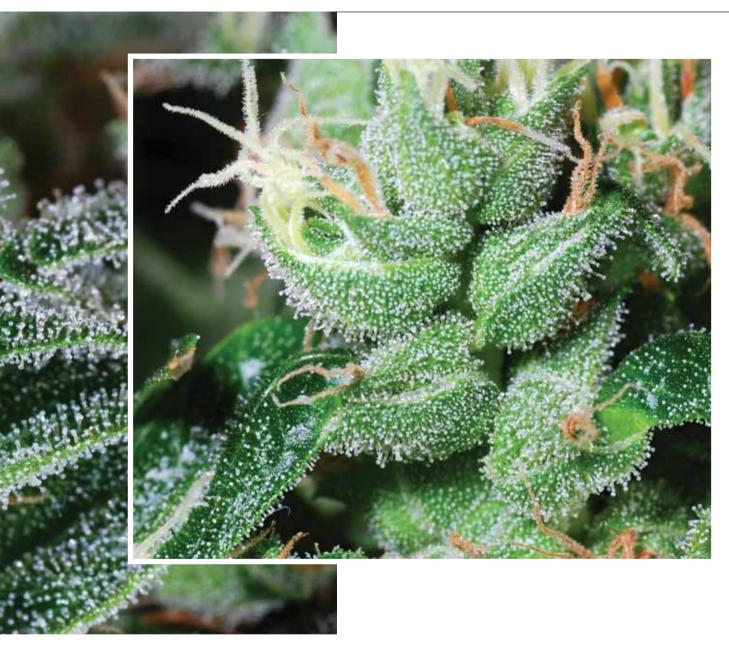
crossed 3 times, cubed, a BX3.0, called Rocksters Cheese and had 1 in 4 pheno's that were really cheese like but had a citrus rather than fruity component that goes with the cheese clone but has the full 'mouth coating effect', it's incredibly flavoursome and has a really nice high and was personally very happy with the result of this 4 generations of crosses.

I started to do those crosses after trying several cheese strains out there and couldn't find anything to make me as happy as with the original clone and so set about, starting with Rocksters Cheese as a project and also did experimental crosses with original Haze, some landrace genetics, Afghan, Nepalese, Lebanese, and then tried to

use Silver ThioSulphate (STS) and Colloidal Silver to reverse the Exodus clone and I tried and failed 3 times. It always produced full male flower structures but they did not shed pollen, were sterile. It is supposed to be reversible in order to obtain S1 femmed beans but my modest attempts didn't succeed and so continued to work with experimental crosses and it was all very interesting for me, learning in real time, documenting with many pictures and also inviting friends for their input, as I had a goal, to make a cheese strain as much like the original if possible as it's ok for those that own an Exodus mother, an 'elite clone' is what our American cousins might call it? Well, wouldn't it be nice if you could get it in a reliable seed form?







Well, after failing to reverse her properly I continued with making crosses and prepared a tray of 20 Exodus clones, same environment as usual, totally dialled in, and put 20 young plants into flower for future pollination with 5 lots of pollen from various strains.

I asked knowledgeable breeders on the forum if they had ever heard of or experienced such a thing and if so what was the genetic mechanism that lay behind this (cue X-files intro!) seeming freak of nature? Well I was met with initial strong scepticism and rightly so as it does seem totally far out and was closely grilled, asked to go over everything that had happened in my growroom in the last 12 months and the only thing I could think of was the fact as I had been using STS chems in the past, the clone mother might have been sprayed with a tiny tiny dose of STS, just a hint from an overspray and I say might and anyway, how could that really effect anything, I thought

at the time? But one Breedbay member reported the same thing happened to him in one of his grows although he didn't subsequently use the pollen like I did.

So not finding any satisfactory answers myself, Googled 'spontaneous sexual reversal' and got information that it does indeed occur in both plants and animals but I couldn't find anything cannabis specific and which was rather frustrating as this had happened and been seen with my own eyes and I'm no newb, been growing well over 3 decades, made my first seeds in 1972 as a teenager and so I wanted to find out......badly! I also contacted a university based geneticist who posts incredibly good lectures on Youtube but he couldn't enter into discussions, he was US based, couldn't answer me really I felt because of the subject matter? So if there is anybody out there reading this that could shed any light on this total female to total male metamorphosis please contact the writer as I'd love





So eventually the harvest is dried but before a cure take samples of all pheno's and got thoroughly down to testing with my friends and we soon discovered that every pheno had the full taste of the original mother, cheese code cracked! It was a eureka moment, I still couldn't quite believe my own senses but my friends clinched it for me, back slaps and high fives all around, I'd done it, I really had done it.

to learn what has actually occurred at the genetic level?

I have however after finishing this article found perhaps some pertinent information in *Hemp Husbandry by Robert A Nelson* in relation to sexual expression in cannabis and I quote:

#### 4.9 ~ Sexual Expression

The sexual expression of cannabis is determined by its genetic makeup, and by its metabolic temper, which is regulated by the male enzyme andrase and the female enzyme gynase. Environmental conditions (light, nutrients, soil and water) may suppress the formation of the dominant enzyme, and allow the opposite sex to express itself partially (hermaphroditism) or completely (sex reversal). (71, 72)

Whether this is applicable to a female clone I'm not sure but the Exodus original has been about for 23 years and passed through many hands and different environments and been serial cloned and so has been subject to a huge amount of environmental stress and along with natural mutations and accumulated errors in cell replication, as let's face it, cannabis lives for but a few months in nature and so am thinking this extreme age of the clone might have had something to do with causing this total sexual reversal to occur?

So the 2 totally male looking plants had been moved away from the 18 girls and continued to mature and start to shed pollen and so I collected as much as possible, cleaned and stored it and then dusted several Exodus clones and upon maturity collected several thousand nice, mature, healthy looking seeds and which at the time I assumed would be S1 femmed seed, I mean, wouldn't you? So I grew out for the first time what I ended up calling Cheese#1 and soon got the surprise of seeing a normal male/female population emerge in the grow room! Curiouser and curiouser? So I'm looking at this group of plants and see that there are about 4-5 phenotypes, a short squat, more indica type which finished first by far in 8 weeks and taller more sativa like girls which took up to 11 weeks but with at least 4 different bud types between them a lot of variation compared to most regular hybrid strains and just mention that as this seemingly great variety is all from 1 single clone? The Exodus clone takes me 9-9 ½ weeks to fully mature but Cheese#1 is 8-11 weeks with 8 weekers being the rarer types.

So as the plants mature I'm not thinking they are too cheesy in the smell department, not compared to my memories of the Exodus but I decide to take an early taster and take a small bud to dry and when it's ready I try it and am soon tasting the classic taste of the original mum, hang on there, you sure, I ask myself and in the interest of, ahem, cannabis research, sparked another and which I'm pleased to report seemed even better, ha ha! So with the zeal of a mad monk harvested all the plants when ready and had also done an open pollination on 8 females with 6 males. I have no fear of pollinating virgin plants I need for bud as I grow the males elsewhere and remove the plants intended for pollination and pollinate 1 at a time, leave for an hour, wash down thoroughly, dry and then return to growroom.

I often do a selective pollination by bagging the top of the plant when hitting them with love dust and so have a nice top cola for evaluation purposes. So eventually the harvest is dried but before a cure take samples of all pheno's and got thoroughly down to testing with my friends and we soon discovered that every pheno had the full taste of the original mother, cheese code cracked! It was a eureka moment, I still couldn't quite believe my own senses but my friends clinched it for me, back slaps and high fives all around, I'd done it, I really had done it. I hadn't bred this gem but I'll gladly take the credit for having made good use of that reversal! We did loads of blind taste tests and couldn't tell things from the original although there are subtle differences between pheno's but can only be picked up by those working with or who are very familiar with the cheese. So with the realisation I had what I had, set about having it extensively independently tested and so sent off 10 packets of 10 seeds of Cheese#1 which I provisionally called Exodus#1.

Off to Breedbay for testing by others and had particularly asked for those with experience of the cheese to be test growers and was very pleased with the results and had not one person say it did anything else than what it says on the tin, namely, it was just like the cheese in all departments and so with independent confirmation and since then dozens more happy Cheese#1 growers as I continued to give out free seeds on various forums and just asked for honest feedback and which I got and all very positive but on a particular forum , I was continually getting sniped at by a sceptic or 2 , like drunks shouting at the back of a show, not really making sense as they disbelieved me vehe-

mently even after being told they don't have to take my word for the fact this reversal occurred as loads of growers had done online journals, dozens of people and all reported it was just like the original and they hadn't even tried it and so were arguing from a point of ignorance and incredulity and very rudely too I might add and which I sorely took the mick out of but in the end contacted the main fellow and offered to sort out things to his satisfaction but he declined, oh well, I did try by offering an olive branch and why would I even bring up a seemingly difficult claim to prove as I have the genetics, Cheese#1 flies purely on her own merits, no strange story of origin needed, heck, if I wanted to get whack about it I'd have said my grow got hit by a UFO's space lazer which first bounced off David Icke's sunglasses and you know what, lots of people would have found that a lot more credible, ha ha!

So that got me to thinking, rather than others anecdotal evidence, how to help substantiate my claim scientifically as I'm all for the scientific method, am a great science buff and so thought how about getting both the original clone and my Cheese#1 tested side by side using gas chromatography techniques in a laboratory? Well it so happens I have a friend in Prague who has access to a working lab with just such a piece of room sized equipment and I spent several pleasant days seeing some of this beautiful city and also visited a cannabis medical collective who were doing great work with oil extracts, taking various strains and extracting desired portions and combining extracts from other strains and were very interested in getting high cbd strains to work with, it was all really fascinating and I donated half a dozen packs of seeds and if they like what they find and think my Cheese#1 useful will add a mother to their quite extensive clone room, which would be personally very satisfying for me. I should imagine by the time of publication of this article I'll have the results as I don't just yet but it will be very interesting to see the readout which will show the primary cannabinoids and also the terpenes, it's the terpenes I'm almost more interested in for comparison purposes but hey, I'll just have to be patient as this is a bit of extra-curricular work being done by my contact that might take a long time before a working slot can be found for it, but when I get the results I'll put them up in a blog at Attitude Seedbank for all to see.

So after all the testing by growers and the lab results in the pipeline I decided to enter a Cannabis cup and entered some Cheese#1 bud grown by a friend known online as Rizladon, as once I knew 100% I had 'The Cheese' and everybody liked it decided to get this strain 'out there' to the folk that would like to grow cheese but don't have access to the clone but I had to stop growing locally myself and arrange grow space abroad in a country with a more sensible take on Cannabis and so immediately looked at Spain and the Canary Islands and where very fortunately I have friends and relatives living and so entered the 11th

Canarian Cannabis Cup just recently in the Copa Pro or Pro Cup and which was an all comers category which had more entrants than all the other entries combined and I'm very pleased to report I got a respectable 3rd place and a lovely trophy which is a mounted 10 inch high Perspex trichome! The event was held on the 23rd July at the north end of the island of Tenerife, as the Canary islands are an archipelago, a volcanic chain of many islands, and we went to the north of Tenerife in the mountainous area at over 1000m elevation. When we arrived we discovered the place enveloped in really chilly cloud whilst being dressed for a tropical summer as it was 30c+ back in the south where my friend, Archipelago ( who lives on an adjacent island ) and I had our hotel as he had come over on the island hopping ferry.

It was great to win a trophy of course but also really nice just to attend and there were nearly 500 people on the day who enjoyed a huge barbeque and one of the principal organisers, Claudia, made sure everything ran really smoothly and I got a nice heart felt hug from her when my name was announced and it was a sweet moment when all the winning entrants went up for a video and picture call where we grinned at each other like Cheshire cats and pointed out each others trophy's and asked who had won what in Spanish and English, heck, didn't need words, we were all just very happy.

I had brought 28 packets of seeds to hand out and some went in the raffle and I had to pull a number out of a hat, all the sponsors did too and many nice prizes were handed out, lights, propagators and other kit and all with a good bunch of various seeds and all with good music pumping away, lots of smiling if cold faces as it was really freezing! My teeth were chattering at one point but once I heard I had won felt plenty warm, ha ha! Unfortunately we had to leave about an hour after the prizes had been awarded, our driver had to split a bit sharpish and I couldn't say goodbye properly to Claudia to thank her for putting on such a great show and making me feel so welcome so if you are reading this Claudia, thankyou so much!

And upon our return to the hotel after a shave and a shower had a really nice meal with my good mucker Archipelago and chilled on the balcony and reflected upon the day and although it was a 3rd prize ( my dad used to teach me no second place winner as a kid, ha ha!) I thought I had done rather well that day. We sparked some smokes made with the winning Hashish entrant, kindly gifted by Xavier who wanted my email addy so we could get in touch and maybe exchange genetics, so cheers Xavier, let's do that and yes, thankyou so much for that excellent hash, twas a lovely end to the day smoking the stuff of assassins.

Peace 🔆



# NEW! Now at home at Serious Seeds:

## Double Dutch Best of 2 dutch seedbanks: sweetness of Warlock and yield of Chronic



Motavation Combines overwhelming body-stoned with strong creative head-high

## Warlock Indica-dominant smells like swee fresh fruit, very strong head-high

## Home of the original awardwinning strains!

## Our classic strains:

Chronic

■ AK-47

Bubble Gum YYYYYYYYY

HAT THE THE Kali Mist

White Russian IIIIII





6 feminized seeds in a tube

For catalog, info or seeds: Postbus 1239, 1440 BE Pumerend, The Netherlands info@seriousseeds.com, www.seriousseeds.com



# **CVault**

"The Ultimate Humidity Controlled Storage System"

#### By Skunk-mad.

s we all know the growing stage is only the first step then comes the drying and curing stage. If like me you like a nice taste to your medicine then a good drying and curing technique is essential. I have come across many different types of storage containers before glass, plastic even wooden but nothing like the CVault stainless steel containers. These containers are built to last with 3 tight fastening side clamps and a very thick silicone ring to ensure total control over your medications drying/curing conditions also locking in all those wonderful smells. With the added humidipak these are a must to keep your medication safe and in top condition.



## Here is a little more information on this great product.

The Ultimate Humidity Controlled Storage System – combining the air-tight CVault with the 62% Humidipak creates the perfect holding environment for your herbal medication. The CVault maintains your medication at its ideal relative humidity, not losing or gaining any moisture. Instead, it will be maintained at its ideal 62% moisture level throughout its intended lifespan.



## **Design & Function**

- 1. Constructed of lightweight, durable stainless steel
- 2 Triple Latch design "locks in freshness"
- 3. Controls air, light and humidity preserving your product



We have been using several medium CVault containers for the past 2 months and the medication that went in is still as beautiful now as it was when it went into the CVault containers. Sometimes when i use glass mason jars my medication can get to dry but with the combined humidipak system my curing has also improved with my medication feeling more spongy than crisp. A great must have product that keeps your medication in top quality condition for as long as required. What a find 10/10.

#### For more information please contact

**Gary @ gws62@freshstor.com** or visit the online store for Cvault **@ www.freshstor.com**. **■** 

## Science under the Lid

- 1. Thick silicone ring ensures an airtight seal
- 2. Pak holder, specially designed to hold your humidipak
- 3. No Hassle, maintenance free system



- the Humidipak eliminates the humidity spikes and even the slightest fluctuations in humidity, preventing your herbs from losing any oils, character or flavor.
- 2. Each CVault includes one 62% humidipak
- 3. The components of the Humidipak are natural **elements:** salt and pure water. There are no chemicals used within and all ingredients are food grade approved. The Humidipak only allows pure water vapor in and out.



## **Interior Dimensions**

1. Small CVault

2. Medium CVault

3. Large CVault

available Jan 2012

4.. XL CVault available March 2012 diameter 3 1/4" x depth 1.75"

diameter 4" x depth 2.25"

diameter 4.75" x depth 2.5"

diameter 6.5" x depth 3.5"



# The Maui Wowie "Bootube"

By Skunk-mad.

love medicating using a water bong so when I got the chance to test the "Bootube" through my good friends at Wickiepipe I was over the moon. This bong appeals to me in many ways not only is the "Bootube" made from 100% natural products but because it is made from bamboo it is nearly indestructible so now you can take your bong on your travels without fear of breaking something. The hit from the Bootube is excellent, very smooth and leaving a very distinctive nice after taste from the all natural bamboo. This is a true one off piece of art, very well crafted and creates a very pleasurable smoke.

## Here is some more information on these amazing beautiful looking water bong's.

The Bootube water pipe is a custom work of art hand made in Hawaii by dedicated artisans. The Maui Wowie Bootube is made from 100% certified black-bamboo, sealed with hand harvested 100% natural Maui Beeswax and 100% living-glass stem and bowl. Moreover, 100% hempseed oil is used on the outside for a custom finish. The Bootube will last many years since it's nearly unbreakable due to the bamboos exceptional thickness: except the living-glass! Cleaning and maintaining your Bootube is as easy as it will get without cleaners or brushes! Just fill the Bootube with cold-water, cover the mouthpiece and stem and simply shake, shake and shake! The cold-water scrapes resin and build-up off of the beeswax leaving your Bootube looking like new.

Each and every Bootube is hand-crafted from certified organic black bamboo grown right here on Maui by our own Maui Wowie Ohana. The original Maui Wowie Bootube water pipe is 100% organic, natural and sustainable.





# TY Product Reviews



This Black Bamboo is typically used for its ornamental beauty. Our Maui Grown Black Bamboo resource is the first harvest ever! We've waited over 7 years to bring you a unique work of art for the finest smoking experience we can bring you.

Because Bamboo naturally has variations in length, diameter, and distance between each node, every Bootube is unique so you will never get the same Bootube twice. The natural beauty of your Bootube is obvious; it is a unique work art and can be customized on request.

## Bootubes are available in the following approximate sizes

Menehune – "Small Power" in Hawaiian.

Don't underestimate the Menehune; even the Hawaiians couldn't beat them.

(Small: ~12" up to 18" tall, single node only)

**Mana** – what magic is made of

Like the Menehune, but with special and unique characteristics.

(Small: ~12" up to 18" tall, single node only)

**Da Kine** – "The Kind" in Hawaiian Pidgin. It is 'the thing/Kind' to have. It can refer to any 'thing', or it can be an expression of HIGH favoritism.

(Medium: ~ up to 20" tall, double node)

**Big Kahuna** – "Chief" or "Expert"

They were the experts of old Hawaii, experts in religion, health, crafts, science, psychology and magic.

(Large: ~ up to 27" tall, double node)

**Pono** – "Righteous" or "True condition or nature" The word has strong cultural & spiritual connotations of "a state of harmony or balance", and is the aim of the Ho'oponopono practice.

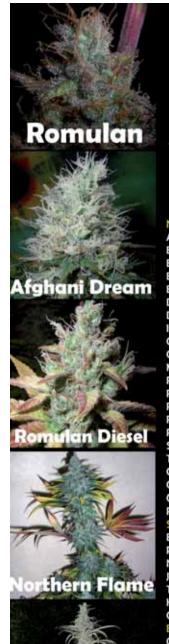
(Shoots brah! ~ up to 36" tall, triple node)

**Haleakala** - "House of the Sun" in Hawaiian. In Maui, it's as HIGH as you can get!

(Custom sizes ~ up to 60" tall, multiple nodes) -

We craft each Bootube with Aloha just like we live our lives in Aloha. Quality control is our primary concern and occurs at each stage of your Bootubes creation. However, by virtue of the nature of Bamboo, not every piece withstands it's expected life, so your Bootube comes with a conditional replacement warranty. Does your Glass unit have any replacement warranty? Me no think so, Brah! Just one more reason to make The Maui Wowie Bootube da kine choice.

For more information and price's on this great product visit www.themauiwowie.com

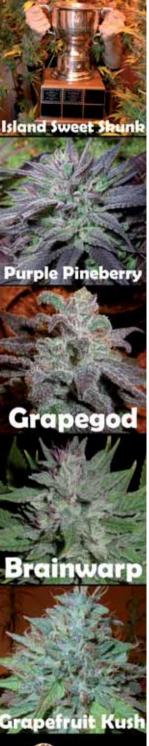




We specialize in Canada's finest genetics and select seeds from around the world. The authenticity of our seed stock is guaranteed.

Next Generation See		Elite Seeds - feminize	d
Avalon	\$90	Mota Khan Afghana	\$100
BC Big Bang	\$90	Bestial Skunk	\$100
Bonkers	\$90	Elite 47	\$100
Blue Dynamite	\$90	La Rica	\$120
Blueberry Punch	\$90	Llimonet Haze	\$120
Diablo	\$90	Caprichosa Thai	\$120
Dynamite	\$90	Blue Elite Sativa	5110
Island Sweet Skunk	\$90	Elite Blue Indica	\$120
Grapefruit Haze	\$90	Banana Joint	\$100
Grapeskunk	\$90	Black Hole	\$100
Medicine	\$90	La Katana	\$100
Romulan	\$90	Greenhouse Seeds-feminized	
Romulan Max	\$90	Arjan's Haze 1	\$180
Romulan Haze	\$90	El Nino	\$110
Romulan Hashplant	\$90	<b>Great White Shark</b>	\$110
Romulan Timewarp	\$90	Hawiaan Snow	\$180
Stinky	\$90	Super Silver Haze	\$180
Timewarp	\$90	Dutch Passion - feminized	
Grapefruit Diesel	\$130	Blueberry	\$180
Grapegod	\$130	Master Kush	\$110
Grapefruit Kush	\$130	Skunk 1	\$80
Romulan Diesel	\$130	Strawberry Cough	\$120
Secret Valley Seeds		White Widow	\$180
Brainwarp	\$60	Paridise Seeds	
Purple Pineberry	\$60	Dutch Dragon	\$90
Northern Flame	\$60	Nebula	\$95
Jamacian Grape	\$60	Sweet Purple	\$85
Top Dollar	\$60	Sheherazade	\$90
Hardcore	\$60	<b>Grendevil Genetics</b>	
Outdoor mix	\$40	Orange Haze	\$100
Big Buddha Seeds		Margot	\$100
Cheese	\$100	Cana de Espana	
Serious Seeds		Godzilla	\$90
Ak 47	\$130	Edelwiess	\$80
Bubblegum	\$125	Reggae Seeds	
Chronic	\$125	Juanita La lagrimosa	\$130
White Russian	\$115	Dance Hall	\$130





## www.greenlifeseeds.com





Surious Seeds















Payable by Cash, BLANK money order, or Credit Card. We deliver discretly worldwide, please allow 2-3 weeks for delivery. We accept no responsibility for improper use of our products. Our seeds are intended for medicinal and research purposes only. Check your laws before ordering. READ CAREFULLY: Money orders MUST BE LEFT BLANK, YOU MUST BE 21 YEARS OF AGE MINIMUM, \$10 shipping & handling per order.

Strain #1:	Strain #2	Name:	City:
Strain #3:	Strain #4	: Address:	State/Province:
Total \$ enclosed:			Country:
		E-mail:	Area Code:
Send orders	to: Greenlife	Suite 117 - 95 Wilton Ro	ad, Victoria - London, SW1V 1BZ, U.K.





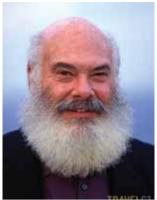
Watch and upload the best cannabis growing Videos in FULL HD exclusively on

- WATCH THE MOST EXCLUSIVE CANNABIS DOCUMENTARIES
- CREATE YOUR OWN CUSTOM PROFILE PAGE
- UPLOAD YOUR OWN GROW VIDEOS AND PICTURES
- SHARE YOUR GROW VIDEOS WITH THE WORLD
- LEARN FROM CANNABIS GROW TUTORIALS IN FULL HD
- MEET GROWERS AND SHARE KNOWLEDGE
- PRIVATE CHAT AND FORUMS
- AND MUCH MORE....

# WWW.GROWHD.TV









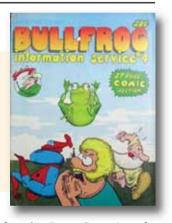


# **Undercover Monks**

By Lexx

"The Bay Area has become just a little too heavy. Haight-Ashbury is a bad place, motorcycle jockeys, addicts, prostitutes have taken it over. Sausalito was nice, but it was discovered too quickly. The same is true of Mill Valley. And if you haven't noticed there is nothing really north of Mill Valley until you get to Eugene"

-Bullfrog Magazine c 1972



ugene Oregon in the early to mid 70's had always had a small town footprint with a world class Intelligence.

While most famous for being home to the University of Oregon ironically, it is also where the Classic comedy movie "Animal House" was filmed. Many of the Alumni also stayed on to build their utopian dreams. There is a very vibrant counter culture community that has flourished as well. In the northern migration a few Hippies found a community that was welcoming to creative people; with its connections and close ties to the University.

At its Zenith Eugene boasted the most Co-ops and worker owned businesses in the world.

Suddenly this vibrant and growing Counter Culture community faced the bulldozer and division by traffic.

Undercover Monks, without calling any attention to their deeds, went to work to save what is now the Whitaker neighborhood. The fame of his writing helped in recruiting Eugene native **Ken Kesey** to the cause. **Dr. Andrew Weil**, FM radio personality **George Stathakis**, Poet **Jerry** 

**Beisler**, the Grateful Dead founder Jerry Garcia's wife, **Mountain Girl**, **Dr. Norman Lee** and **Max Gail**, as well as other benefactors came to see the need to protect the past.

Another native Oregonian heroine **Tory Wells**, [who had returned from the Hash Trails of Asia] was joined by friends and co-travelers who saw this cool community in peril of a planned Freeway cloverleaf. In the middle of the community was the iconic landmark the Red Barn. Originally it was known as the Hayes Blacksmith shop and was surrounded with small businesses also housed in unique quaint, structures. Stathak is believed, that by placing the Red Barn on the Registrar of Historical sites, it could not be torn down, thus saving the Community.

This area of Eugene was not only unique for the Red barn, across the street stood a functioning windmill, in front of The Dutch Mill restaurant.

Further down the street is the St. John's Society whose onion shaped domes are another of the odd buildings, as is the aptly named Tiny Tavern. Most of the buildings in the Whitaker neighborhood were custom built at the turn of the century. Many more were Craftsman homes sold in







From far left to right: Ken Kesey, Dr. Andrew Weil, George Stathakis, Jerry Beisler, Mountain Girl, Max Gail, Tory Wells

Below: **Red Barn** 

#### Carolyn "Mountain Girl" Kesey/Garcia.

Mountain Girl is pictured with her daughter by Ken Kesey, Sunshine. She was and remains a great moral figure in the Counter culture scene.

**Poet, Jerry Beisler**, had previously done many daring deeds in the wilds of Asia such as Horse backriding in Afghanistan, by sail in the South China Sea, and trekking in Nepal, before he came to Oregon. Beisler had also produced and promoted big time musical events, which of course required organizational skills. He quickly arranged the fund raising concert, while Stathakisput in motion the Historical Preservation Permit protection for the Red Barn.

**Tory Wells** knew Jerry Beisler from their days on the Hashish trail. Tory Wells created the poster for the initial fund raising concert and stayed on top of the Historical permit process.

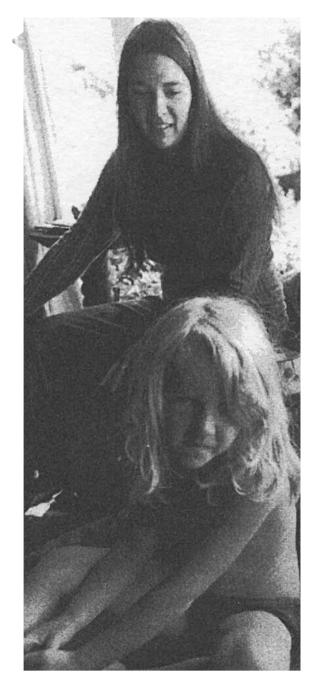
**Dr. Norman Lee** was our Dentist, his office was in a converted bus parked on 4th street, he wore Hawaiian shirts, was mostly barefoot and was one of the best dentists anyone could have had.

This was a true painless dentist who cared for us all and rarely charged more than a couple of dollars.

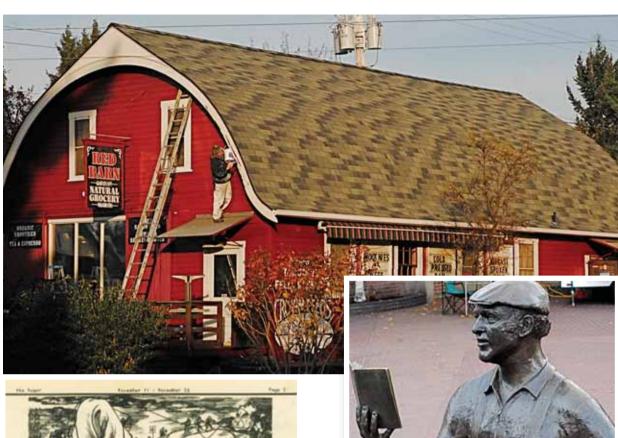
**STATHAKIS** had a FM interview show, whose guests were politicians, artists and Musicians, community activists and senior citizens who held historical significance. He praised some and roasted others. He would also help start Eugene's first recycling operation.

**Dr. Andrew Weil** had a greenhouse in Eugene and was teaching at the University at that time. He was a very generous donor giving a great deal of money to this project, enlisting many of his better off friends to donate what they could.

Max Gail another activist primarily in Native American assistance also helped in saving the Whitaker. Gail by fate and circumstance played the character of Chief Broom in the Off Broadway production of "One flew over the Cuckoo's Nest" in San Francisco. Gail was visiting Ken Kesey when he joined the effort to save the Whitaker.





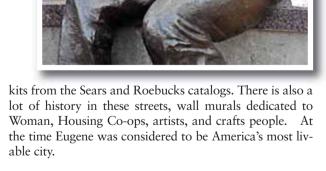




Above: Red Barn,
From the Days of Nixon

Right: Photo of late great Ken Kesey's statue,

honoring him in Eugene



The WOW Hall had already become a part of the legacy of Hippies, and hosted a "Pass the Hat" benefit, as did the Lane Hotel. The Community saw the needs of the many as being more critical before the needs of the self. There were always places to stay, good Vegetarian food to share and the best Herb to be found. There were many who had come from more comfortable backgrounds living in Eugene, who saw that putting their money into the community was more beneficial to their Karma than to spend their money on fancy houses, or expensive cars.



St. Johns Society Tiny Tavern

This organized chaos created the glue that still keeps Eugene together.

## IS SAVING YOUR COMMUNITY FROM THE WRECKING BALL, URBAN DECAY, CRIME, GREED, AND DEVELOPERS A BETTER USE OF YOUR TIME?

Everyone involved gave what they could, not expecting anything in return, to buy the Red Barn. It is taught in the eastern cultures that Merit, what is given freely with no expectation of reward or return, done without calling attention to ones self, or for nothing more than it being the right thing to do, is the wisest use of ones life. For Merit benefits family, ones ancestors, the community where one lives and the creator by honoring life with

giving. This story, as well as the past actions of these Undercover Monks has almost been forgotten. The plaque honoring the deed is faded. Still Eugene would not be the Community it is, if it were not for these Undercover Monks and their Intentions of saving this most remarkable community.

Currently the Whitaker is home to many businesses that came about during this period. Keystone Café still remains, Morning Star is now where Zuzu's Coffee shop moved to, that was replaced by the Kestral cafe, than Hilda's Chilean food and now is a co-operative business Morning Star Cafe. Growers Market is directly behind them, housing many of Eugene's activist organizations, such as Earth First, NOW, Indigenous peoples support groups, and a thriving local Food Co-op.





## Here is ad with a quote from Jerry Garcia 1971

Please don't dominate the rap, Jack
If you got nothing new to say
If you please, go back up the track
This train's got to run today
I spent a little time on the mountain
I spent a little time on a hill

Some say you better run away Others say better stand still

I don't know but I've been told It's hard to run with the weight of gold Others here heard it said it's just as hard with the weight lead

Some day this darkness has got to end.

Grateful Dead 🗔

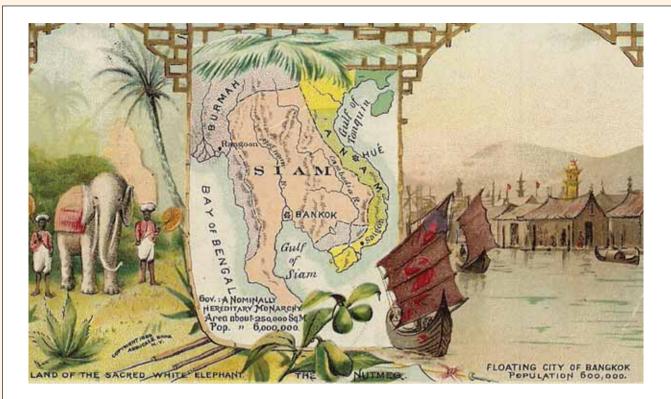


THE GREEN REEFER.COM









## **Memories of Old Thailand**

#### Words and photos by Mr Tom

**June 1977**: It was about 11:00pm local time in Bankok. The Pan Am jet landed at Don Muang, the only international airport in Thailand. It was my first time in a strange exotic Asian country. The Gods had blessed me. A chance encounter with an acquaintance had brought me an offer I could not refuse. I was a most fortunate 26 year-old young mand being paid to travel to Bangkok to buy gold jewelry for a wealthy investor. Gold was then selling for about \$280/oz. The gold jewelry sold in Thailand was nearly pure 24 Karat. I was carrying \$50,000.00 in travelers checks and reservations had been made for me at the Oriental Hotel on the Chao Praya River in the heart of Bangkok. I got my suitcase and went through Thai Immigration and Customs. Outside, the taxi driver from the Oriental Hotel held the board with my name on it. As we drove through the streets of Bankok I soon noticed that there were virtually no people on the streets. The driver told me that the curfew was 11:00pm until 6:00am. I found out that I had arrived in Thailand during a time of martial law due to the on -going Thai political strife that had resulted in yet another coup attempt. The strange empty streets seemed like an Oriental Twilight Zone.

I arrived at the hotel after midnight and was greeted by the smiling reception staff who welcomed me to the Oriental Hotel and treated me like royalty. I was staying at the finest hotel in Bangkok and much closer to the Ganja trail than I realized. My room in the old « Writer's Wing » of the Oriental had a small outside deck overlooking the pool and the river. When I stepped out on the deck in the dawn morning to enjoy the view and have a puff of the small personal stash of Hawaiian buds I had brought with me, I was blown away to find two beautiful nearly 5 foot high Thai Sativa plants growing right there in my planter box. I knew this was a blessing from the Ganja Goddess of Thailand to be given this room. A couple nights later, I hopped into a back seat of the next waiting Oriental Hotel taxi. I told the young Thai driver where I was going and we exchanged names. He told me « My name is Mr. Dang, but you can call me Danny ». He handed me a business card with « Danny P.K. » written on it. The next thing he said was, « Mr. Tom, would you like to smoke Ganja before you have your dinner? » . I acted like I didn't know what Ganja was but was willing to try it! Twenty minutes later, I was in a Thai shanty slum, smoking Thai Ganja in a bong with a room full



View of Chao Praya River from the Oriental Hotel View of the Oriental Hotel swimming pool "The Chalice", Danny P.K.'s Turkish water-pipe



of Thais, the Ganja Goddess of Thailand was smiling on me again!

The gold jewelry business

many times. Years later I developed a Hemp clothing business using the hand-woven Hemp material made by the Hmong Hilltribe people that I met on one of many Ganja adventures that Danny P.K. and his friend, Mr. Mud took me on throughout Thailand. In October, 1977 on my second trip to Thailand, we drove north to Chiang Mai, Chiang Rai and the Golden Triangle. After a long seven hour drive from Bankok, we arrived in sleepy Chiang Mai, still a small town of lowrise buildings. We checked into a hotel on the Ping River and walked to the Chiang Mai Night Market after we smoked some Ganja in Danny P.K.'s smal, brass, old Turkish water-pipe. Danny P.K. and Mr. Mud were Thai Moslems in a predominately Buddhist country. Thus they shared a strong brotherhood with other Thai Moslems throughout Thailand. It was not hard for them to connect with a nice bag of Thai Sativa Ganja before the evening was over.

brought me back to Thailand

We drove North from Chang Mai to the notorious Golden Triangle, the area where Burma, Thailand and Laos come together at their mutual border formed by the mighty Mekong River. This mysterious area had long been famous as a source of Opium which was the most profitable crop for many of the Hilltribe villages. Being a young man, open to experimentation and experience, I





wanted to smoke some Opium. We drove to the Thai border town of Mae Sai where Danny P.K. and Mr. Mud inquired in the local market and soon we had directions to a village out of town in the mountains that was the source of Opium. Little did I realize the potential danger of the situation. We drove some miles back towards Chiang Rai, then turned off a dirt road up into the mountains that form the border between Thailand and Burma. After a few miles we left the car and started walking. Soon we were met by two of the Hilltribe villagers on the road. Danny P.K. told them of our mission and they led us into the village.

First it was necessary to get permission to be there from the village Headman. The Headman questioned me repeatedly, asking if I was C.I.A. or C.I.D.. After assuring him that I was not a government agent, just a foreign tourist who wanted to smoke Opium, we were led to a small shack in the village where an Opium addict lived. For a small amount of money a chunk of black Opium was produced. The bamboo pipe was lit and I began my Opium smoking experience which turned into a nightmare dream that lasted over 3 days. After a dozen or so hits, I started to spin and felt an urgent need for fresh air. I hit the ground and had to be carried back down the mountain to the cr. The next couple days were spent dreaming and vomiting- not a pleasant experience. Although I could say that I

had done it, it was certainly not an experience I wanted to repeat. However, after smoking Opium I realized that Cannabis was truly my healing medicine. Smoking Ganja made me feel good, feel happy, feel closer to God and have a greater appreciation for the enjoyments of life, especially food and sex!









# Canna Maineia

Expo and Maine Cannabis Awards
Informing and Educating, One Breath At A Time

Saturday and Sunday, April 14-15. Augusta Civic Center

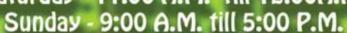


76 Community Drive Augusta, ME 04330





Hours of operation: Saturday - 11:00 A.M. till 12:00A.M.





Musical Entertainment



**Guest Speakers** 



- Grow Seminars taught by Bret Bogue of Apothecary Genetics and GGECO University, 2007 Winner High Times Cannabis Cup



Hourly Door Prizes

The Canna Samelistes

Informative Workshop







- Grow Gear Raffles







- Indoor secure Patient Smoking Lounges



ADVANCE TICKETS \$15.00 AVAILABLE @ HTTP://WWW.MAINEEXPO.COM



## **ADVANCE TICKET & VIP JUDGE REGISTRATION FORM**

PLEASE P	RINT CLEARLY
Name:	
Address:	
	State / Prov
	Country:
Phone # :	
Email :	
2 ./	
Medical Survey	Do you use marijuana for medicinal reasons? YES NO Were you prescribed Medical Marijuana by your physician? YES NO Has your doctor suggested/prescribed synthetic THC pharmaceuticals such as Marinol or Sativex? YES NO
Ticket info	
	Please check off which tickets you would like to order and how many  \$15 General Admission: Friday Saturday Sunday \$20 General Admission for 2: Friday Saturday Sunday \$25 General Admission: 3 Day Pass \$25 General Admission: 3 Day Pass \$350 VIP Judges Pass* includes Goody bag with samples, T Shirt, plus VIP After hour party on Friday June 3, 2011
	* Separate Application Form is needed for each VIP JUDGE. * Space is limited. ORDER NOW!!!

#### **Mailing info for Advance Tickets**



PLEASE SEND COMPLETED REGISTRATION FORM ALONG WITH PAYMENT TO THE FOLLOWING ADDRESS:



TREATING YOURSELF 2985 Lakeshore Blvd .W Etobicoke. Ontario M8V 1J8 CANADA



**For more info:** T: 647-346-2700 or F: 647 349 9300



\*PLEASE NOTE THAT WE ONLY ACCEPT CERTIFIED CHQ OR INTERNATIONAL MONEY ORDERS FROM APPLICANTS RESIDING OUTSIDE OF CANADA





Toronto, Canada 🍄 May 25-27, 2012



**North Building Hall A** 



- Chris Carlson Marcell
- Brandon Martin



- **₩ World's largest Vapour Lounge**
- lacksquare Seed Vendors
- **Activism Alley + much more**
- Admission prices **Day pass - \$20 3-day pass** - \$50 VIP pass (limited number) - \$420
- **≰** Show hours Friday 10am-8pm Saturday 10am-8pm Sunday 10am-6pm

For information on becoming a Sponsor or Vendor please go to

www.treatingyourselfexpo.com



































## **Everywhere**

#### by Al Graham

P.A.C.E.

www.peopleadvocatingcannabiseducation.org

hen it comes to the seasons throughout the year, fall has to be one of the best times to be out and about. The weather can be great but it can also be unpredictable. One thing though that is predictable about the fall is that the season's harvest will come in for millions of medical cannabis users around the world. While this is going on millions of others are working hard to change society's view of cannabis. During this harvest season P.A.C.E was been involved in helping with this required change. Some of the events felt like they were back to back which kept things hopping. This would include being involved with resolving some issues with NORML.ca to checking out the newest Vapour Lounge in Toronto. We also had a little social time with some of the people involved with P.A.C.E. while also spending time with thousands of people, many of them women, at one of the largest shows in Toronto.

## **NORML Resolving Prohibition Tour Peterborough**

As October was coming to an end P.A.C.E participate Glen and I headed to Peterborough for a visit with Kelly Coulter, Boris St. Maurice and Kevin Benson of NORML Canada. The group is traveling once again around the country getting input from people with this appropriately named discussion panel set up called the Resolving Prohibition Tour.

The host of the event Jennifer Collett of Collett Human Services in Peterborough worked hard to get this group together. She was able to provide a room at her office as well as putting together many different items for participates to snack on during the discussion.

Some of the speakers besides Jennifer included the area's Green Party candidate Gary Beamish, Gerald Parker an Executive Director at Institute of Canadian Justice and Patient Advocate Paul Faulkner. Also present was the Peterborough Community Health Unit nurse Suzanne Galloway who remained in the attendance but got involved in the discussion.

As with the other stops with this tour, Boris touches on the economics of legalization, the social justice issues, the health and safety of it as well as policy implantation of legal cannabis. While the gathering was small there were still many opinions and options that were discussed which we hope someday will resolve the prohibition of cannabis.

When it was all over I asked Glen what he thought and his reply was, "when's the next one?"

Whether you're new to cannabis or an old timer at it, joining in on one of these discussions is a learning experience and besides maybe you hold the key to Resolving Marijuana Prohibition.

Whether you're new to cannabis or an old timer at it, joining in on one of these discussions is a learning experience and besides maybe you hold the key to Resolving Marijuana Prohibition.

## Vape on the Lake

The Vape on the Lake is Toronto's newest vapour lounge. It opened its doors on the first of November to about 100 people throughout the day. Mike and Denise of the Canadian Cannabis Learning Center were present as well as some original TY members such as Pothead Pete and Green Girl.

Vape on the Lake is located along the lake shore near Islington Rd in the south west end of the city. There is plenty of street and public parking in the area. If you don't drive you also have the option of a street car or getting a ride to the closest subway stop.

The venue is completely wheel chair accessible as the main entrance is right off of the street with no stairs to climb up or down. The place is even equipped with large washrooms and entrance doors to make access even easier.

There were three of us from P.A.C.E. Will, Fourtwenty Deb and I who attended to this opening and I can tell you we had such a great time that we are planning on visiting this place often.

#### P.A.C.E. Social

Our fall version of the P.A.C.E. Social arrived amongst the warmth of a late fall warm spell. The weather outside wasn't frightful but instead it was glorious. While people were busy putting things away for the winter and preparing for the download of an upcoming snowfall many participates of P.A.C.E. arrived at Fourtwenty Deb's for this annual fall event.

Deb is a pumpkin lover and when people arrived they found many cannabis themed pumpkins greeting them at the door. This would include but not limited to a Vape on the Lake pumpkin, a Michelle Rainey one as well as one done up with the P.A.C.E. logo. Obviously if you weren't sure you had the right place the pumpkins sure told you that you were.

The set up was the same as our other tournaments which included a pot luck lunch, raffle draw and lots of great company. Some of the same people, such as Dan and Adam, were hoping to reclaim their crown as the top grower. Unfortunately for them Glen had other plans as he was on fire. This was only his second time playing the game and while officially not a









420Deb and LadyDi stop by regularly
Boris St. Maurice, Kelly Coulter and Kevin Benson of NORML.ca
Opposite
Jennifer Collett and Gary Beamish RMP discussion panal

rookie he still is, which once again proves you can win these tournaments with zero experience. Glen got his pick from the prize table which allowed him to head home with a Quick Cure drying rack supplied to us from BMA Hydroponics. P.A.C.E. would like to once again thank all the business that help us out with this tournament. Their support of prizes helps us to continue the education that needs to be spread around.

#### **National Women Show**

Prize table at PACE Social

What can I say but WOW. For the past two years Treating Yourself has had a booth at this show and it's amazing how many people attend as well as the number of people who want to learn more about cannabis. When you're busy time travels very quickly and during this weekend it flew. When it came to doing an explanation to a person on how vapourizers work or how you can cook with cannabis you weren't talking to one person but several at once as people stood around and listened to what we had to say.

Many of the people who stopped into the booth went home with a Treating Yourself Magazine as well some information on P.A.C.E. and MedCannAccess but I can't recall anyone who left us empty handed. This to me is encouraging as it shows more and more people are interesting in hearing about cannabis as a medication and not as a street drug as it is usually described as.

Do these shows make a difference? We like to think so and by the look of the number of people who stopped by our booth or are happy to see us educating the uneducated and educated there is no doubt in my mind that we are making a difference.

#### **Cannabis Educational Series**

Our Cannabis Educational series continues to grow. While we get repeat movie goers new people seem to arrive each month. While most of these people are over 40 years of age there is the odd time where a younger person does come to watch and participate. Not only are we growing through participation but we are also growing in what we can bring to our big screen. Over the last few months we have been doing some testing with Skype. While one of our locations has internet the other one does not. Because of this we are bringing people in on a 3g system. While doing it this way is using up my phone's data plan it is necessary when you want to bring others in to help educated the uneducated and educated.

Our first test was done with Casper Leitch of Time4Hemp. Casper spent forty five minutes talking to us on everything from how he got started in this movement to what is happening presently in California.

At our next show our theme was on the patients. With it we adjusted out opening from cannabis music videos to a pictorial slide show showing patients working to change the laws and the perception that cannabis users are criminals. After our patients themed movie showing we then placed Skype video calls to Erin Maloughney a patient advocate based in Toronto and one to Cheryl Stultz-Giffin the chairperson of Maritimers United for Medical Marijuana also known as MUMM.

The two calls worked pretty well but there were a few bumps. These two ladies were able to talk to us about what they themselves went through in order to become



legal as well as some of their personal battles in and around their communities.

Presently for our History theme we have lined up Casper once again to talk to us about hemp at one location while we have arranged for Brad from Hippi Butter.com. to appear at the other cafe. Both of them will answer questions and talk about the history of hemp in the USA. We plan on doing this feature for each of our movies with the caller being able to talk to us about the theme that we are presenting that month, whether its history, prohibition, science or like we did this time the patients.

Are these movies making a difference to the businesses and the communities that we do them in? If you ask the owners of these businesses they would tell you that there is no doubt in their minds that these showings are making a real big difference. The two places report that barely a day goes by where a person doesn't come to them asking for information or ask how to get a hold of us.









THE END:C WWW.georgiatoons.com







by Al Graham

www.peopleadvocatingcannabiseducation.org



n the first of November Treating Yourself editor and publisher Marco Renda and his friend Kelly Kriston of KDK Distributing opened the Vape on the Lake, Toronto's seventh vapour lounge.

While some lounges make you climb stairs or make you search for a parking space The Vape on the Lake doesn't. This place is on the main floor of the building and is easily accessed from the street with plenty of parking available in the area.

Once inside you will be asked by the attendant at the front desk to pay the required entrance fee of five dollars and if necessary prove that you are not a minor.

On the wall behind the front desk is a big sign with all the rules. They include no minors, no tobacco smoking, no dealing and no alcohol is allowed on the premises.

As you look around you will see the artwork that "Mark" has been doing throughout the place. On opening day he was just getting started but since then he has transformed the white walls into quite the artwork. His art includes patients watering their medication, a scene of patients reading Treating Yourself with a water fountain nearby, playful looking cartoon underwater life as well as a scuba diver is featured within his work. As of this writing there were still two more walls to be completed and I know many are waiting to see what he can create on them.

Art isn't the only thing on the walls around this place as it is sharing the space with three large high definition televisions. These TV's are hooked up to the cable offered in the



Kelly and Marco posing with Pumpkins by 420Deb at the lounge
The front entrance

logo and artwork by IvanArt.net



area which will allow customers a chance to catch a hockey or baseball game from the local professional teams. If you're not into sports then you have a whole selection of channels to pick from. If you're not interested in TV but prefer music then the lounge has that solved with their Sirrus Satellite Radio playing some of the best music available today. It makes me wonder how often they'll be listening to "The Joint" channel but something tells me it'll be often.

If you have a smart phone or a laptop you can access the free Wifi at the lounge. If you don't have one of these electronic toys you can always gain access to the internet with one of the free computer stations. The lounge is also looking at having a comedy night, which would start after 10pm but as of this writing these details were still be worked out but it's good to see that the wheels are in motion.

Interested in purchasing a new vapourizer but you're unsure if you want to spend the money to find out if you like the product or not. The answer to this problem is dealt with when you visit the lounge as they provide you with many different units to test out. These would include the Storz-Bickel Digital Volcano, RooR Glass on Glass Vaporizer, Herbal Aire, and the Vapir NO2's . The Cannamart provides customers with access to all of these rental units and can be located in the brightly lit back corner of the lounge.

The Cannamart also has many other items from ice cold drinks and snacks to some very fine glass products. If you need some new parts to replace some old worn-out ones then this place has what you need. Whether it's for a piece



The back wall at the lounge Bongman points out himself to those nearby









of glass or some vapourizer replacement items to speciality papers and bags they have them.

When it comes to seating at this place it appears that Marco kept to thinking of those that have trouble moving around. This is very evident in the furniture he has chosen to outfit the place in as many of the chairs come equipped with wheels, thus allowing people to be portable while sitting. That's not all as these chairs also come with tables that fold out of the way after helping patients prepare their medication. Marco has more than just chairs as he has placed several stationary couches in front of the televisions which I'm sure will give patients the feeling of being at home.

Also tucked away in two corners are some of the largest air filters I've seen. These will look after the vapours in the lounge and any concern that people may have about inhaling the second hand fumes. Many of the visitors to the lounge will be cannabis patients but if they are visiting it with a non medicating friend or family member I'm sure they'll be happy to know that there is an air filtering system in place.

The Vape on the Lake isn't the only business that is locat-

ed at this location. Below the lounge is One of a Kind Glass store as well as Marco's new Treating Yourself office. The glass business deals with some of the finest hand blown glass that you will find anywhere in the market. Some of it was on display at the Treating yourself Expo this past summer where it created quite the buzz. Before opening the glass shop though the location had to be rebuilt with a new wall, some paint and the hardwood floor had to be completely renovated.

Vape on the Lake, One of a Kind and the TY headquarters are not the only business within these walls. Medical Marijuana Seed Wholesalers, Canada's leading medical marijuana seed supplier also makes it home here. MMSW leads the market with some of the top names in the business including the Green House Seed Co., Serious Seeds, Buddah Seeds to Kannabis, Nirvanna and even Soma. These are just a few of the many famous companies that they distribute for. Check out their ad within the pages of TY.

On this opening day many people came to check the place out. While some of them like Jim, Jamie, Sarah and others such as Mike and Denise (Canadian Cannabis Learning Center) came from within the city many of us





Clockwise from far left:
Cannamart items on display
Cannamart Rentals
Erin attended the lounges opening
Medpateints stopped in to check the place out
Glass on display at One of a Kind Glass

drove into the city to attend this event. Pete and his wife Sabby joined up with Errin and his partner in order to make the three hour drive to be here. While Green Girl and others such as Will made their way in from their remote locations just to attend and find out where their new home away from home would be.

Everyone who attended the opening received a TY Glass stash jar while we all shared in on the different finger foods that Marco had purchased for people to snack on. The day was spent socializing and talking about how TY started out as just a website and to what it has become.

The people that attended the Open House were very happy with what they had seen on this day. Many of them where glad to know that they will now have a lounge in the west end of Toronto to medicate at while having an enjoyable time out with friends and family.

If you are ever in the Islington and Lake Shore Road West area of the city, why don't you stop in and check the place out. Something tells me that you won't be disappointed in what you see.



THE NEW ALTERNATIVE LIFESTYLE MAGAZINE







## **Christmas Party**

#### by Al Graham

www.peopleadvocatingcannabiseducation.org

n December MedCannAccess held their annual Christmas Party at Toronto's newest vapour lounge Vape on the Lake. Being a member of MedCannAccess my wife Gayle and I had the opportunity to attend to this event. When we arrived we found the place filled with people from one side to the other. Many of the chairs were taken but we were able to find a couch near a sitting area that had a large TV located nearby.

Once we got settled in we made our rounds around the place to say hi to everyone and to also see who all was in attendance. Many of the people that I see at the events that P.A.C.E. participates in were present. There was Jim who always caters these gatherings with his famous chocolate buffet that includes many kinds of fruits and treats that he covers in his special recipe. I also spotted Mike and Justin as well as Sheena and her sister Jasmine, who are some of the people that P.A.C.E spends time with at the Treating Yourself booths in the Toronto area.

While the TV's provided people with something to watch, many just mingled and enjoyed the music playing on the venues stereo and the company of others. Many of us spent some time looking at and discussing the artwork on the walls.

Throughout the early part of the evening Mike and his partner Angelica were busy selling raffle tickets to those in attendance. Unfortunately for me the prizes were all wrapped up nice and neat so I couldn't tell you what was all available but I do know one person went home with a portable vapourizer and another left with a very nice piece of glass to medicate with.

During the raffle Blaine thanked everyone that was present in helping to making the night a success. He also thanked Marco and his staff at Vape on the Lake for allowing MedCannAccess such a great place to hold their annual celebration. He reminded everyone that the night would not be possible without the crew that put the





Mike and Angelica drawing the winning tickets
Blaine thanking everyone for attending
Jim's back for another year with his great chocolate feast

evening's festivities together and then posed with them for a group shot following the draws.

The night finished up with more socializing and the gathering of people in areas inside the lounge until the closing hour came upon us. The only thing that was missing on the night was the snow outside and good ole Saint Nick himself.

WORLDWIDE SHIPPING ORDER

## WWW.THCFARMER.COM

WE SET THE STANDARDS, OTHERS FOLLOW

#### YOUR CHANCE TO BUY RARE MARIJUANA SEEDS









Colombian Gold, Panama Red, Highland Nepalese, Vietnamese Black, Chocolate Thai, the exotic wacky weeds of yesteryear

Finally the myths and legends of the weed world have arrived in seed form for everyone to grow, smoke and enjoy!

Even better they are available worldwide & free seeds with every order!

So head to the place with the widest range of dank genetics, talk to the breeders who made them and grab a piece of a legend for yourself!

## **OUNCES ARE FOR AMATEURS.**

## LEARN HOW TO YIELD A POUND PER PLANT INDOORS.

"By far one of the BEST grow books I have had the pleasure of reading.

The West Coast Masters truly have uncovered the ultimate techniques for growing medicinal cannabis."

Marco Renda - Treating Yourself

US\$34.99 + P&H LIMITED EDITION HARDCOVER

ORDER YOUR COPY TODAY AT WESTCOASTMASTERS.COM







## Treating Yourself Educating at

by Al Graham

www.peopleadvocatingcannabiseducation.org

hat happens when you gather many different businesses together that just cater to the women in our lives? Well I can tell you, you get one massive women's show.

The Toronto National Women Show held each year in November attracts over 450 vendors to the south building of the large Metro Toronto Convention Center. This show provides everything that a woman would want or may want. What they don't expect is to find the Treating Yourself booth.

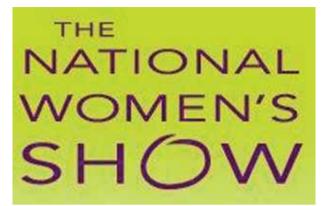
At this show the women in our lives could find organic make up to some of the fanciest clothing around. Whether you require a Botox injection, silicone breast implants, clothing or just want some jewellery there was no doubt that the women in your life could find it at this show.

For the members of P.A.C.E such as Sharon and me or the members of MedCannAccess like Theresa, Sheena, Jasmine, Blaine and Mike attending this show helps us to know that there are people, such as mothers and health care professionals that do understand the benefits of cannabis.

Over the weekend several of these mothers came to our booth with their young son or daughter. While there these mothers would explain to their child that cannabis was a medication and that it helps people. The children would have questions that mom would answer and if she didn't know they would turn to someone in the booth.

The youngsters weren't alone as many teenage daughters also came out of their cannabis closet with mom which in turn had mom also coming out of hers. Because of what we were doing at the Treating Yourself Booth many people were no longer hiding their activities from their loved ones.

While people are happy to see us Sharon filled me in on one such lady who wasn't supportive. Apparently this person had just written an article on cannabis and its possible connection to mental health problems. Sharon spoke with this lady for some time but if it takes time to help









Sharon and Al talking cannabis education Theresa and Sharon take turns educating one of the booths visitors.

Sharon and Mike working the booth







Blaine, Sharon and Jasmine spending some time with the people Explaining vapourization to the many who stopped by the booth

someone see things from a different angle or view, then it is time well spent. After this long talk was Sharon able to get this lady to see things differently? She believes she did as the lady left with some educational material a smile and offered Sharon a handshake as a way of saying thank you. That in itself says she was successful to get the lady to open her mind to the fact that cannabis is a medication and not a demon on people.

The number of people that attend this show is huge. There was a two floor line up to get in and there is even a line up to leave, yes leave. We saw people that were walking along and dragging their carrying bags because they were too full. Then there were some that were happy to say "no thanks" to items that were given away by the vendors because they just couldn't carry any more.

The people at the Treating Yourself booth were also into handing out free items to those who came to the booth. People were able to get the latest issue of Treating Yourself as well as our information package that included the P.A.C.E. brochure and MedCannAccess contact information. While one area of the show allowed participates to purchase liquor tickets to sample alcohol beverages we were constantly asked. Throughout the weekend many people asked us about free bud samples and some even wanted to provide samples through the Volcano vapourizer that we had set up in our display.

While we weren't allowed to provide samples in the vapour bags or otherwise we were able to provide them with the knowledge of knowing that you do not have to smoke cannabis to medicate. The Volcano allowed us to show how vapourizing is an alternative to smoking and then we would point them to our alternative consumption tower that contained some eatables on it. Many people were surprised to see that you could do this but they were also very thankful to know that people could reuse the medication because it wasn't burnt.

The businesses around us seemed very supportive. We talked with many of them with one of those being the Herbal Magic people. While they call themselves Herbal Magic the Treating Yourself booth was the one to see and ask questions about the magical herb.

Throughout the weekend we didn't run into any big fights or arguments but there was two occasions were there could have been and this wasn't even from the show goers but security. Twice I was approached and asked about my cannabis, which I told them was medical and that I was licensed. But both times it didn't matter to those who complained. One of the complaints came from one of the booths near the loading dock. They said that the smell was bothering them but we found it odd that they didn't complain about the emissions that were floating by their booth that were caused by trucks and cars parking at the loading dock four floors underground. Then there was the guard who approached me outside near the smoking area. He asked me about things but wasn't sure how to deal with me. In the end he took the chair I was seated on, so he could put it away thus leaving me with no place to sit unless I wanted to go sit on a bench out of the way.

In the end, no matter how many people question us while we medicate, the people attending this show and the others that Treating Yourself appears at will always ask us about the truth of cannabis, even when if those in authority don't understand.

P.A.C.E. and MedCannAccess would like to thank Marco and Treating Yourself with the opportunity to educate massive crowds like what we saw at this show. Throughout the weekend we talked with an unknown number of people that are now people that are better educated on cannabis than when they arrived. These people now are sharing their experience of talking to us and who knows, maybe now they are People Advocating Cannabis Education.





## Contest Win a custom ROSI®Vaporizer

Just answer the question and complete the following entry form and send it to TY!

One lucky winner will be chosen for each prize. GOOD LUCK!!!

Deadline for contest entry is April 1, 2012

#### **Answer the following TY QUESTION:**

RooR Question: How many times has RooR had a booth at the TY Expo when you include 2012?

Deadline for contest entry is April 1, 2012	
Name:	
Address:	
City:	Province / State :
Postal / Zip Code:	Country:
Home Phone #:	Best time to call?
Email Address :	

#### Please mail completed entry form to:

#### **Treating Yourself**

Attn: RooR contest 2985 Lakeshore Blvd. W Etobicoke, Ontario M8V 1J8, Canada

#### Only 1 entry per person.

If more than 1 entry is received then you will be disqualified from the contest.

### Deadline for contest entry is April 1, 2012

Winners name will be announced in Treating Yourself issue # 37
Winner will be contacted by phone / mail / email
so please be sure to provide your contact information in full.

ALL INFORMATION WILL BE DISTROYED IMMEDIATELY AFTER A WINNER HAS BEEN PICKED AND CONTACTED





From TY 32

DZ

#### Winnipeg Manitoba

wins a complete custom TY RooR package

Please keep those entries coming. We know there are many more lucky winners.

## CYPRESS

"...our intention is to provide you avid smokers with a new refined method and product to better your smoking experience..."



www.roor.de

DIJDE SMOKE KIJI TIJGE

ROOSI\* · Am Rosengarten 3 · 67227 Frankenthal/Germany

Retail +49-6233-600700 Wholesale +49-6233-600710 Fax +49-6233-600740 · info@roor.de

# 



**Come in and check out:** 

- Volcano Herbal Aire Oracle
   NO2 RooR vaporizers
  - 100% Handicap accessible fffsfwi-fi

**Entrance fee \$5.00** 

Monday thru Thursday and Sunday 11am - 12pm / Friday and Saturday 11am - 1am



vapeonthelake.com

2985 Lakeshore Blvd. W. • Etobicoke, Ontario • Tel: 647 349 0214





